# Training Requirements for the Specialty of Plastic, Reconstructive, and Aesthetic Surgery

European Standards of Postgraduate Medical Specialist

(former chapter 6)

#### Preamble

The UEMS is a non-governmental organisation representing national associations of medical specialists at the European Level. With a current membership of 39 national associations and operating through 43 Specialist Sections and European Boards, the UEMS is committed to promote the free movement of medical specialists across Europe while ensuring the highest level of training which will pave the way to the improvement of quality of care for the benefit of all European citizens. The UEMS areas of expertise notably encompass Continuing Medical Education, Post Graduate Training and Quality Assurance.

It is the UEMS' conviction that the quality of medical care and expertise is directly linked to the quality of training provided to the medical professionals. Therefore, the UEMS committed itself to contribute to the improvement of medical training at the European level through the development of European Standards in the different medical disciplines. No matter where doctors are trained, they should have at least the same core competencies.

In 1994, the UEMS adopted its Charter on Post Graduate Training aiming at providing the recommendations at the European level for good medical training. Made up of six chapters, this Charter set the basis for the European approach in the field of Post Graduate Training. With five chapters being common to all specialties, this Charter provided a sixth chapter, known as "Chapter 6", that each Specialist Section was to complete according to the specific needs of their discipline.

After the introduction of this Charter, the UEMS Specialist Sections and European Boards have continued working on developing these European Standards in Medical training that reflects modern medical practice and current scientific findings. In doing so, the UEMS Specialist Sections and European Boards did not aim to supersede the National Authorities' competence in defining the content of postgraduate training in their own State but rather to complement these and ensure that high quality training is provided across Europe. At the European level, the legal mechanism ensuring the free movement of doctors through the recognition of their qualifications was established back in the 1970s by the European Union. Sectoral Directives were adopted, and one Directive addressed specifically the issue of medical Training at the European level. However, in 2005, the European Commission proposed to the European Parliament and Council to have a unique legal framework for the recognition of the Professional Qualifications to facilitate and improve the mobility of all workers throughout Europe. This Directive 2005/36/EC established the mechanism of automatic mutual recognition of qualifications for medical doctors according to training requirements within all Member States; this is based on the length of training in the Specialty and the title of qualification.

Given the long-standing experience of UEMS Specialist Sections and European Boards on the one hand and the European legal framework enabling Medical Specialists and Trainees to move from one country to another on the other hand, the UEMS is uniquely in position to provide specialty-based recommendations. The UEMS values professional competence as "the habitual and judicious use of communication, knowledge, technical skills, clinical reasoning, emotions, values, and reflection in daily practice for the benefit of the individual and community being served." While professional activity is regulated by national law in EU Member States, it is the UEMS understanding that it has to comply with international treaties and UN declarations on Human Rights as well as the WMA International Code of Medical Ethics.

This document derives from the previous Chapter 6 of the Training Charter and the previous PRAS Section ETR and provides definitions of specialist competencies and procedures as well as how to document and assess them. For the sake of transparency and coherence, it has been renamed as "Training Requirements for the Specialty of Plastic, Reconstructive and Aesthetic Surgery." All such UEMS documents aim to provide the basic Training Requirements for each specialty and should be regularly updated by UEMS Specialist Sections and European Boards to reflect scientific and medical progress. The three-part structure of this document reflects the UEMS approach to have a coherent and pragmatic document, not only for medical specialists, but also for decision-makers at the National and European level interested in knowing more about medical specialist training.

# Introduction to the Specialty of Plastic, Reconstructive and Aesthetic Surgery (PRAS)

The discipline of Plastic, Reconstructive and Aesthetic Surgery (PRAS) is concerned with the whole management of acute and non-acute conditions which may be congenital or acquired as a result of trauma, disease, degeneration or ageing in patients of all ages. Its aim is the restoration or improvement of form and function, together with the normalisation of appearance and well-being.

The spectrum of conditions managed within the specialty is defined more by the techniques harnessed by this branch of surgery rather than being anatomically site-specific. As such, the demands of anatomical and physiological knowledge, as well as grasp of relevant pathological and genetic conditions, are extensive and wide-ranging. There is, however, a unifying thread of competence which runs throughout the discipline that emanates from a profound understanding of all forms of tissue, whether 'normal' for the patient's age, or diseased or malformed. This mandates a necessary versatility with tissue handling and manipulation which are the foundational aspects of good plastic surgical practice. There is no region of the body that lies outside the bounds of necessary knowledge that must be fully understood for surgeons practising in this specialty.

Due to the wide variety of conditions which the Plastic, Reconstructive and Aesthetic Surgeon is asked to manage, it is effectively impossible for all competent specialists within the discipline to have encountered each and every possible condition, pathology, and disease course during a rigorous training period. It is important then that the essential competencies of diagnosis, management planning, competent tissue handing, and manipulation required to deliver safe and effective outcomes, are structured to prepare practitioners for independent practice with such wide-ranging clinical demands.

Many conditions will, naturally, present in large numbers and with similar presentations, such that standard methods of competent procedures can be taught and assessed. This applies for such conditions as breast hypertrophy for reduction, Dupuytren's disease for fasciectomy, cleft lip and palate (as a super-specialty requirement), and breast cancer reconstruction (as examples) where competence cannot be achieved without a certain number of cases having been managed and good outcomes been demonstrated during the training period.

The exact content of the specialty may vary by country. However, UEMS strongly supports harmonisation and incorporation of all topics relevant to Plastic, Reconstructive and Aesthetic Surgery outlined within this charter on a European, supra-national level. Thus, the following training requirements for trainees have been outlined.

PRAS frequently involves interaction and collaborative work alongside surgeons and clinicians across numerous other disciplines. It also requires collaborative work with many allied health care professional disciplines and therapists, alongside medical engineers, prosthetists, cosmetic camouflage experts, and so forth. There is therefore a high demand for collaborative team-working within the specialty, as the problem-solving aspect of this discipline is called upon frequently to assist the management of complex and salvage cases, and sometimes when clinical situations are deteriorating.

Skills are required in soft and hard tissue management, as well as finesse with all aspects of tissue handling.

The syllabus for PRAS is therefore necessarily lengthy and will still not encompass every possible clinical scenario which competent surgeons might be called upon to address. It does, however, form the basis for the breadth of the specialty across the UEMS domains, and serve as a focus for the overriding goal of harmonising competence throughout all participating nations.

This revision has included some additional high-level outcomes from training. These are commonly termed Entrustable Professional Activities (EPAs) but are also referred to in some nations as Capabilities in Practice (CiPs). These aim to ensure that the role of an independently practising surgeon is capable of performing all the tasks required of a professional during their working day. That will include having developed generic skills, alongside behaviour that reflects the highest standards and values expected of such practitioners. Some countries use a series of defined capabilities termed 'Generic Professional Capabilities' (GPCs) which are aligned to the statutory guidance issued to all doctors. They are used in this ETR as a template for future development of such higher-level competencies throughout the UEMS nations.

# I. TRAINING REQUIREMENTS FOR TRAINEES

### 1. Content of training and learning outcome

#### a. Competencies required of the trainee

PRAS is a broad and diverse specialty which requires a depth of understanding of basic sciences, underpinning a wide spectrum of clinical conditions including congenital, traumatic, cancer and aesthetic disorders. Given that the range of conditions extends throughout the body and across all ages and groups, the requirements for competent practice are extensive and demanding.

Specialists in independent practice require not only knowledge and skills in diagnosis and techniques of intervention, but highly refined judgement in when not to operate and interaction with expertise in other disciplines.

The training period for a Plastic, Reconstructive and Aesthetic Surgeon cannot be undertaken in less than four years following the acquisition of basic post-graduate medical and surgical competency, and in practice, many European nations expect significantly longer periods of supervision before independent practice is authorised. It is also acknowledged that practice in this specialty inevitably involves further learning and education throughout a career lifetime, and continuing medical education is mandatory for all specialists.

Surgeons in training have differing titles within the nations of UEMS, and commonly take periods of time out of formal training programmes for professional reasons (such as a period of research, military service, or highly specialised training) or personal reasons (such as maternity/paternity leave, or career breaks). Most national schemes take full account of such trajectories in training pathways, and when accompanied by good mentorship and supportive systems, can be enriching for both the individuals, their teams, and patients.

Learning outcomes and competency are descriptions of what a surgeon still under supervision knows, understands and is able to demonstrate to be able to perform - in terms of knowledge, technical skills, values and attitudes.

# Entrustable Professional Activities – EPAs (the high-level outcomes of training)

Training is designed to produce a person capable of safely and effectively performing the role of a first day consultant surgeon. The role of a consultant surgeon can be thought of as a sum of all the various tasks which need to be performed through a working week. These tasks are the high-level outcomes of the curriculum and grouping these together describe the role of a consultant surgeon.

To perform a high-level clinical task as a consultant surgeon requires trainees to be able to integrate areas of learning from all parts of the syllabus, including knowledge, attitudes, clinical skills, professional skills and technical skills. In addition, a consultant surgeon will need to have acquired the generic skills, behaviours and values shared by all doctors in order to perform such tasks safely and well. Entrustable Professional Activities are a set of skills that can be developed through training from novice to expert and constitute these high-level clinical outcomes which embody the core values which society expects of clinicians at the highest levels of practice. They are common across all surgical specialties and are delivered within the context of the Generic Professional Capabilities (GPCs - to be defined below) and the specialty syllabus.

The writing process of EPAs is an ongoing process in our member countries and their use as an assessment of training is still variable.

The generic knowledge, skills, behaviours and values shared by all doctors are described in the Generic Professional Capability (GPC) framework developed by the UK General Medical Council (GMC). The GPCs are essential components and have equal weight to the EPAs in the training and assessment of clinical capabilities and responsibilities in the training programme.

Domain 1	Professional values and behaviours
Domain 2	Professional skills
	Practical skills
	Communication and interpersonal skills
	Dealing with complexity and uncertainty
	Clinical skills
Domain 3	Professional knowledge
	Professional requirements
	EU legislative requirements
	The health service and healthcare system in Europe
Domain 4	Capabilities in health promotion and illness prevention
Domain 5	Capabilities in leadership and team working
Domain 6	Capabilities in patient safety and quality improvement
	Patient safety
	Quality improvement
Domain 7	Capabilities in safeguarding vulnerable groups
Domain 8	Capabilities in education and training
Domain 9	Capabilities in research and scholarship

The Generic Professional Capability (GPC) framework has nine domains:

#### b. Theoretical knowledge

PRAS requires a depth of knowledge across all basic science domains, especially anatomical fluency throughout the whole human frame (at all ages) which exceeds that required of many more site-specific surgical specialties. In order to reconstruct

the abnormal and disordered from the most appropriate elements of tissue (including the use of prosthetics and biomaterials) requires considerable three-dimensional understanding of tissues and their behaviour and biomechanics.

The necessity for a strong underpinning of basic science also mandates understanding of the pathological processes following injury and cancer, as well as tissue healing and its management in diverse pathological situations.

