



EUROPEAN UNION OF MEDICAL SPECIALISTS  
The advocate of medical specialists



University of Antwerp  
Faculty of Medicine and  
Health Sciences

# *Artificial Intelligence (AI) in medicine and medical education*

Prof. dr. Danny G.P. Mathysen (MSc, PhD)  
[danny.mathysen@uantwerpen.be](mailto:danny.mathysen@uantwerpen.be)

**Universiteit Antwerpen (UAntwerpen) - Universitair Ziekenhuis Antwerpen (UZA)**

PGME training coordinator University of Antwerp and Antwerp University Hospital

**European Union of Medical Specialists - Council for European Specialty Medical Assessments**

UEMS-CESMA Appraisals and Liaison Officer

**FOD Volksgezondheid, Veiligheid van de Voedselketen en Leefmilieu**

**SPF Santé Publique, Sécurité de la Chaîne alimentaire et Environnement**

1) Plaatsvervangend lid van de Federale Planningscommissie - Medisch Aanbod

Membre suppléant de la Commission de Planification - Offre Médicale

2) Uitgenodigd expert Taskforce Kwaliteit van de stages van artsen-specialisten in opleiding

Expert invité Taskforce Qualité des stages des médecins spécialistes en formation

3) Uitgenodigd expert werkgroep Kwaliteit Hoge Raad van Artsen-specialisten en van Huisartsen

Expert invité groupe de travail Qualité du Conseil Supérieur des médecins spécialistes et des médecins généralistes

Image generated with DALL-E AI Image Generator





## Artificial Intelligence in European Medical examinations

- The presenter does absolutely not claim to be an expert in artificial intelligence...



# *Part 1. AI in medicine*

---

Application of Artificial Intelligence in daily medical practice

## 1ST WAVE

### Describe

Explicit knowledge presentation

## 2ST WAVE

### Categorize

Statistical Learning

## 3ST WAVE

### Explain

Hybrid systems  
Human-centric AI

#### First AI Programs

Playing, learning, solving  
problems, planning  
Language understanding

#### Knowledge based systems

Inference formalisms  
Expert systems  
Lips, Prologue

#### Maschinelleres Lernen

v.a. statistisches ML  
Random forest, neural networks,  
SVM, Naive Bayes, AdaBoost

