



Adolescent Medicine and Health Multidisciplinary Joint Committee (MJC)

*Advancing Adolescent medicine and transition
care in Europe: A path forward*

UEMS-UEMO
Joint Council Meeting,
Oct 18-19, 2024

Assoc. Prof. Lina Zabuliene, MJC President (Lithuania)
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The MJC: composition and objectives

MJC Composition:

- An initiative of the European Academy of Paediatrics (EAP)
- Established **in 2018**
- **32** dedicated members

Objective Achieved:

- Developed a concise set of training objectives that can be integrated across all UEMS residency programs (*approved by the UEMS Council in 2022*).

* European Training in Effective Adolescent Care and Health

Training objectives for UEMS specialists pertaining to the care of adolescents and young adults

September 2022



Adolescent medicine and health Multidisciplinary Joint Committee of the UEMS

Four main training goals

1. How to conduct effective consultation
2. How to assess lifestyle and behaviour
3. How to perform a respectful physical examinations
4. How to provide comprehensive care to AYAs with chronic conditions (including transitional care)

[Our structure](#) | uems.eu



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Further objectives:

- Continue development of a comprehensive adolescent medicine curriculum (*currently in progress*).
- Provide user-friendly educational resources, *leveraging existing tools such as EuTEACH* materials*.
- Aim to improve healthcare outcomes for adolescents through enhanced education and training.

* European Training in Effective Adolescent Care and Health

Name of the document of European Standards of Postgraduate Medical Specialist Training



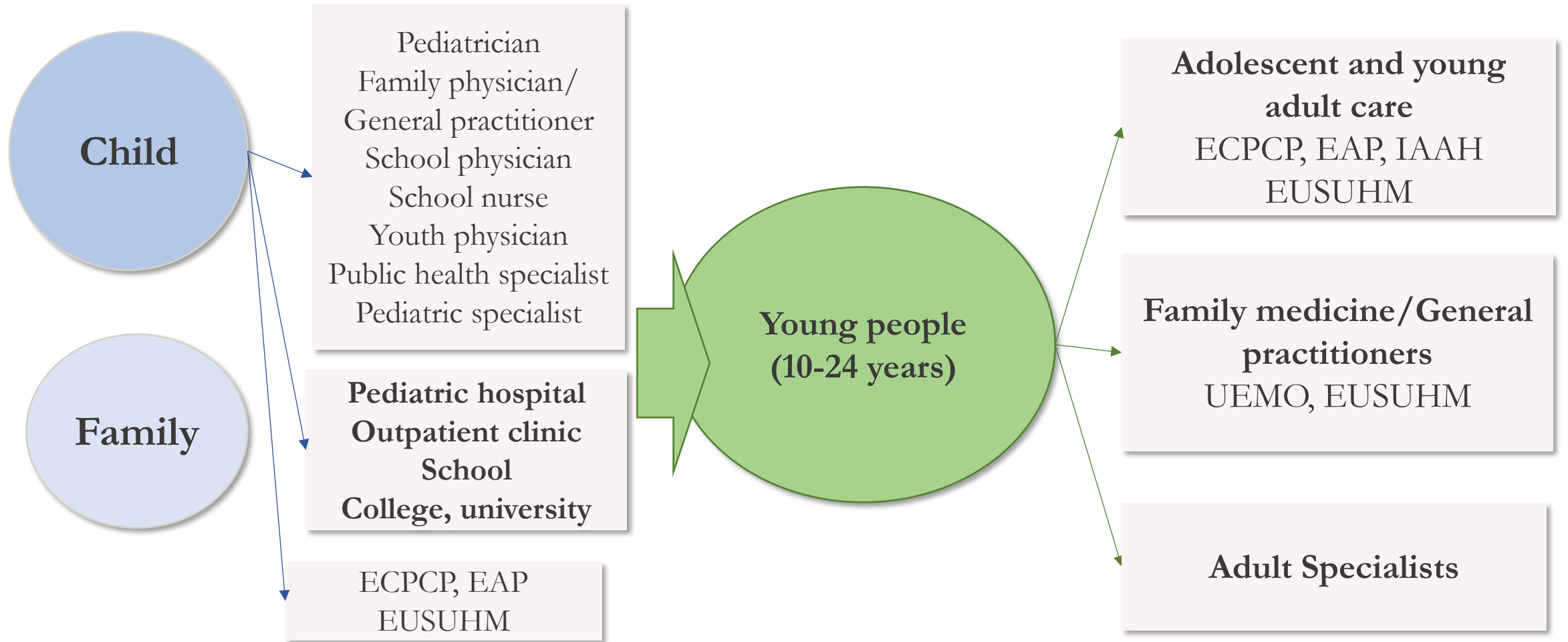
Curriculum for the

- a) Subspecialty or
- b) Certification of Added Qualification or
- c) Professional Development Module PDM or
- d) Module ...

of Adolescent Medicine and Young adults medicine and care



Children and young adults' care





Adolescent medicine: Transition *vs* Transfer

HEALTH CARE TRANSITION is the process of moving from a *child/family-centered model* of health care to an *adult/patient-centered model of health care*, with or without transferring to a new clinician. It involves **planning, transfer, and integration into adult-centered health care.**