The main domains which form an essential part of the syllabus are as follows:

Aesthetic Surgery	Aesthetic Surgery of Face, Orbit, Forehead, Scalp, Lips & Neck
	Rhinoplasty and Otoplasty
	Body contouring, liposuction & fat grafting
	Non-Surgical rejuvenation
Breast Surgery	Basic Sciences and Breast assessment
	Breast cancer
	Benign breast conditions
	Surgery of the Breast
	Breast reconstruction – Implant based techniques
	Breast reconstruction – Autologous tissue based techniques
Burns	Burns classification, primary management and transfer
	Burns resuscitation and critical care
	Burns early surgery
	Burns late surgery
	Burn sequelae: Management of Burns infection and other complications
	Paediatric burns
Chest wall	Chest wall reconstruction
Cleft Lip/Palate	Primary management of cleft lip and nose
	Secondary repair of cleft lip and nose
	Primary repair of cleft palate
	Secondary speech surgery
	Dentoalveolar defect including alveolar bone grafting

	Orthognathic surgery / Working with the Cleft MDT
Craniofacial Surgery	Craniofacial General Principles
	Craniosynostosis
	Craniofacial tumours in adults and children
	Craniofacial syndromes of tissue deficiency
	Craniofacial overgrowth syndromes
Craniomaxillofacial and Orthognathic	Orbital surgery
Surgery	Craniomaxillofacial trauma
	Orthognathic surgery of the maxilla and the mandible
Ears	Ear deformities and ear reconstruction
Genitourinary Surgery	Hypospadias and allied conditions
Surgery	Epispadias, anomalies of female genitalia, ambiguous
	genitalia, and acquired perineal defects
	Gender reassignment surgery
Hand Surgery	All aspects of skin and soft tissue disorders / Microsurgery / Dupuytren's Disease
	Fractures and Joint Injuries including Wrist Instability
	Osteoarthritis and inflammatory arthritis
	Tendon and tendon related disorders
	Nerve and nerve related disorders
	Congenital hand, vascular disorders, and tumours
Head and Neck Surgery	Basic Sciences and Head & Neck assessment
Calgory	Skin-related neoplasia of the head & neck
	Non-skin-related neoplasia of the head & neck
	Techniques for reconstruction of the head & neck
	Reconstruction of specific head and neck sites
	Facial Reanimation
Lower Limb	Assessment and primary management lower limb injuries
	Debridement, stabilisation and compartment syndrome
	Soft tissue reconstruction
	Vascular injuries and amputation
	Complications
	Paediatric injuries and outcome measures
Lymphatics, and	Lymphatic Surgery

lymphedema	
Microsurgery	Microsurgical repair of the vessels, supramicrosurgery
	Microsurgical repair of the nerves
	Microsurgical repair of the lymphatics, lymphaticovenous / lymphaticolymphatic repairs
Pelvic floor	Pelvic reconstruction
Skin and soft tissue	Basic sciences and skin assessment
surgery	Primary treatment of skin-related neoplasia
	Treatment of recurrent and chronic skin tumours
	Reconstructive techniques for skin and soft tissue
	Scarring, wounds and other surgical conditions of the skin and soft tissue
	Multidisciplinary team workings
	Complex wound
Sarcoma	Sarcoma
Vascular anomalies	Vascular anomalies
Technology	Energy based devices (e.g., Lasers, Radiofrequency (RF), High Intensity Focused Ultrasound (HIFU), Plasma, Monopolar/Bipolar/Multipolar)
	Robotic surgery
Psychological management	Psychological management of deformity and loss of form and function
Medicolegal aspects	Informed consent and Medicolegal responsibilities

The list of domains which form this basis of the European Plastic, Reconstructive and Aesthetic Surgery Curriculum is indicative but not exhaustive. Trainees may well see patients with conditions not listed, which would be reflected in their portfolio of training or equivalent documentation.

These items define the basis of the core curriculum. By the time an individual is appointed as a specialist/consultant, he/she would be expected to have the following attributes:

- Knowledge and understanding of the relevant and topical underpinning medical sciences, population health sciences, pathophysiology and principles of management and care of patients with any of the core clinical conditions.
- The ability to indicate and interpret diagnostic testing: laboratory tests, diagnostic imaging techniques, test performance characteristics.
- An understanding of the modes of action and potential adverse effects of therapies and experience in advising patients about the risks and benefits of such therapies.
- An understanding of the benefits and risks of surgical procedures, their chances of success and failure, their complications and time needed to achieve a stable result.
- The ability to analyse and utilise research findings in PRAS, so that their clinical practice is, as far as possible, based upon evidence.
- The ability to provide evidence that they are maintaining their general medical as well as their plastic surgical knowledge sufficiently to ensure a high standard of clinical practice.
- An understanding of the healthcare system(s) within their country of training.
- Be prepared for their role as future clinical leaders.
- The ability to be an effective member and a leader of a multidisciplinary team.

Simply put, the EPAs and these GPCs (as described) are the constituent parts of the role of a consultant in PRAS. Each part is as important as the next, and doctors are required to be capable in all parts of the role in order to be able to practise independently. In order to complete training and be recommended for Certification and entry onto the Specialist Register, the doctor must demonstrate that they are capable of unsupervised practice in all the EPAs and GPCs. For example, managing the unselected emergency take (EPA2) requires the integration of knowledge, clinical and diagnostic skills and technical skills described in the syllabus as well as communication and interpersonal skills, time management skills and many other generic skills described in the GPCs in order to be delivered safely, professionally and effectively.

#### **Overlap of curriculum with other surgical Specialties**

It is entirely appropriate that the spectrum of conditions and operative interventions encompassed by the PRAS discipline should overlap with the subject matter of many other more site-specific specialties. As outlined in the preamble above, PRAS is not a site specific specialty, and requires competent understanding of a wide spectrum of care and understanding in order to be able to fulfil the demands of seamless integration with other disciplines as part of multi-disciplinary care. Plastic surgery has always been seen as a specialty to which all can turn to assist in problem solving as well as managing a range of conditions primarily due to the specific expertise demanded by certain cases. The most significant overlaps lie with ENT (ORL) surgery, OMFS and Oral surgery, Ophthalmology, Paediatric and Urological surgery. However, interactions with general surgery, cardiothoracic, oncology and radiotherapy, dermatology and rheumatology are also frequent, along with virtually every surgical and medical discipline at some time or other.

# 2. Organisation of training

#### a. Schedule of training

The required duration of training remains a matter that rightly is determined by respective national medical specialty Councils or Boards. However, PRAS Section of UEMS mandate that candidates applying for specialty training should have completed two years prior training in the generality of surgery. This should be accompanied by the acquisition of appropriate knowledge, training and experience in the care of general and acute surgical conditions.

Specialty training in PRAS should then be for a minimum of four further years. Further training will usually be undertaken (most commonly in the form of 'fellowships' for periods of 6-12 months) to allow the development of sub-specialty techniques and competency. Details of this are not part of the training requirements for core Plastic, Reconstructive and Aesthetic Surgery training.

The training period in PRAS will be in keeping with EU requirements and in any case sufficient to ensure that a trainee has met all the required educational and training needs and has demonstrated the acquisition of all the required educational and training competencies necessary for the awarding of the certificate of specialisation. Specific arrangements for the overall training for any individual trainee will be decided locally and be influenced by relevant national requirements. The list of topics shown above is a guide to the knowledge and skills base required of a specialist/consultant. Clinical experience should encompass all common PRAS conditions.

#### b. Curriculum of training

**Supervision levels:** Supervision levels are recommended for the assessment of trainee's ability to manage EPAs.

Level I	Able to observe only
Level II	Able and trusted to act with direct supervision
	a. Supervisor present throughout
	b. Supervisor present for part

Level III	Able and trusted to act with indirect supervision
Level IV	Able and trusted to act at the level expected of a day-one consultant
Level V	Able and trusted to act at a level beyond that expected of a day-one consultant, exhibiting good judgement and reflective practice based on breadth of experience.

#### PRAS Syllabus

The syllabus adopts a modular structure that encompasses the competency requirements of Knowledge, Attitudes, Clinical and Professional Skills and Technical Skills. The modular format is presented in a hierarchical manner; namely Basic, Intermediate or Advanced levels of complexity. This modular structure has been adopted from proven use in some national training programmes within the UEMS states, with outcomes that are accepted as valid and robust.

#### Syllabus standards

**a. Basic level competencies:** Within each module there are elemental topics that are designed to act as building blocks from which more complex competences can be achieved.

**b. Intermediate level competency:** These include a list of the more common topics within each module and most of these competencies will have been achieved within the intermediate training period across all subject areas.

**c.** Advanced level competency: This third tier of topics includes the most complex topics in each module. Those items that are specified here are for all higher level trainees, entering the final phase of their training programme.

#### Workplace-based Assessments (WBAs)

Formative WBAs may be used to assess and provide feedback on any areas of clinical activity. However, other than for the critical conditions, defined index procedures, or where a topic has been identified to address a concern raised by trainers, WBAs are optional. Trainees therefore are not mandated to use WBAs to evidence their learning against each syllabus topic.

Aesthetic Surgery
Aesthetic Surgery of Face, Orbit, Forehead, Scalp, Lips & Neck
OBJECTIVE
Acquires competence in the diagnosis, aesthetic assessment and safe management of all patients presenting for consideration of avoidance or reversal of the features of physiological ageing of the face, brow, neck and orbits.
KNOWLEDGE
BASIC should be able to demonstrate knowledge of:
psychology of the desire for anti-aging interventions
features denoting high-risk groups of patients that may present for surgical
rejuvenation
normal facial anatomy and its common variants, including clear understanding of the
blood supply, sensory and motor innervation facial musculature and the course and distribution of the facial nerve
the fascial planes of the face and the brow and the pattern of fascial compartments
of the brow, face and neck anatomy of the eyelids
cosmetic units of the face
the effect of sun exposure on the texture and elasticity of the skin and the patterns
of ageing
effect of various laser/light treatments on the dermis
mechanisms of healing of partial thickness injury in facial skin
formulation and application of chemical peeling agents
INTERMEDIATE should be able to demonstrate knowledge of:
accurate assessment and analysis of the pattern of face aging
injectable fillers available, their uses, contraindications and interactions
pharmacology of paralytic agents, the different formulations and the muscle groups
to which they may be applied
role of fillers and paralytics in the overall patient management plan
indications for, and design of, endoscopic and open browlift and foreheadplasty
fixation methods in brow lift
indications and contraindications for facelift
anatomy of the SMAS layer and how it may be modified
facial fat pads and how they change with time
variation of designs for facelift incisions
different methods of facelifting
different methods of neck-lifting
designs and variations of blepharoplasty, upper and lower

role of submental lipectomy and liposuction

management of complications of rejuvenation surgery

ADVANCED should be able to demonstrate knowledge of:

applications, indications, limitations and complications of blepharoplasty alone and

in combination with other techniques.