#### Lighthill Report

AI will never get  
past game  
problems

#### Knowledge Engineering

Bottleneck  
Failure of AI languages

#### AI with another name

Cognitive systems  
Intelligent systems

1956

1974-1980  
1st AI Winter

1987-1993  
2nd AI Winter

2000-2008  
Winter  
without an end

2008  
Big Bang  
of Deep Learning

1994  
IBM's Deep Blue  
World Chess Champion

2011  
IBM's Watson wins  
Jeopardy

2012  
Google Brain re



# History of AI



**Neural Networks**  
1950-1970



**Machine Learning**  
1980-2010

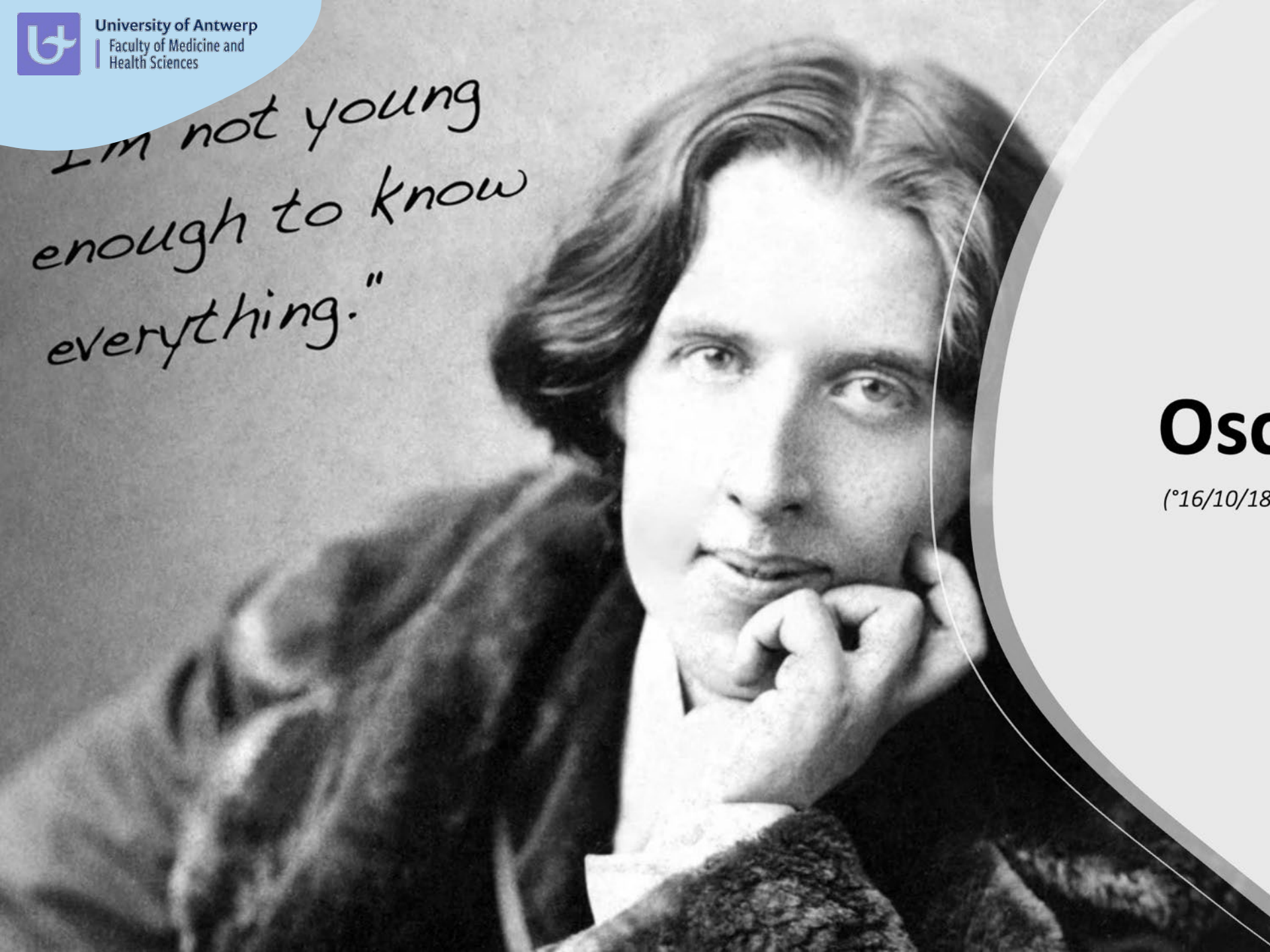


**Deep Learning**  
Today



University of Antwerp  
Faculty of Medicine and  
Health Sciences

*"I'm not young  
enough to know  
everything."*



# Oscar Wilde

*(°16/10/1854 Dublin - †30/11/1900 Paris)*



UZA'



Michael Hugh Mosley (°22/03/1957 Calcutta, India – †05/06/2024 Agia Marina, Greece)



# Isabel Solutions



## Isabel DDx Companion

*For healthcare professionals*

Using just the minimal presenting clinical features, the Isabel DDx Companion enables clinicians to expand their differential and get



## Isabel Self-Triage

*For healthcare institutions and health platforms*

Helps patients access the care they need more quickly. Isabel Self-Triage asks just 11 standard questions and takes less than a minute to achieve



## Isabel Clinical Educator

*For clinical educators and learners*

Teaches and assesses reasoning skills in clinical learners.

Isabel Clinical combines refl



# Example of bias introduced in AI diagnostic tools...

Access to the original manuscript available via hyperlink in the above-mentioned screenshot

*MDs prepare themselves to use AI in medical care: “ChatGPT is able to comfort people in a way we do not always have the time for”*

(Een Vandaag AVROTros 09/05/2023)

Access to the original manuscript available via hyperlink in the above-mentioned screenshot





Access to the original manuscript available via hyperlink in the above-mentioned screenshot

# ARTIFICIAL INTELLIGENCE IN HEALTHCARE AND REGULATION CHALLENGES: A MINI GUIDE FOR (MENTAL) HEALTH PROFESSIONALS

Allison Gilbert<sup>1</sup>, Emanuela Pizzolla<sup>2</sup>, Sofia Palmieri<sup>3</sup> & Giovanni Briganti<sup>1</sup>