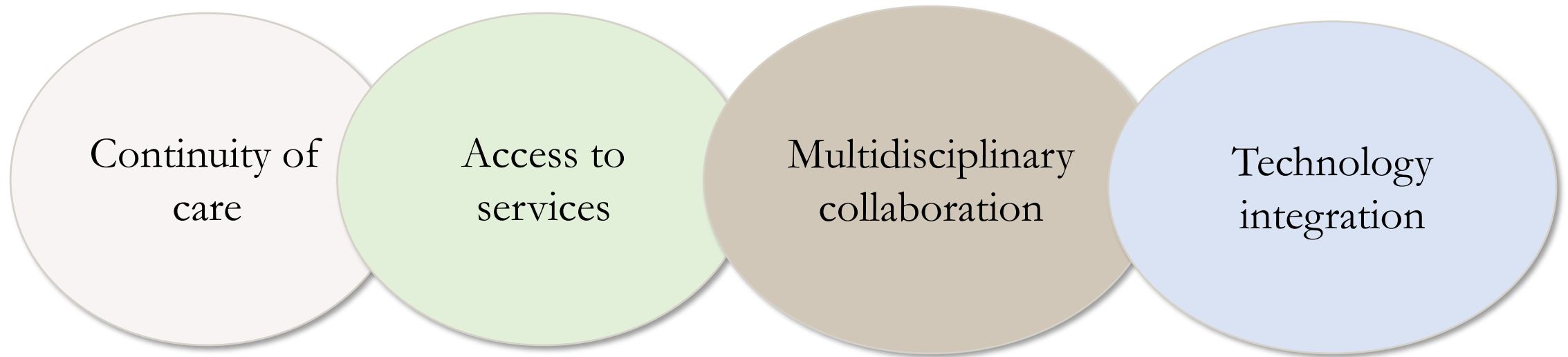
TRANSFER is official transfer of treatment from paediatric to adult health care.



White PH, Cooley WC; Pediatrics. 2018;142(5):e20182587; Glasper EA. Compr Child Adolesc Nurs. 2023;46(3):159-161.



Adult specialists and health care services

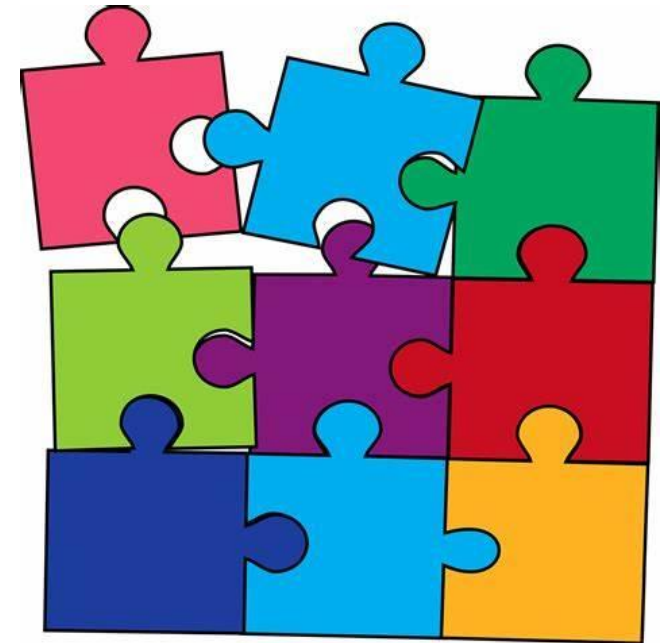


Green Corkins K, et al. *Nutr Clin Pract*. 2018;33(1):81-89; Toulany A, et al. *Paediatr Child Health*. 2022;27(5):297-309; Allemang B, et al. *Health Expect*.;26(6):2228-2244; ; Saragosa M, et al. *BMJ Open*. 2023;13(12):e075804; Allemang B, et al. *BMC Health Serv Res*. 2023;23(1):2.



Key stakeholders of curriculum

- MJC Members
- European Academy of Paediatrics (EAP) – *Agreed to include a module on transition care.*
- European Union of Schools and Universities in Health and Medicine (EUSUHM) – *Agreed to integrate part of the module for school physicians.*
- International Association for Adolescent Health (IAAH) European
- Training in Effective Adolescent Care and Health Team (EuTEACH) – *Agreed to include a module on transition care and explore the development of EPAs.*
- European Union of General Practitioners (UEMO)
- European Federation of Internal Medicine (EFIM)
- UEMS Specialty Sections
- Other Key Stakeholders





To summarize

The content outlining the required competencies for adolescent and young adult care has been developed.

Paediatricians, trainers, school specialists, and adolescent physicians have been contacted.

An idea of module (EPAs) for transition care, including school physicians, has been finalized.

We are currently identifying trainers and training centers ready to facilitate the program, with potential centers in Greece, Sweden, Switzerland, and Finland.

Next, we need to finalize the duration of the training programs and agree on the evaluation methods

Additionally, we are working towards reaching an agreement with UEMO and relevant specialist sections on the next steps