**CLINICAL SKILLS and ATTITUDES** 

**BASIC** should be able to demonstrate ability to:

assess and deliver non-operative management of the acute surgical patient

take history to include features relevant to the assessment and management of the

aesthetic features of the head and neck

examine the patient to include relevant aesthetic features of the head and neck

INTERMEDIATE should be able to demonstrate ability to:

assessment and analysis of all the features of the aging eyelid

demonstrate knowledge of the management algorithms, combinations and permutations of the rejuvenation procedures covered in this section including

appropriate investigations

record accurate assessment of the pattern of symptoms and physical features ADVANCED should be able to demonstrate ability to:

demonstrate skills of analysis and diagnostic synthesis, judgement, surgical

planning

prepare an overall management plan for a given patient

assess the psychological suitability for rejuvenation surgery and appropriately refer

for expert advice as necessary

undertake risk benefit analysis of non-pathological based surgery

counsel and consent a patient for rejuvenation intervention

define the subgroup of patients that can be managed by nonsurgical intervention recognise and counsel the unrealistic patient

manage the situation whereby a patient's best interests are served by declining to

treat that patient

deal with disappointment and postoperative dissatisfaction

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

planning, designing and performing excision of facial skin lesions for aesthetic

indications

selecting and using injectables for fine rhytids

using paralytics to weaken aging muscle groups

upper lid blepharoplasty

designs and variations of blepharoplasty, upper and lower

role of submental lipectomy and liposuction

management of complications of rejuvenation surgery

ADVANCED should be able to demonstrate knowledge of:

applications, indications, limitations and complications of blepharoplasty alone and

in combination with other techniques.

**CLINICAL SKILLS and ATTITUDES** 

BASIC should be able to demonstrate ability to:

assess and deliver non-operative management of the acute surgical patient

take history to include features relevant to the assessment and management of the

aesthetic features of the head and neck

examine the patient to include relevant aesthetic features of the head and neck

#### **INTERMEDIATE** should be able to demonstrate ability to:

assessment and analysis of all the features of the aging eyelid

demonstrate knowledge of the management algorithms, combinations and permutations of the rejuvenation procedures covered in this section including

appropriate investigations

record accurate assessment of the pattern of symptoms and physical features

#### ADVANCED should be able to demonstrate ability to:

demonstrate skills of analysis and diagnostic synthesis, judgement, surgical

planning

prepare an overall management plan for a given patient

assess the psychological suitability for rejuvenation surgery and appropriately refer

for expert advice as necessary

undertake risk benefit analysis of non-pathological based surgery

counsel and consent a patient for rejuvenation intervention

define the subgroup of patients that can be managed by nonsurgical intervention

recognise and counsel the unrealistic patient

manage the situation whereby a patient's best interests are served by declining to

treat that patient

deal with disappointment and postoperative dissatisfaction

#### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

planning, designing and performing excision of facial skin lesions for aesthetic indications

selecting and using injectables for fine rhytids

using paralytics to weaken aging muscle groups

upper lid blepharoplasty

INTERMEDIATE should be able to perform or manage a patient with

facelift with plication of the SMAS

MACS lift

submental lipectomy

liposuction for the face and neck areas.

pan or regional facial rejuvenation by laser / chemical peel / dermabrasion

lower lid blepharoplasty

ADVANCED should be able to perform or manage a patient with

lower lid blepharoplasty by external or transconjunctival approaches

deep plane facelift

endoscopic facelift

# RHINOPLASTY AND OTOPLASTY

#### OBJECTIVE

Competence in the diagnosis, planning and management of all aspects of aesthetic nasal and aesthetic ear surgery

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

Rhinoplasty

anatomy of the nose including detailed description of the bone, cartilage, soft tissue structures, aesthetic units

blood supply of the nose including ophthalmic artery, facial artery and angular artery as well as nerve supply

physiological functions of the nose and how these may be affected by nasal surgery

facial aesthetics including the psychological implications of rhinoplasty surgery

dysmorphophobia and recognises clinical features of condition

local anaesthesia and the use of topical agents such as cocaine

Otoplasty

anatomy of the ear including embryology and growth (including nomenclature of different elements of the ear)

blood supply of the ear including branches from external carotid artery, posterior auricular artery and superficial temporal artery

nerve supply of the ear including auriculotemporal nerve, great auricular nerve, branches of the vagus nerve and lesser occipital nerve

INTERMEDIATE should be able to demonstrate knowledge of:

Rhinoplasty

techniques to manage the nasal dorsum including dorsal hump reduction and dorsal	
augmentation	

different osteotomy techniques including placement of osteotomies

techniques of endonasal and open approaches, including appropriate selection of surgical technique,

management of the alar cartilages and septum including resection, dome suturing and cartilage grafting techniques

endonasal and open approaches to rhinoplasty

techniques for nasal tip adjustment including resection, suturing, control of projection management of septal trauma

Otoplasty

appropriate age-related considerations in respect of timing of otoplasty. cartilage maturation

non-surgical management including neonatal moulding techniques

anaesthesia including use of local anaesthesia and appropriate infiltration/blocks

classification of prominent ears and definitions of cup ear, lop ear and Stahl's deformity

surgical techniques for prominent ear correction including cartilage scoring e.g., Chong-Chet and suture-only techniques e.g., modified Mustardé

various dressing techniques with their relative merits

potential complications of prominent ear correction with risk factors for the same, including infection and necrosis of cartilage and skin

#### ADVANCED should be able to perform or manage:

Rhinoplasty

complications of rhinoplasty surgery including functional complications

secondary rhinoplasty techniques with indications for same

Otoplasty

the reconstructive techniques available for treatment of significant necrosis or deformity following prominent ear correction, anotia, or microtia

#### CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

Rhinoplasty

arrange appropriate views for clinical photographic record

elicit focussed history in respect of the rhinoplasty patient

examine patient with reference to the nose including preoperative analysis of appearance and function

recognise the need for psychological assessment and identifies dysmorphophobia Otoplasty

clinically assess the patient with reference to the external ear and demonstrates appropriate communication when dealing with the paediatric patients

arrange appropriate views for clinical photographic record

take consent for primary otoplasty modifying communication when dealing with paediatric patient

recognise the need for psychological assessment and identifies dysmorphophobia INTERMEDIATE should be able to demonstrate ability to:

Rhinoplasty

clinically assess and analyse nasal defects including issues of balance and proportion

make a surgical plan for primary rhinoplasty using skills of analysis and judgement counsel and consent patient for rhinoplasty surgery

recognise and counsel the unrealistic patient

explain to patient when rhinoplasty not in best interests of patient

Otoplasty

clinically assess and analyse ear deformities including issues of symmetry and proportion

make a surgical plan for primary otoplasty using skills of analysis and judgement

counsel and consent patient for otoplasty surgery

recognise and counsel the unrealistic patient

explain to patient when otoplasty not in best interests of patient

ADVANCED should be able to demonstrate ability to:

Rhinoplasty

examine the patient with reference to the nose including preoperative analysis of appearance and function

deal with disappointment and postoperative dissatisfaction

make a surgical plan for secondary using skills of analysis and judgement,

counsel and consent patient needing secondary rhinoplasty surgery

recognise and counsel the unrealistic patient

explain to patient when rhinoplasty not in best interests of patient

Otoplasty

deal with postoperative complications

deal with disappointment and postoperative dissatisfaction

make a surgical plan for secondary otoplasty using skills of analysis and judgement

counsel and consent patient for secondary otoplasty surgery

recognise and counsel the unrealistic patient

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

Rhinoplasty

application of internal and external nasal splints

drainage of septal haematoma

harvesting cartilage graft from ear and costochondral junction

nasal packing for bleeding

infiltrating nose with local anaesthetic and administer topical agents such as cocaine osteotomies of nasal bones (various patterns)

Otoplasty

infiltration of ears with local anaesthesia including greater auricular nerve blocks

application of prominent ear head dressing

#### INTERMEDIATE should be able to perform or manage:

Rhinoplasty

closed approach to the septum with or without concomitant rhinoplasty

submucous resection of spurs

approach to the septum during open rhinoplasty

enlargement of septal perforation to reduce symptoms

cartilage graft harvest from nasal septum

adjustment of nasal dorsum including dorsal hump, reduction and dorsal augmentation

Otoplasty

primary otoplasty with cartilage-scoring techniques

primary otoplasty with suture-only techniques

management of complications including haemorrhage, infection and necrosis of skin and cartilage

ADVANCED should be able to perform or manage:

Rhinoplasty

harvesting calvarial bone graft

septoplasty surgery including scoring and SMR techniques

septoplasty with or without cartilage grafting

management of complications including haemorrhage

secondary procedures to correct unsatisfactory results

closure of septal perforation

reconstruction of septum for nasal support

Otoplasty

secondary procedures to correct unsatisfactory results including ear reconstruction techniques (see Ear Reconstruction Module),

techniques to correct other deformities such as cup ear, lop ear and Stahl's deformity

# **BODY CONTOURING, LIPOSUCTION and FAT GRAFTING**

#### OBJECTIVE

Acquire competence in the assessment, planning correction and management of all aspects of body lifting and contouring

#### KNOWLEDGE

#### BASIC should be able to demonstrate knowledge of:

anatomy of the skin and subcutis

patterns and organisation of the blood and nerve supply of the relevant regions of the skin

pattern of relaxed skin tension lines over the whole body

pathogenesis of thromboembolic disease, and the prophylaxis and management of

these disorders selection of appropriate prophylactic antibiotics INTERMEDIATE should be able to demonstrate knowledge of: principles of bariatric surgery metabolic consequences of bariatric surgery pathogenesis, effects and management of tissue necrosis appropriate placement of incisions for best aesthetic outcome complications of skin-tailoring surgery principles of liposuction and know of the different devices and their relative risks and benefits effects of postoperative changes in body weight and pregnancy in this group of patients pathology and principles of fat grafting ADVANCED should be able to demonstrate knowledge of: psychological condition of dysmorphophobia condition of monosymptomatic hypochondriacal psychosis psychosexual impacts of body image disorder patterns of acquired skin excess syndromic abnormalities of skin laxity forms of lipodystrophy and lipedema its patterns and presentations specific complications of the various techniques of liposuction techniques, donor sites and morbidity of fat grafting the developing research into trophic/non-volumetric effects of fat grafts CLINICAL SKILLS and ATTITUDES BASIC should be able to demonstrate ability to: assess and deliver non-operative management of the acute surgical patient take history to include features relevant to the assessment and management of body contour problems examine the patient with reference to patterns of skin excess and laxity to include assessment and documentation of symptomatically unpleasing body contours INTERMEDIATE should be able to demonstrate ability to: undertake clinical assessment for the perceived deformities covered in this module translate presenting complaints into an appropriate plan for potential intervention recognise the patient seeking treatment of obesity by body contouring ADVANCED should be able to demonstrate ability to: make a surgical plan for the individual patient in respect of conditions covered in this module using skills of analysis and judgement assess the psychological suitability for body contouring surgery and appropriately refers for psychological advice as necessary perform risk-benefit analysis of non-pathological based surgery counsel and consent a patient for an episode of body contouring surgery

communicate the range of secondary effects of a given operation and suggest adjuvant procedures or alternative techniques

accurately assess local volume excess and translate that into a plan for liposuction recognise lipodystrophies, including lipedema

recognise local fat deficiencies which will benefit from fat grafting

recognise and counsel the unrealistic patient

explain to patient when body contouring surgery not in best interests of patient

deal with disappointment and postoperative dissatisfaction

**TECHNICAL SKILLS AND PROCEDURES** 

BASIC should be able to perform or manage:

wound management and dressing care

management of the necrotic wound and its defect

range of wound closure techniques

application of closed suction drainage

**INTERMEDIATE** should be able to perform or manage:

various patterns of abdominoplasty

correction of lax abdominal musculature

regional liposuction

scar revision including management of the 'dogear'

fat graft harvest and preparation of fat grafts

undertakes local lipofilling with fat graft

ADVANCED should be able to perform or manage:

modified abdominoplasty in the presence of unfavourable abdominal scarring

brachioplasty

**BELT/body lift** 

buttock lift

thigh lift

liposuction of the arms or distal to the mid-thigh, major circumferential liposuction complex combination procedures

major staged fat graft for general contour restoration

secondary contouring procedures to correct unsatisfactory results

# NON-SURGICAL REJUVENATION

#### OBJECTIVE

Acquire competence in the management of the aesthetic patient using non-surgical enhancement techniques