<sup>1</sup>*Department of Computational Medicine and Neuropsychiatry, Faculty of Medicine, University of Mons,  
Mons, Belgium*

<sup>2</sup>*University of Verona, Verona, Italy*

<sup>3</sup>*Faculty of Law and Criminology, University of Ghent, Ghent, Belgium*

## SUMMARY

*Artificial intelligence (AI) offers new perspectives in the healthcare sector, ranging from clinical decision support tools to new treatment strategies or alternative patient remote monitoring. However, as a disruptive technology, AI is associated with potential barriers, limitations and challenges for appropriate integration in medical practice. To avoid potential patient safety risks and harm, a robust regulatory framework is crucial to guide health professionals in their AI adoption in clinical practice. The European Union offers a new legal framework for the development and deployment of AI systems, the AI Act. This regulation was approved in March 2024 and will be fully applicable by 2025 to ensure that AI technologies are safe, transparent, and respect fundamental rights. However, these new regulatory concepts may be obscure for clinicians. This article aims to provide health professionals with the preliminary key points of regulation needed to interact adequately with these new AI applications and consider the potential risks of AI systems to patient safety.*

**Key words:** Artificial Intelligence - AI Act – regulation - healthcare

**Abbreviations:** AI - Artificial Intelligence; GenAI - Generative Artificial Intelligence; Art – Article; FLOP - floating-point

Gilbert A. et al. (2024). Artificial Intelligence in Healthcare and regulation challenges:  
a mini guide for (mental) health professionals. *Psychiatria Danubina* 36 (Suppl. 2), 348-353



**Figure 1.** Requirements and their description for high-risk AI systems, based on the AI Act



patient safety. The evaluation of patient safety risks is a crucial step for ensuring appropriate quality of care following AI implementation (Ratwani et al. 2024). The first three questions of this mini guide address patient safety concepts, risk identification and clinical validation.

**Question 1:** "How are AI systems classified in the AI Act?"

Before fully responding to this question, it is important to understand how the AI Act defines an "AI system". In Title I, Article (Art.) 3 of the AI Act, an "AI system" is defined as *"a machine-based system that is designed to operate with varying levels of autonomy and that may exhibit adaptiveness after deployment, and that, for explicit or implicit objectives, infers, from the input it receives, how to generate outputs such as predictions, content, recommendations, or decisions that can influence physical or virtual environments"* (European Parliament 2024b). If AI systems could thus influence the patient environment, this definition – when reflecting on AI in healthcare – must be read in conjunction with Hippocrates' principle of *"First, do no harm"*. The classification of AI systems by the AI Act relies on risk identification to assess potential harm based on the probability of occurrence and the severity of the adverse event (European Parliament 2024a). Different risk categories are identified, ranging from minimal or no risk, limited risk to high risk and unacceptable risk.

Title II, Art. 5 of the AI Act provides criteria for an AI system to be categorized as unacceptable. For example, manipulative AI applications or systems that exploit patient vulnerabilities will fall into this category.

Annex III of the AI Act offers a list of high-risk AI system criteria, including, for example, remote biometric identification systems or, in the healthcare sector, applications to triage emergency situations (European Parliament 2024a). Besides the implicit references made in Annex III to the healthcare sector, the classification of AI used in healthcare as high-risk is primarily due to the AI Act referencing the Medical Device Regulation to define the boundaries for this risk category (Palmieri 2023). Consequently, these systems are subject to rigorous scrutiny, including transparency, accountability, and human oversight requirements. This proactive stance highlights the importance of balancing AI's immense potential in healthcare with the imperative to mitigate associated risks.

**Question 2:** "What are the requirements for an AI model to be approved for healthcare applications?"

AI systems for healthcare applications are mainly considered high-risk and have a set of compliance requirements identified in Chapter 2 of Title III, which must be fulfilled before being put into service or

entering the EU market (Figure 1). The requirements tackle risk management (Art. 9), data training and data governance (Art. 10), technical documentation (Art. 11), record-keeping of (adverse) events (Art. 12), transparency and instructions for use (Art. 13), human oversight (Art. 14), accuracy, robustness and cybersecurity (Art. 15) (European Parliament 2024b).



**Figure 1.** Requirements and their description for high-risk AI systems, based on the AI Act

Moreover, specific needs exist for regulation as certain AI models are dynamic (such as GenAI), possessing the capability to *"adapt and make decisions based on their experience and interactions within the system"* (Templin et al. 2024). Consequently, monitoring practices must also be dynamic to align with the evolving nature of the GenAI system. To ensure the safety and reliability of AI systems throughout their entire life cycle, the AI Act provides a post-market monitoring system to identify and mitigate foreseeable problems encountered during use (European Parliament 2024a).

It is important to note that if an AI system used in medicine also qualifies as a medical device under the Medical Device Regulation, it must adhere to the requirements set forth by the Medical Device Regulation.

**Question 3:** "How do we, as healthcare professionals, consider AI systems as validated for use in clinical practice, and how is the validation process performed?"

For high-risk models, regarding Title III, Art. 11 and 13, AI models must be put into service with sufficient information to users and transparency regarding their technical characteristics. Annex IV of the AI Act contains a list of what users must be aware of when they are confronted with the AI model. Other authors have previously claimed the importance of using a minimum







## *Part 2. AI in medical education*

---

Snapshot of literature available on implications of Artificial Intelligence (AI) in the domain of (postgraduate) medical education





## BETEKENT AI HET EINDE VAN DE RADIOLOOG?

Share    

# Belgian governmental decision to decrease training possibilities based on ... *“AI can replace MD”*

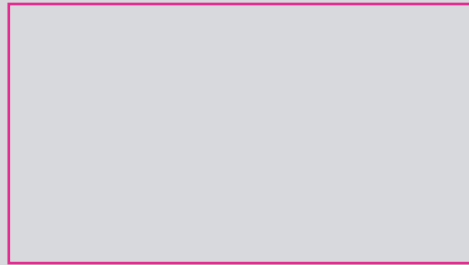


Door **Walter Van Dyck**

Professor of Innovation Management

26 november 2019

Artificiële Intelligentie (AI) is een hot topic, ook in de gezondheidszorg. Hoe kan AI nu de kwaliteit en efficiency van de zorgverstrekking verbeteren? Tijdens een webinar georganiseerd door het Vlerick Healthcare Management Centre liet dokter Erik R. Ranschaert, AI-expert en radioloog verbonden aan het **Nederlands Kankerinstituut** (NKI) in Amsterdam, zijn licht schijnen over de mogelijkheden en uitdagingen van AI in de radiologie. Voor wie het webinar



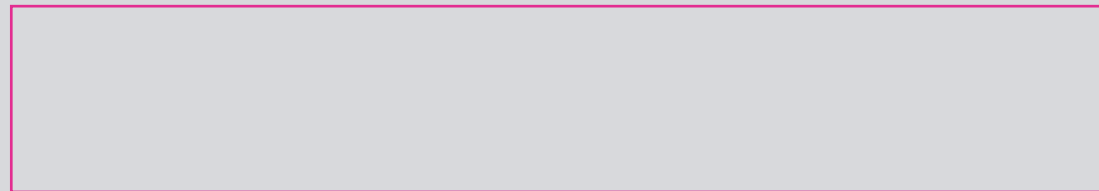
Access to the original manuscript available via hyperlink in the above-mentioned screenshot



**Access to the original manuscript available via hyperlink in the above-mentioned screenshot**



Access to the original manuscript available via hyperlink in the above-mentioned screenshot

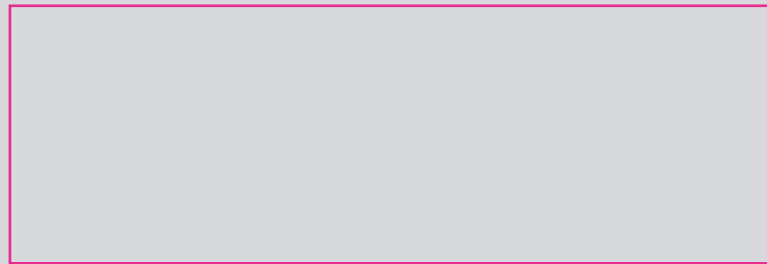


**Access to the original manuscript available via hyperlink in the above-mentioned screenshot**

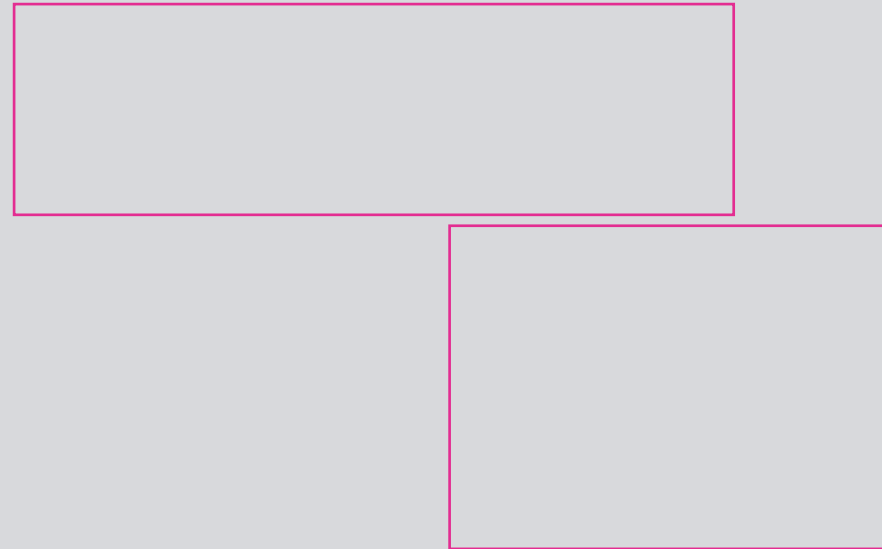




**Access to the original manuscript available via hyperlink in the above-mentioned screenshot**

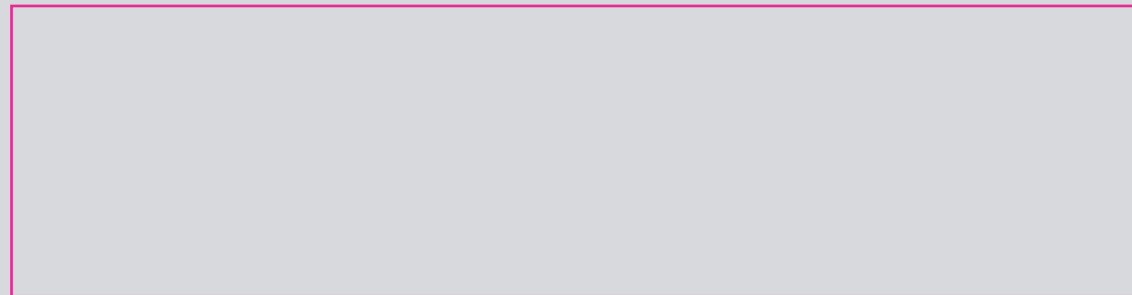


Access to the original manuscript available via hyperlink in the above-mentioned screenshot



Access to the original manuscript available via hyperlink in the above-mentioned screenshot





Access to the original manuscript available via hyperlink in the above-mentioned screenshot



**Access to the original manuscript available via hyperlink in the above-mentioned screenshot**



**Access to the original manuscript available via hyperlink in the above-mentioned screenshot**



# ***Main ethics topics of concern on use of AI in Health Professions Education***

---

Guarding against excessive data collection

Protecting anonymity and privacy

Ensuring full consent

Protecting student data ownership

Applying stricter security policies

Guarding against data (student as data) and  
algorithm bias

Ensuring algorithm transparency

Clearly demarcating responsibility,  
accountability, blame and credit

Supporting autonomy

Ensuring appropriate beneficence

Preparing for AI to change our views of  
ethics

Preparing for AI as a person, with rights

# ***Adjust institutions for the use of AI in Health Professions Education***

---

Step 1: Education ethics committee

Step 2: Educate research ethics committee about AI

Step 3: Chief AI ethics officer

## Open for discussion ...

- AI is the best to happen in medicine
- AI is the worst in medicine

**Moderators: Chris Plummer & Danny Mathysen**



Image generated with DALL-E AI Image Generator