#### KNOWLEDGE

#### BASIC should be able to demonstrate knowledge of:

anatomy and physiology of skin including classification of skin types

normal ageing changes of skin including changes related to sun exposure

range of products and non-surgical techniques available for non-surgical rejuvenation

the role of these techniques, the indications for use as sole techniques and as adjuncts to other surgical procedures

#### INTERMEDIATE should be able to demonstrate knowledge of:

specific patterns of ageing in different parts of the body with emphasis on face, neck and hands

biology of scarring, pigmentation changes, and their modulation

factors and conditions that may cause premature ageing including smoking and substance abuse

mechanism of action, effects and duration of action of the products and techniques used for non-surgical rejuvenation. Specifically, the range of preparations of botulinum toxin, dose schedules and how to achieve complete and partial temporary paralysis of selected muscle groups

the various filler injection preparations on the market and the literature regarding outcomes of the same (permanent, semi-permanent and temporary fillers)

different types of lasers available for aesthetic enhancement, their potential applications, mechanism of action, treatment schedules and usage

#### ADVANCED should be able to demonstrate knowledge of:

racial differences in skin type and the differences in response by skin type to the interventions described in this module

complications of use of non-surgical techniques including use of hydroxyquinones, botulinum toxin overuse, scarring from chemical peel, laser

regulatory framework for supply of relevant products on named patient basis. Know about the regulation of non-surgical rejuvenation including the legislation and safety requirements on the use of lasers.

#### CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

elicit relevant features in patient history including the specific concerns of the patient identify and enumerate the features of facial ageing and examines the skin and underlying tissues to demonstrate those features

#### INTERMEDIATE should be able to demonstrate ability to:

identify evidence of previous treatments including active botulinum toxin, stigmata of laser resurfacing / dermabrasion / microdermabrasion

formulate management plan for the optimal enhancement of the facial aesthetic patient by non-surgical techniques

optimize the sequencing of the recommended treatments

undertake basic functional and psychological assessment of patient's needs

show ability to take clinical photographs and catalogue within the legislative framework of the Data Protection Act, and offer appropriate explanation to patient regarding the safeguarding and use of their images

ADVANCED should be able to demonstrate ability to:

record the patient's pretreatment status and progress using charts

formulates management plan for use of techniques in the patient who has previously undergone facial rejuvenation surgery including amelioration of the unsatisfactory result by non-surgical means

demonstrate planning and prescription of dermatological formulations in the form of skin care regimen for skin stimulation and skin lightening (tretinoin based / glycolic acid based)

modify the original prescription of dermatological formulations based on patient response

Early recognition of dermal filler complications

Acute management of dermal filler complications (Hyaluronidase injection etc.)

#### TECHNICAL SKILLS AND PROCEDURES

**BASIC** should be able to perform or manage:

injection techniques to the facial area

steroid injection for hypertrophic or keloidal scar

filler injections for facial rhytids or small depressed scars

**INTERMEDIATE** should be able to perform or administer:

botulinum toxin injections to glabella, forehead, periorbital, perioral and cervical areas for targeted muscle paralysis

ADVANCED should be able to perform or manage:

Should be able to perform

laser resurfacing treatment for skin resurfacing including fractionated CO2, erbium, NdYAG (hair removal)

chemical peel for facial rejuvenation using trichloroacetic acid / glycolic acid

micropigmentation techniques for aesthetic enhancement

microneedling for refinement of mature scar

#### Breast Surgery BASIC SCIENCES AND BREAST ASSESSMENT

#### OBJECTIVE

Acquire competence in basic sciences pertinent to the breast and competence in clinical diagnosis and investigation

#### KNOWLEDGE

#### BASIC should be able to demonstrate knowledge of:

topographical and segmental anatomy of the breast, vascular neural and lymphatic supply/drainage of breast, anatomy of chest wall, abdomen and axilla

lymphatic system physiology

embryology of breast

endocrine physiology and endocrine effects on the breast at puberty, pregnancy, lactation, menopause and in mastalgia

effect of hormonal therapeutics on the breast (OCP, HRT, selective estrogenreceptor modulators & aromatase inhibitors)

INTERMEDIATE should be able to demonstrate knowledge of:

developmental abnormalities - accessory nipples, accessory breast tissue

concept and limitations of triple assessment

ADVANCED should be able to demonstrate knowledge of:

breast aesthetics (including breast measurements), breast asymmetry, breast hyperplasia, hypoplastic breast syndromes including Poland's syndrome, chest wall deformities, associated limb abnormalities

#### CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

take a focused breast history related to any breast symptom

examine the breast and axilla

request component investigations of triple assessment, and ensure that results are discussed at breast MDT

accurately record diagnostic findings

INTERMEDIATE should be able to demonstrate ability to:

arrange non-standard investigations required to assess breast symptoms following inconclusive initial results

interpret mammogram and ultrasound findings

interpret significance of cytological and histological biopsy reports

plan treatment algorithms for conditions in this module

ADVANCED should be able to demonstrate skills of:

analysis and diagnostic synthesis, judgement, and surgical planning

#### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

free-hand and ultrasound guided lesion Fine Needle Aspiration (FNA)

free-hand core biopsy

punch biopsy of skin / nipple

INTERMEDIATE should be able to perform or manage:

surgical excision biopsy

ultrasound guided core biopsy

ADVANCED should be able to perform or manage:

vacuum assisted mammatome biopsy

# **BREAST CANCER**

#### OBJECTIVE

Acquire competence in the diagnosis, assessment and management of all types of breast cancer. Includes management of premalignant conditions of the breast and screening for breast cancer.

#### KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

epidemiology, histological classification and sub-types of invasive disease and DCIS

staging of breast cancer (UICC – TNM)

prognostic factors (tumour and patient-related) and implications for patient treatment recommendations Breast cancer MDT dataset

male breast cancer,

breast screening delivery, patient flow, quality assurances and criticisms/limitations

principles of screening programmes within a population

INTERMEDIATE should be able to demonstrate knowledge of:

indications for primary medical therapy

rationale for neo-adjuvant chemotherapy / endocrine therapy including evidence and limitations

indications and contraindications for mastectomy and BCS and appropriate selection of axillary surgery (SLNB versus ALND)

oncoplastic techniques (therapeutic mammoplasty / IBR/SSM & NSM)

complications of surgery and their management

adjuvant therapies including chemotherapy, radiotherapy, endocrine therapy and biological therapies, specifically common regimes, indications, complications and side effects and supporting evidence

cancer biology – specifically with regards to hormonal and growth factors / receptors and tumour metastasis

palliative treatment options for breast cancer

ADVANCED should be able to demonstrate knowledge of:

breast cancer genetics, specifically identified gene abnormalities and conditions associated with breast cancer (e.g., BRCA1- BRCA2, TP53, Cowdens Syndrome, Bananyan Zonanan Syndrome, CHEK2, HNPCC etc)

relevance of family history in breast cancer, the role of the family history clinic and specific referral criteria

models for estimating individual risk (Gail model, Bodicea, Klaus, Tyrer-Cuzick)

non-surgical and surgical risk reduction strategies and supporting evidence

management and follow-up of non-malignant high risk breast lesions

current and important adjuvant and neo-adjuvant historical trials (clinical / surgical, chemotherapy, radiotherapy and hormonal)

pregnancy associated breast cancer and its management

#### **CLINICAL SKILLS and ATTITUDES**

#### BASIC should be able to demonstrate ability to:

take a focussed breast history including presenting complaint, family history, elicit risk factors and identify co-morbidities important in treatment planning

examine the breast, nodal basins and relevant distant sites where metastasis suspected

initiate appropriate initial investigations as part of triple assessment

recognise the importance of, and work effectively within, the breast multidisciplinary team

#### **INTERMEDIATE** should be able to demonstrate ability to:

interpret mammogram and sonographic findings

recognise uncommon presentations of breast cancer (Pagets disease, inflammatory carcinoma)

assess and manage patients presenting with locally advanced disease

recognise where further mammographic views or MRI may be required and request these appropriately

develop and record management plan for the patient and discuss rationale for management of common scenarios with patients in conjunction with dedicated Breast Care Nurse

#### ADVANCED should be able to demonstrate ability to:

interpret MRI findings and use these in treatment planning

undertake skilful discussion of cancer diagnosis with patients

discuss complex treatment scenarios with patients including discussion of all options, advantages and disadvantages and take informed consent

#### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

appropriate pre-op skin prep and draping and antibiotic prophylaxis

palpable excision biopsy, palpable wide local excision

sentinel lymph node biopsy, dual modality and blue dye only

node sample in centres where SNB not employed

simple mastectomy

#### INTERMEDIATE should be able to perform or manage:

wire/radiologically localised excision of impalpable lesion

skin-sparing mastectomy

axillary lymph node dissection (level 3) both primary and delayed

ADVANCED should be able to perform or manage:

axillary lymph node dissection for disease recurrence

skin and nipple preserving mastectomy

therapeutic mammoplasty, immediate breast reconstruction procedures appropriate to parent specialty

oncoplastic procedures: volume displacement / volume replacement

# **BENIGN BREAST CONDITIONS**

#### OBJECTIVE

Acquire competence in the diagnosis and management of benign breast conditions **KNOWLEDGE** 

#### BASIC should be able to demonstrate knowledge of:

pathophysiology and presentation of mastalgia, fibroadenoma, breast cysts, papilloma, benign nipple discharge, duct ectasia, periductal mastitis, mammary duct fistula and breast sepsis (lactational and non-lactational) including microbiology

Phylloides tumour

gynaecomastia

involutional change of the breast

INTERMEDIATE should be able to demonstrate knowledge of:

relationship between systemic disorders, medication and lifestyle factors with breast symptoms (hyper-prolactinaemia, gynaecomastia, OCP, smoking),

benign pregnancy and lactational lesions of the breast (lactational adenoma, galactocoele).

#### ADVANCED should be able to demonstrate knowledge of:

Should be able to describe association between specific high-risk benign breast conditions with associated increased breast cancer risk

#### CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

take focussed breast history, eliciting factors associated with benign breast disease examine breast and axilla

examine systems associated with benign breast disease (endocrine, abdominal)

initiate appropriate investigations / triple assessment were indicated

#### **INTERMEDIATE** should be able to demonstrate ability to:

formulate management plan of benign breast pathology included in this module

interpret investigation findings and understand how they differ from findings in malignant disease

ADVANCED should be able to demonstrate skills of:

analysis and diagnostic synthesis, judgement and surgical planning for the conditions specified in this module.

#### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

free hand aspiration / surgical drainage of breast abscess

aspiration of cyst

benign lump excision

#### **INTERMEDIATE** should be able to perform or manage:

nipple eversion techniques

wire / image guided excision of lesion

ultrasound guided aspiration abscess

microdochectomy

major duct excision

fistula surgery

#### ADVANCED should be able to perform or manage:

ductoscopy

minimal access surgery

nipple eversion techniques

### SURGERY of the BREAST

#### OBJECTIVE

Acquire competence in the diagnosis, aesthetic assessment and safe management of all deformities and conformations of the breast, developmental and acquired, pathological and physiological.

Acquire proficiency in all aspects of breast reconstruction and subsequent revisional procedures.

Acquire facility in the psychological assessment of patients presenting for breast surgery

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

applied and surgical anatomy of the breast, its blood, nerve supply and function

development of the breast and congenital deformity, changes related to the age, and variations of breast form and associated structures

hormonal control of the breast and its pathology, when deranged

breast physiology in pregnancy and lactation

benign pathologies of the breast

presentation, clinical features of breast cancer, its staging, prognosis and management pathways

effect of ionizing radiation on the breast and implants

planning incisions on the breast

closure and management of breast wounds

#### ETR - PRAS

self-perception and self-consciousness in relation to breast conformation and
proportion including the social and sexual dimensions
pathology of deranged self-image
INTERMEDIATE should be able to demonstrate knowledge of:
content, structure, physical and biological properties of breast implants
spectrum of implants available and their applications
design, principles and applications of tissue expanders
nature, physiology and behaviour of implant capsules
management of capsular contractures
biology, implications, avoidance of and management of implant infection
various designs and approaches to breast augmentation and their applications
the issues surrounding breast size and its assessment
complications of breast augmentation and their management
various designs and patterns of breast reduction and mastopexy
complications and management of breast reduction/remodelling
principles, indications, and complications of fat grafting
presentation, aetiology, management and complications of gynaecomastia
ADVANCED should be able to demonstrate knowledge of:
assessment of envelope, volume and footprint in relation to breast asymmetry, both developmental and acquired
classification and management pathways of the tuberous breast
management pathways and choices in breast asymmetry
impact of breast reconstruction choices on symmetry
effect of time, ageing and pregnancy on breast asymmetry correction
various techniques of breast reconstruction, their applications, design and planning
complications of breast reconstruction
techniques for salvage of failed breast surgery
techniques for nipple reconstruction, including considerations of sequence and timing
features of dysmorphophobia
psychosexual dimension in aesthetic breast surgery
CLINICAL SKILLS and ATTITUDES
BASIC should be able to demonstrate ability to:
assess and undertake non-operative of the management of the acute surgical patient
take a targeted breast history
perform patient examination including breast examination with reference to aesthetic considerations INTERMEDIATE should be able to demonstrate ability to:
manage patients with the algorithms for the procedures covered in this section
including investigations

#### ADVANCED should be able to demonstrate ability to:

skills of analysis and diagnostic synthesis, judgement, surgical planning

assess and accurately record aesthetic concerns about the breast

formulate management plans in relation to aesthetic interventions

clearly explain, consent and counsel potential patients for aesthetic breast surgery

assess the psychological suitability for aesthetic breast surgery and appropriately refer for expert psychological advice as necessary

undertake risk benefit analysis of non-pathological based surgery

deal with disappointment and postoperative dissatisfaction

#### TECHNICAL SKILLS AND PROCEDURES

#### BASIC should be able to perform or manage:

planning, execution and closing incisions on the breast with reference to aesthetic principles and subunits

designing and conduction of excision of skin lesions of the breast

undertaking an aesthetic approach to removal of benign lesions of the breast

scar revision in aesthetic breast surgery

#### **INTERMEDIATE** should be able to perform or manage:

correction of the inverted nipple (various techniques)

bilateral breast augmentation by various routes, in various planes

Wise pattern bilateral breast reduction

vertical pattern bilateral breast reduction

bilateral mastopexy of periareolar, vertical and Wise patterns

excision of gynaecomastia, incorporating various forms of liposuction as appropriate

ADVANCED should be able to perform or manage:

correction of the spectrum of nipple deformities

unilateral or differential breast augmentation to attain symmetry

unilateral or asymmetric breast reduction in pattern or volume to attain symmetry

synchronous mastopexy and breast augmentation in several patterns

correction of tuberous breast by combinations of mastopexy, augmentation or tissue expansion

unilateral or differential mastopexy in pattern or extent to attain symmetry

revision procedures following previous aesthetic surgery of the breast

aesthetic surgery of the breast as above in patients with previous breast cancer or irradiation

fat grafting for the deformities of the breast

### BREAST RECONSTRUCTION IMPLANT BASED TECHNIQUES

#### OBJECTIVE

Acquire competence in implant-based reconstruction including indications, technique and management of complications

#### KNOWLEDGE

#### BASIC should be able to demonstrate knowledge of:

indications and contraindications to implant based reconstruction

surgical anatomy of implant / expander based reconstructive procedures

alloplastic materials and tissue interface

dermal xenografts

**INTERMEDIATE** should be able to demonstrate knowledge of:

advantages and disadvantages in comparison to autologous based reconstruction

range of devices available

implant infection and management

implant extrusion

capsular contracture

aetiology, classification, role of DXT and management, - historical development and controversies

Breast Implant-Associated Anaplastic Large Cell Lymphoma (BIA-ALCL)

Breast implant-Associated Squamous Cell Carcinoma (BIA-SCC)

ADVANCED should be able to demonstrate knowledge of:

staged procedures – single and two stage: advantages and disadvantages adjunctive biological technologies

outcome of implant-based reconstruction

relevant literature

CLINICAL SKILLS and ATTITUDES

#### BASIC should be able to demonstrate ability to:

assess suitability for implant-based reconstruction and alternatives

identify pre-operative factors which can be optimized prior to surgery (smoking, systemic disease)

INTERMEDIATE should be able to demonstrate ability to:

consent patients describing full range of potential complications and set realistic expectations.

ADVANCED should be able to demonstrate ability to:

select appropriate implants / expanders for patients, recognise post-operative complications and formulate associated management plans.

#### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

orient devices and prepare appropriately

explain issues regarding antibiotics, drains, changing gloves

use electric operating tables

protect pressure areas

prevent nerve injuries / neurapraxia

INTERMEDIATE should be able to perform or manage:

creation and closure of sub-pectoral pocket

subpectoral pocket including total sub-muscular cover

two stage reconstruction using TEX and subsequent exchange for FVI.

ADVANCED should be able to perform or manage:

preoperative marking of patient

single staged reconstruction using FVI and dermal xenograft sling

inferior dermal sling to achieve implant cover

identification and correction of aesthetic deficiencies as secondary procedures

nipple reconstruction techniques (see under Module 5)

single staged prepectoral breast reconstruction with FVI

# BREAST RECONSTRUCTION AUTOLOGOUS TISSUE BASED TECHNIQUES

#### OBJECTIVE

Acquire competence in autologous tissue-based breast reconstruction including indications, technique and management of complications.

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

classification of flaps (random versus axial / muscle flap - Mathes and Nahai / type of tissue being transferred)

factors affecting outcome in flap surgery (patient related, operative, adjuvant therapy related)

principles of flap surgery (replace "like with like," reconstructive units, back-up plan and "lifeboat," donor site considerations)

principles of microsurgery

INTERMEDIATE should be able to demonstrate knowledge of:

relevant surgical anatomy and neurovascular supply of flaps used in breast reconstruction (LD, Abdominal wall, I/S GAP, TUG, TDAP),

concept of angiosomes, specifically in reconstructions using abdominal free flaps,

indications and contraindications for Immediate Breast Reconstruction (IBR) and Delayed Breast Reconstruction (DBR) – preoperative factors to be considered in decision making,

tissue effects of DXT.

psychological impact of IBR and DBR, - advantages and disadvantages in comparison with implant-based reconstruction,

pre-operative investigations for specific flaps,

complications of autologous tissue reconstruction including donor site morbidity.

ADVANCED should be able to demonstrate knowledge of:

long term outcomes of breast reconstruction

assessment of outcome (clinical / PROMs)

reconstruction in prophylactic surgery

partial breast reconstruction

nipple reconstruction techniques

flap salvage and options following failure

lipomodelling in reconstruction (indications, complications and controversies – stem cells, mammographic follow-up)

relevant literature

**CLINICAL SKILLS and ATTITUDES** 

#### BASIC should be able to demonstrate ability to:

take history eliciting factors important for decisions regarding suitability / type of autologous reconstruction

maintain clear documentation in the notes in the post-operative period

#### **INTERMEDIATE** should be able to demonstrate ability to:

assess suitability for IBR vs DBR

discuss advantages and disadvantages of reconstruction - specifically setting of realistic expectation, reconstruction as a process, template in-patient stays and complications

describe importance of informed consent and joint decision making

manage complications of surgery in clinic (wound, seroma)

manage patients appropriately in post-operative period

ADVANCED should be able to demonstrate ability to:

identify patients not suitable for autologous reconstruction (physical and psychological contraindications)

undertake appropriate post-operative assessment of (free) flaps

plan algorithms for managing complications

#### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

positioning of patient on operating tissue

protection of pressure areas

prevention of nerve injuries / neurapraxia

skin preparation, draping and antibiotic prophylaxis

selection / arrangement of appropriate level of post-operative care

use of electric operating tables

#### **INTERMEDIATE** should be able to perform or manage:

pre-operative marking of patient

raising pedicled autologous flaps including latissimus dorsi

in-setting of flap

ADVANCED should be able to perform or manage:

preoperative marking up of patient

nipple reconstruction techniques (nipple sharing procedures, local flaps, tattooing) raising pedicled autologous TRAM or DIEP flap

free-flap techniques	
microvascular anastomoses	
flap salvage for failing flaps	
flap shaping techniques	
flap revision techniques	
lipomodelling for correction of resectional defects	
lipomodelling in breast reconstruction	

# Burns

# BURNS CLASSIFICATION, PRIMARY MANAGEMENT, and TRANSFER

#### OBJECTIVE

Acquire competence in the initial management of patients with burns in the emergency department and their transfer to an appropriate burn facility/unit/centre.

#### KNOWLEDGE

BASIC should be able to:

describe in detail the knowledge required to manage the acutely unwell adult and child, and the emergency management of acute burns:

Should demonstrate knowledge of:

anatomy of the body surface, physiology, pathophysiology of burn injury

factors influencing burn healing

blood supply of skin

the timing and rationale for antibiotic use

timing of initial surgery

appropriate pre-operative investigations

classification of burn injury

resuscitation options

importance of specialist centres, MDT and interdisciplinary communication, especially with anaesthetic and paediatric colleagues

the role of other members of team including microbiologists, physiotherapy, occupational therapy

paediatric fluid regimes

features and management of toxic shock syndrome

an overview of non-accidental injury

#### **INTERMEDIATE** should be able to demonstrate knowledge of:

differing roles of burn facilities, units and centres and

integration with Major Trauma Centres

pathophysiology of burns and their classification

management of specific injuries e.g., inhalation, chemical and electrical burns

non-accidental injury

various transfer options available for the burn patient

#### ADVANCED should be able to demonstrate knowledge of:

management of the multiply injured burn patient

controversies and issues arising as a result of a decision not to resuscitate

other protection issues

the impact of disfigurement, the consequences of an altered appearance, what it involves psychologically and socially, and the impact of an individual's body image on their life and that of their family.

the process by which an individual can successfully adjust to disfigurement and explain how the multidisciplinary team can assist with that process.

#### CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

elicit burn-related history

assess and plan the non-operative management of burn injury

recognise life-threatening injuries

perform examination to including assessment of severity (extent and depth) of injury

assess vascular status of limb

assess the presence of compartment syndrome

**INTERMEDIATE** should be able to demonstrate ability to:

prepare a range of management options for the conditions covered in this module

work with other agencies in non-accidental injury

ADVANCED should be able to demonstrate ability to:

skills of analysis and diagnostic synthesis, judgement, surgical planning relevant to the subjects specified in this module.

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

assessment of burn area and depth

adjunctive techniques for depth assessment

escharotomy and fasciotomy

application and change of burn dressings

**INTERMEDIATE** should be able to perform or manage:

ability to use epidermal substitutes

ADVANCED should be able to perform or manage:

airway management including performing tracheostomy

stabilising associated injuries and bleeding

# **BURNS RESUSCITATION and CRITICAL CARE**

#### OBJECTIVE

Acquire competence in the initial resuscitation of a burn patient and ongoing critical care.

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

options for airway management

pathophysiology of burn shock

resuscitation regimes

wound dressings

pathophysiology of inhalation injury

INTERMEDIATE should be able to demonstrate knowledge of:

principles of early burn debridement

principles and management of burns and the relevance to subsequent soft tissue reconstruction

relevance of pharmacological interventions including antibiotics and inotropes

management of inhalation injury including bronchoscopy

metabolic response to the burn injury

palliative care in respect of the burn patient

PHDU practices

ADVANCED should be able to demonstrate knowledge of:

microbiology of burns

principles of ventilation

nutritional support

**PICU** practices

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

assess burn injury

manage large burn wounds

apply temporary dressings e.g., negative pressure

INTERMEDIATE should be able to demonstrate ability to:

manage more complex burns

resuscitate burns with TBSA <40%

explain the problems associated with the extremes of age and of polytrauma

prescribe appropriate antibiotics (antibiotic stewardship)

undertake nutritional management of burns patients

provide detailed advice on the treatment pathway within the context of the relevant MDT

ADVANCED should be able to demonstrate ability to:

recognise injuries that would benefit from primary amputation

manage the metabolic response

resuscitate burns with TBSA >40%

**TECHNICAL SKILLS AND PROCEDURES** 

BASIC should be able to perform or manage:

endotracheal intubation

appropriate pre-washing and prepping burn during dressing change

escharotomy and fasciotomy

application of a range of burns dressings e.g., Biobrane, Flamazine

INTERMEDIATE should be able to perform or manage:

elective tracheostomy

adequate debridement of injured soft tissues to achieve a stable wound approaching elective conditions (including fascial excision)

planning of future soft tissue reconstruction

ADVANCED should be able to perform or manage:

endotracheal intubation

bronchoscopy

basic ventilator management,

amputation of non-salvageable limbs

# BURNS EARLY SURGERY

# OBJECTIVE

Acquires competence in the planning and execution of appropriate early surgery in burns

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

anatomy of skin

classification of burn injury by zones

benefits and disadvantages of both early excision and conservative management

**INTERMEDIATE** should be able to demonstrate knowledge of:

options available for early surgery

requirements of special sites

principles of management of more complex injuries, including polytrauma

planning and prioritising treatment within an MDT setting

ADVANCED should be able to demonstrate knowledge of:

management of more complex injuries, and polytrauma

surgical management of the burn

principles and use of dermal and epidermal substitutes

principles of cell culture

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

clinically assess burn injuries and demonstrates recognition of injury patterns

use simple management techniques including use of appropriate dressings

prescribe appropriate antibiotics,

plan burn excision and grafting

use of epidermal substitutes such as Biobrane™

**INTERMEDIATE** should be able to demonstrate ability to:

formulate management algorithms for the common patterns of burn injury

plan total and staged burn excision and grafting

apply psychological assessment tools for evaluation of psychological needs (patient questionnaires)

ADVANCED should be able to demonstrate ability to:

formulate management algorithms for complex burn injuries,

arrange patient-centred care with patient as partner in the process, providing realistic information and guiding patient decision-making regarding choices available and timing of those treatments,

manage and lead the multi-disciplinary teams in respect of provision of psychosocial care

be able to arrange the care pathway that supports an individual to successfully adjust to disfigurement through giving the individual and family specific life-skills. These include the patient being provided with information about their condition and its treatment, developing a positive outlook/belief system, learning to cope with their feelings, exchanging experiences with others who've "been there" and social skills training to manage other people's reactions.

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

dressings care

skin grafts of small to moderate areas

INTERMEDIATE should be able to perform or manage:

skin grafts of large areas

plan and raise flaps where grafts are not appropriate

early excision of paediatric burns to prevent systemic upset

ADVANCED should be able to perform or manage:

resurfacing procedures using temporary skin cover

resurfacing using skin substitutes

limb amputations

# **BURNS LATE SURGERY**

#### OBJECTIVE

Acquire competence in later burn management including the planning and execution of reconstructive surgery

#### KNOWLEDGE

#### **BASIC** should be able to perform or manage:

anatomy of skin and soft tissues,

pathophysiology of hypertrophic scars and keloids,

principles of scar management,

effect of growth on burn scars,

use of grafts and local flaps.

INTERMEDIATE should be able to perform or manage:

indications for use of skin substitutes, distant flaps and free flaps,

stages of bereavement associated with loss of body image and the clinical and psychological supports that can be put in place to assist the patient cope with that loss.

## ADVANCED should be able to perform or manage:

principles of management of more complex injuries

surgical options for late reconstruction

novel therapies.

CLINICAL SKILLS and ATTITUDES

#### BASIC should be able to demonstrate ability to:

clinically assess burn scars and contractures demonstrating recognition of injury patterns

use simple management techniques including use of splints and pressure garments plan release of burn scars using grafting and local flaps

**INTERMEDIATE** should be able to demonstrate ability to:

formulate management algorithms for the common patterns of burn scarring

plan for the use of skin substitutes, distant flaps and free flaps

ADVANCED should be able to demonstrate ability to:

describe detailed management algorithms for complex burn injuries

show understanding of the complexities of burn injury reconstruction in patients with polytrauma and significant co-morbidities

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

burn scar grafting and local flaps including the Z-plasty and its variations

# **INTERMEDIATE** should be able to perform or manage:

using skin substitutes and distant flaps of small and medium areas

# ADVANCED should be able to perform or manage:

resurfacing with skin substitutes, distant flaps and free flaps of medium and large areas

late major amputations

# BURN SEQUELAE: MANAGEMENT of BURNS INFECTION and other COMPLICATIONS

# OBJECTIVE

Acquire competence in the diagnosis and management of burn infections and other complications

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

the microbiology of burns

INTERMEDIATE should be able to demonstrate knowledge of:

metabolic derangement occurring in the burn patient

concept and practice of antibiotic stewardship

ADVANCED should be able to demonstrate knowledge of:

antibiotic and antiseptic regimens and their rationale

controversies regarding metabolic management

multi-organ effects and systemic disturbance caused by burns

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

undertake wound assessment

INTERMEDIATE should be able to demonstrate ability for:

the clinical assessment and management algorithms for the infections and other burn complications

ADVANCED should be able to demonstrate ability to:

clinically assess the unstable complex burn patient

make decisions on appropriate management issues

interpret the range of investigations in the unstable complex burn patient to formulate management plans

manage the iatrogenic injury

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to:

undertake surgical management of wound infection

**INTERMEDIATE** should be able to perform or manage:

radical excision of burn wound for infection.

# ADVANCED should be able to perform or manage:

amputation and other life-saving surgery in the case of infection and other complications

# PAEDIATRIC BURNS

#### OBJECTIVE

Acquire competence in the diagnosis and management of paediatric burns and the recognition of the need for multidisciplinary management

#### KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

requirements are as per modules 1-5, in the context of the paediatric patient

as defined by PALS/APLS

paediatric fluid regimens

toxic shock syndrome

non-accidental injury

#### INTERMEDIATE. should be able to demonstrate knowledge of:

As per modules 1-5, in the context of the paediatric patient

PHDU practices

#### ADVANCED

As per modules 1-5, in the context of the paediatric patient.

other child protection issues

**PICU** practices

CLINICAL SKILLS and ATTITUDES

## BASIC should be able to demonstrate ability to:

As per modules 1-5, in the context of the paediatric patient

Works with other agencies in the event of non-accidental injury

INTERMEDIATE should be able to demonstrate ability to:

As per modules 1-5, in the context of the paediatric patient

work with the paediatric elements of the MDT

Apply the law in respect of non-accidental injury and communicates with appropriate parties

ADVANCED should be able to demonstrate ability to:

As per modules 1-5, in the context of the paediatric patient

## TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to:

As per modules 1-5, in the context of the paediatric patient

apply Biobrane<sup>™</sup> and similar dressings

#### **INTERMEDIATE** should be able to:

As per modules 1-5, in the context of the paediatric patient

#### ETR - PRAS

perform early excision of burns to prevent systemic upset

#### ADVANCED should be able:

As per modules 1-5, in the context of the paediatric patient

# Chest wall

# CHEST WALL RECONSTRUCTION

### OBJECTIVE

Acquire competence in the diagnosis and management of congenital and acquired defects of the chest wall.

# KNOWLEDGE

#### BASIC should be able to demonstrate knowledge of:

anatomy and physiology of the chest wall and respiratory mechanics

common cardiothoracic procedures, their access (e.g., median sternotomy, lateral thoracotomy) and potential complications (e.g., mediastinitis, empyema, bronchopleural fistula)

indications for skeletal reconstruction in chest wall defects

INTERMEDIATE should be able to demonstrate knowledge of:

congenital chest wall deformities e.g., Poland's syndrome, pectus carinatum and pectus excavatum

local and regional flaps utilised in chest wall reconstruction and their anatomy

pathophysiology of median sternotomy breakdown and a classification for median sternotomy wounds

ADVANCED should be able to demonstrate knowledge of:

potential impact of chest wall defects on respiratory physiology

strategies for management of non-collapsible chest cavity dead space and bronchopleural fistula

prosthetic materials used in chest wall reconstruction

the effects of radiation on the chest wall and the pathophysiology of osteoradionecrosis

omental flap in chest wall reconstruction

free tissue transfers in chest wall reconstruction

techniques for repair of congenital pectus deformities

techniques for salvage of failed chest reconstruction

## CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

communicate and plan with other specialties to organise patient care

undertake clinical assessment of a median sternotomy wound

undertake clinical assessment of a chest wall soft tissue tumour

INTERMEDIATE should be able to demonstrate ability to:

formulate a holistic management plan for an individual with a chest wall defect

undertake clinical assessment of a congenital chest wall deformity

consent a patient for chest wall reconstruction, discussing advantages and disadvantages of reconstructive options and detailing possible complications

manage complications of chest wall reconstructive surgery appropriately

# ADVANCED should be able to demonstrate ability to:

clinically assess complex reconstructive cases, including salvage reconstruction, and formulate an appropriate multi-disciplinary management plan

formulate a care pathway for an individual with a congenital chest wall deformity, including provision of psycho-social care as well as a holistic management plan that considers the aesthetic as well as functional consequences of the condition and subsequent treatment

# TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage to:

apply a negative pressure dressing to a chest wall defect

perform skin grafting to a chest wall defect

perform a range of local skin flaps for a chest wall defect

INTERMEDIATE should be able to perform or manage:

primary debridement of a chest wall wound

pectoralis major and rectus abdominis pedicled muscle flaps for median sternotomy coverage

ADVANCED should be able to perform or manage:

fasciocutaneous / musculocutaneous / muscle-only flap reconstruction for thoracic defects (e.g., serratus anterior, trapezius, latissimus dorsi or parascapular flaps).

reconstruction of defect with omental flap (in concert with general surgery colleague)

# Cleft Lip / Palate

# PRIMARY MANAGEMENT of CLEFT LIP and NOSE

## OBJECTIVE

Acquire competence in the management of the unrepaired cleft lip and nose deformity

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

surgical anatomy, pathological anatomy, embryology and basic genetics of facial clefting and associated anomalies

past and current and protocols for repair of cleft lip and palate

content of the Paediatric Intermediate Life Support Course or EPILS (European Paediatric Immediate Life Support) Course, and ability to resuscitate a child

criteria that would constitute grounds for admission to Intensive Care Unit

issues of non-accidental injury and child protection. Know the referral pathways for protection of the 'at-risk' child

# INTERMEDIATE should be able to demonstrate knowledge of:

the different techniques for cleft lip and nose repair

timelines and sequence of operative procedures

ADVANCED should be able to demonstrate knowledge of:

history of cleft lip and nose repair, and the outcomes as well as the means of measurement of outcomes for cleft lip and nose repair

characteristic anatomical elements of the neonatal airway, and basis for tracheostomy in emergency circumstances where airway cannot be maintained mechanically

alternatives for timing of different sequences and operations for repair of the cleft lip and nose

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

take care of the pre and post-operative patient/child undergoing cleft surgery including assessment for anaesthetic risk factors, postoperative fluid management, antibiotic prescribing,

manage a nasopharyngeal airway both in the peri-operative environment, and postoperatively

take informed consent for the procedures covered in this module,

use the operating microscope,

present cases within the Cleft MDT.

**INTERMEDIATE** should be able to demonstrate ability to:

counsel parents of new patients including those following ante-natal scan diagnosis, plan appropriate treatment schedule within the context of the cleft MDT.

ADVANCED should be able to demonstrate ability to:

formulate a management plan within the MDT as a fully integrated member of the team,

communicate with patients/families,

maintain and demonstrate the skills articulated in Advanced Paediatric Life Support /PALS,

recognise signs of non-accidental injury, risk factors, and family pathology

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to:

mark up a cleft lip repair according to one of the currently accepted techniques

INTERMEDIATE should be able to perform or manage:

mark a cleft lip and nose repair. Should be able to perform some of the muscle dissection and elevation of a vomerine flap

ADVANCED should be able to perform or manage:

repair the cleft lip and nose according to one of the currently accepted techniques, vary a standard marking plan for subtle differences in the types of cleft lip or palate, perform (in order) nasal dissection, repair of mucosa and muscle, repair of ala base, placement of sutures for nasal suspension, lip closure, use of lengthening flaps, vermilion flap and mucosal balancing.

# SECONDARY REPAIR of CLEFT LIP and NOSE

#### OBJECTIVE

Acquire competence in the management of the previously repaired cleft lip and nose deformity.

#### KNOWLEDGE

## BASIC should be able to demonstrate knowledge of:

surgical anatomy, pathological anatomy and physiology of the cleft nose

rhinoplasty techniques for reconstruction of cleft nasal deformity

**INTERMEDIATE** should be able to demonstrate knowledge of:

facial morphology and aesthetics

basic cephalometric planning techniques

surgical approaches to the nose

rhinoplasty techniques relevant to cleft nose deformity

ADVANCED should be able to demonstrate knowledge of:

detailed knowledge of soft tissue flap and composite graft techniques for contour and scar modification.

understanding of muscle dissection methods and transposition to correct functional and aesthetic abnormalities,

Knowledge of cleft nasal defect to include familiarity with current literature on the same, and

detailed knowledge of elements of aesthetic rhinoplasty where applicable to cleft rhinoplasty.

## CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

correctly elicit patients' concerns and their perceptions of the conditions.

INTERMEDIATE should be able to demonstrate ability to:

Assess lip and nose deformity, including conditions around alveolar fistulae.

determine the optimum timing of surgery and decide on priorities for treatment communicate with the MDT,

Know when to recruit the help of a clinical psychologist.

ADVANCED should be able to demonstrate ability to:

skill in formulating a plan for surgical correction of secondary deformities of the cleft lip and nose within the context of the integrated (MDT) care of the patient.

# TECHNICAL SKILLS AND PROCEDURES

### BASIC should be able to perform or manage:

formulation of a design for correction of secondary deformities of the lip and nose skin markings

dissection of the lip

closure of rhinoplasty incisions

management of the cleft airway

**INTERMEDIATE** should be able to perform or manage:

formulation of designs for correction of secondary deformities of the lip and nose dissection and suture of lip, degloving of nose, and ala reduction

ADVANCED should be able to perform or manage:

design and execute complete revision of complex cleft deformity, including total lip revision and more subtle deformities in later years

(in order) the previous elements specified and proceeding to hump reduction with rasp, management of the septum, in-fracture, application of splint

full cleft rhinoplasty

# PRIMARY REPAIR OF CLEFT PALATE

# OBJECTIVE

Competence in the assessment, surgical management and aftercare of primary cleft palate.

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

anatomy, embryology and basic genetic of facial clefting and associated anomalies (as for Module 1)

knowledge of sequencing of procedures for cleft palate repair

INTERMEDIATE should be able to demonstrate knowledge of:

anatomical basis for surgical correction of palatal abnormalities

## ADVANCED should be able to:

detailed mechanisms of speech production, along with implications of various genetic conditions on speech (including Stickler's, 22q11 deletion, and other common disorders

surgical procedures for correction cleft palate with historic and common internationally-performed variations

## CLINICAL SKILLS and ATTITUDES

## BASIC should be able to demonstrate ability to:

take informed consent for the procedures specified in this module

care skilfully for the pre and post-operative cleft palate patient/child

use the operating microscope

manage a nasopharyngeal airway

INTERMEDIATE should be able to demonstrate:

proficiency in managing the child undergoing cleft palate repair of average complexity

# ADVANCED should be able to demonstrate:

proficiency to manage a child undergoing complex cleft palate repair including cases with associated disorders (syndromic cases), and cases with wide defects which generate significant postoperative potential airway and wound healing problems.

# TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

marking up a cleft palate repair

(in order) closure of oral layer, elevation of the oral layer in patients with isolated cleft palate

## INTERMEDIATE should be able to perform or manage:

(in order) elevation of the oral layer in patients with unilateral and bilateral cleft lip and palate, closure of the nasal layer

suturing of the oral layer in patients with cleft lip and palate.

## ADVANCED should be able to perform or manage:

repair of the palate and associated involved structures according to one of the currently accepted techniques (complete within timely manner)

muscle dissection, and demonstrate the vascular pedicle in repeated fashion

adaptations of the standard procedure for anatomical variation

# SECONDARY SPEECH SURGERY

# OBJECTIVE

To develop competence in the management of speech disorders associated with cleft palate and related disorders

## KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

the surgical anatomy, pathological anatomy and physiology of palatal function and abnormalities after cleft closure, including the pathophysiology of velopharyngeal incompetence (VPI)

the feeding mechanisms and relationship of infant feeding patterns to later speech development

the physiology of the middle ear, Eustachian tube and causes of deafness in the cleft patient

the clinical and investigative tools for examining speech development

the place of surgical and orthodontic assistance to treatment of speech disorder

INTERMEDIATE should be able to describe:

the range of normal speech development mechanisms and how these are at risk in cleft disorders

the impact of chronic otitis media on speech skills at school entry

the techniques used by speech and language therapists inputting into cleft management

the operations available for the amelioration of speech disorders including VPI **ADVANCED should be able to describe:** 

:

the indications for investigation of speech disorder, methods and limitations

the radiation protection protocols linked to such investigations

adult communication problems related to previous cleft palate repair and previous surgery for VPI

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

elicit speech disorders

consult with speech therapists

INTERMEDIATE should be able to demonstrate ability to:

interpret findings of nasendoscopy

assess likelihood of patient co-operation with nasendoscopy

formulate a treatment plan based on the nasendoscopy findings

ADVANCED should be able to demonstrate ability to:

interpret an audiogram and tympanometry study

describe the principles of brain stem evoked response audiometry

formulate an appropriate referral based on clinical history and audiogram

## TECHNICAL SKILLS AND PROCEDURES

## BASIC

Not applicable

## INTERMEDIATE

Should be able to perform:

nasendoscopy in the diagnosis of speech disorder

ADVANCED should be able to perform or manage:

skilful dissection of a previously repaired cleft palate as part of a correction for speech disorder

pharyngoplasty (various techniques)

# DENTO-ALVEOLAR DEFECT INCLUDING ALVEOLAR BONE GRAFTING

### OBJECTIVE

To develop competence in the management of alveolar defects associated with cleft lip and palate.

KNOWLEDGE

#### BASIC should be able to demonstrate knowledge of:

the evolution of secondary dentition

the clinical and investigative tools available to the orthodontist

the related investigations and the basis for treatment of the secondary dentition

the anatomy of various potential sites for cancellous bone graft harvesting

#### INTERMEDIATE should be able to describe:

options for orthodontic treatment

indications for pre-surgical orthodontic treatment

the role of Paediatric Dentists including the basics of oral and dental hygiene

the use of synthetic substitutes in dentoalveolar surgical practice

the methods of assessment of success of bone grafting

ADVANCED should be able to describe:

overview of surgical aspects of stomatological practice

principles of restorative dentistry, and role of such care within the holistic management of patients

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

make clinical assessment of the secondary dentition

function and communicate within the framework of the Cleft MDT

INTERMEDIATE should be able to demonstrate ability to:

consult appropriately with Orthodontic colleagues

consult with and refer to Paediatric and Restorative Dental colleagues

ADVANCED should be able to demonstrate ability to:

devise complete management plan for the preoperative and postoperative care of the patient undergoing alveolar bone grafting

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

harvesting of iliac bone graft.

**INTERMEDIATE** should be able to perform or manage:

low scar access when harvesting iliac bone graft

ADVANCED should be able to perform or manage:

closure of an alveolar fistula with appropriate technique.

# **ORTHOGNATHIC SURGERY / WORKING with the CLEFT MDT**

# OBJECTIVE

To acquire knowledge of the management of residual cleft deformity in adults including principles of orthognathic surgery and related assessment / investigation

To develop skills in participation in the Cleft MDT, including working with allied disciplines as a team member and team leader.

# KNOWLEDGE

# BASIC should be able to demonstrate knowledge of:

the range of residual deformities that pertain at the cessation of facial growth

the nasal septal deformities associated with clefting

the self-image problems extending into adult life

National guidelines for the diagnosis, treatment and follow up of cleft patients

INTERMEDIATE should be able to demonstrate knowledge of:

principles of orthognathic surgery including distraction osteogenesis

the role of the orthodontist in cleft care

the surgical principles of orthognathic appliances and their use in practice improving outcomes, guidance, and peer review

ADVANCED should be able to demonstrate knowledge of:

the surgical anatomy and pathological anatomy of the residual deformities of facial growth

the principal methods of use in orthognathics including distraction osteogenesis,

methodology for research and audit with respect to cleft practice in local, national and international settings

impact of disfigurement and altered appearance, what it involves psychologically and socially, and the impact of an individuals' body image on their life and that of their family,

the processes by which an individual can successfully adjust to disfigurement and explain how the multidisciplinary team can assist with that process.

# CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

assemble appropriate professionals to solve adults, concerns

communicate and refer within the specialist MDT

INTERMEDIATE should be able to demonstrate ability to:

undertake orthodontic measurement of midfacial growth

develop and record management plan for the patient and discuss rationale for management of common scenarios with patients and colleagues

analyse and develop diagnostic and surgical planning within the context of an MDT lead clinical discussion of cleft-related disorders for neonate, infant, pre-school, and

later ages following consultations

ADVANCED should be able to demonstrate ability to:

undertake appropriate referral and liaison with Orthodontists

to plan a program of orthognathic surgery including distraction osteogenesis

to discuss complex treatment scenarios with patients including discussion of all options, advantages and disadvantages and take informed consent

to lead whole clinic process for an entire MDT session

TECHNICAL SKILLS AND PROCEDURES

BASIC

Not applicable

INTERMEDIATE

Not applicable

ADVANCED

Not applicable

# Craniofacial Surgery CRANIOFACIAL GENERAL PRINCIPLES

# OBJECTIVE

Principles of the MDT and the 'Craniofacial Assessment'

e.g., Psychology of facial difference and speech and language assessment

Anatomy & Embryology of the craniofacial complex

Cephalometrics and facial analysis

Trauma

Emergency procedures

Surgical approaches to the craniofacial complex

KNOWLEDGE

## BASIC should be able to demonstrate knowledge of:

embryology of the pharyngeal arch development and syndromes arising from developmental pathology, and should be to demonstrate proficiency in the descriptive anatomy of head and neck

multidisciplinary assessment of 'The Craniofacial Patient' (parameters including visual, audiological, airway, speech, feeding, psychological and neurological)

content of the Paediatric Intermediate Life Support Course or EPILS (European Paediatric Immediate Life Support) Course, and ability to resuscitate a child.

criteria that would constitute grounds for admission to Intensive Care Unit

issues of non-accidental injury and child protection, and the referral pathways for protection of the 'at-risk' child

emergency diagnosis of elevated intracranial pressure (ICP) and/or intracranial haemorrhage

Should be able to describe the management of extravasation injuries **INTERMEDIATE should be able to demonstrate knowledge of:** 

technique of intermaxillary fixation

cephalometrics: skeletal and dental occlusal relationships, SNA angle, SNB angle, facial reference points

cephalometric characteristics of craniofacial syndromes e.g., Crouzon syndrome, Treacher Collins syndrome (TCS) and hemifacial microsomia (HFM), definition of anterior open bite, cross bites etc.

distraction osteogenesis: history and application: mandible, alveolus, midface, orbit and cranium

ADVANCED should be able to demonstrate knowledge of:

anatomy of surgical approaches to craniofacial skeleton and relevant local flaps (temporalis, superficial temporal etc)

facial analysis: choice of camera systems, CT, MRI and software analysis in surgical planning

Craniofacial Radiology – recognition of tumour and threats to neurological function

the multidisciplinary assessment of 'The Craniofacial Patient': specific tests – VEPs, sleep studies and psychological assessment scales

impact of disfigurement, the consequences of an altered appearance, what it involves psychologically and socially, and the impact of an individual's body image on their life and that of their family

the processes by which an individual can successfully adjust to disfigurement, and how the multidisciplinary team can assist with that process

# CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

care for the pre and post-operative patient/child undergoing craniofacial surgery including assessment for anaesthetic risk factors, postoperative fluid management, antibiotic prescribing,

manage the airway both in the perioperative environment, and post-operatively.

take informed consent for the procedures covered in this module,

present cases within the Craniofacial MDT

**INTERMEDIATE** should be able to demonstrate ability to:

counsel parents of new patients including those following antenatal scan diagnosis for relevant syndromes.

apply psychological assessment tools for evaluation of psychological needs (patient questionnaires),

plan appropriate treatment schedule within the context of the craniofacial MDT ADVANCED should be able to demonstrate ability to:

formulate a management plan within the MDT as a fully integrated member/leader of the team and be able to communicate with patients/families

manage and lead the multi-disciplinary teams in respect of provision of psychosocial care

arrange the care pathway that supports a child and his/her family to successfully adjust to disfigurement through giving the individual and family specific life-skills. These include, where appropriate, the patient being provided with information about their condition and its treatment, developing a positive outlook/belief system, learning to cope with their feelings, exchanging experiences with others who've "been there" and social skills training to manage other people's reactions

maintain and demonstrate the skills articulated in APLS/PALS

recognise signs of non-accidental injury, risk factors, family pathology

#### **TECHNICAL SKILLS AND PROCEDURES**

#### BASIC should be able to:

Trauma:

perform tracheostomy (emergency and percutaneous) and nasal packing for epistaxis

#### **INTERMEDIATE** should be able to perform or manage:

intermaxillary fixation

emergency management of retrobulbar haemorrhage

emergency management of elevated ICP and/or intracranial haemorrhage,

various surgical approaches to the craniofacial skeleton: coronal and upper and lower buccal sulcus incisions.

#### ADVANCED should be able to perform or manage:

Orthognathic surgery relating to craniofacial syndromes.

How to perform a Le Fort I +/- distraction osteogenesis, the sagittal split osteotomy, bimaxillary surgery, segmental orthognathic surgery, palatal expansion and segmental alveolar transport.

Distraction osteogenesis of the craniofacial skeleton.

Indications compared to traditional techniques.

Device selection and application of chosen distraction device at all levels of the craniofacial skeleton. Knowledge of outcome studies.

Implants and prostheses.

Choice of alloplastic material for inlays and onlays. Osseointegrated implant choice, sites and design in conjunction with maxillofacial prosthetist.

Surgical approaches to the craniofacial skeleton: McCord lid swing, transconjunctival, transblepharoplasty, transcaruncular, Weber-Ferguson and open rhinoplasty, transbuccal. Levels of Craniofacial access.

Craniofacial aesthetic surgery.

Endoscopic techniques, subperiosteal surgery, genioplasty, advanced rhinoplasty.

# CRANIOSYNOSTOSIS

#### OBJECTIVE

Management of single suture and syndromic craniosynostosis

KNOWLEDGE

#### BASIC should be able to demonstrate knowledge of:

surgical anatomy, pathological anatomy and pathophysiology of craniosynostosis common phenotypes and head shapes

positional vs synosteotic plagiocephaly: torticollis

INTERMEDIATE should be able to demonstrate knowledge of:

basic clinical genetics of craniosynostosis syndromes

recognition of different syndromic craniosynostoses (Apert, Crouzon)

strategies for the management of intracranial hypertension and its multifactorial influences

ADVANCED should be able to demonstrate knowledge of:

protocols of surgical management (Multidisciplinary: ENT, Ophthalmology, Neurosurgery etc)

indications for intervention: crisis, urgent, elective, aesthetic – both functional and psychological

indications and applications of distraction osteogenesis

indications for Fronto orbital refashioning (FOR),/Le Fort III, Monobloc and bipartition osteotomies, distraction vs bone graft techniques

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

explain to parents the challenges of these conditions at different stages of life from birth to adolescence

describe the impact on the family of the birth of a child with a craniofacial anomaly and provide or arrange support

INTERMEDIATE should be able to demonstrate ability to:

manage globe subluxation

manage the compromised airway

recognise elevated ICP

recognise complications of transcranial surgery

apply psychological assessment tools for evaluation of psychological needs (patient questionnaires)

# ADVANCED should be able to demonstrate ability to:

formulate plan for surgical correction of problems arising in patients with craniosynostosis

deploy the skills of the MDT appropriately

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to:

close a coronal incision

INTERMEDIATE should be able to perform or manage:

harvesting techniques for autologous grafts including iliac crest bone, rib, costochondral and cranial bone.

canthopexy, canthoplasty and eyelid balance, and

coronal flaps

# ADVANCED should be able to perform or manage:

major segmental osteotomies and advancements of the craniofacial complex

distraction osteogenesis

cranioplasties

frontoorbital surgery

frontofacial surgery

# **CRANIOFACIAL TUMOURS in ADULTS and CHILDREN**

# OBJECTIVE

Acquire competence in the management of adults with transcranial tumours (orbital, nasal, frontofacial, skull base) including SCC, BCC, melanoma.

Acquire competence in the basic principles of management of children with transcranial tumours

Acquire competence in the management of adults with transcranial tumours (orbital, nasal, frontofacial, skull base) including SCC, BCC, melanoma and olfactory neuroblastoma.

Acquire competence in the management of children with transcranial tumours (orbital, nasal, frontofacial, skull base) including orbitofacial NF, fibrous dysplasia / Cherubism /McCune Albright, teratomas, vascular lesions and anomalies, juvenile nasopharyngeal angiofibroma, haemangiomas, vascular malformations, dermoid cysts, nasal gliomas, ossifying fibromas, sarcomas including nerve and nerve sheath tumours

KNOWLEDGE

# BASIC should be able to:

describe common adult tumours e.g., BCC, SCC, melanoma, and their pathology, natural history and treatment protocols

# INTERMEDIATE should be able to demonstrate knowledge of:

other adult tumours – e.g., neurofibromatosis, neuroblastoma with their pathology, natural history and treatment protocols,

common paediatric tumours e.g., neurofibromatosis, fibrous dysplasia, teratomas and their pathology, natural history and treatment protocols,

differences in clinical behaviours between adult and paediatric tumours

adjunctive techniques e.g., interventional radiology and IMRT and chemo-irradiation,

complex craniofacial vascular anomalies and malformations

role of the surgeon in the MDT

role of palliation in adults and children

management of end of life

# ADVANCED should be able to demonstrate knowledge of:

applied surgical anatomy, segmental resection and reconstruction (alloplastic, autologous, microsurgical), functional preservation, aesthetic techniques,

rare transcranial tumours and related contemporary literature

management of the facial nerve in adult and paediatric tumours with indications for facial nerve sacrifice and rehabilitation

## CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

present cases to the MDT

# INTERMEDIATE should be able to demonstrate ability to:

diagnose, investigate the conditions covered in this module

counsel patients and deliver bad news concerning adult and paediatric patients

ADVANCED should be able to demonstrate ability to:

formulate treatment plans for the conditions covered in this module

lead decision making in the MDT

co-ordinate the patient treatment pathway

# TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

reconstructive techniques including grafts and local flaps

INTERMEDIATE should be able to perform or manage:

elevation 'workhorse' free flaps including latissimus dorsi and radial forearm flap (includes these exercises performed as surgical simulation)

manage Le Fort I down-fracture for skull base access

ADVANCED should be able to perform or manage:

accessing craniofacial skeleton via various approaches (see module 1)

planning and resecting of craniofacial vascular lesions

various approaches to the orbit (tumours)

reconstruction with free perforator flaps or composite free tissue transfer

operating within a multidisciplinary team

# CRANIOFACIAL SYNDROMES of TISSUE DEFICIENCY

# OBJECTIVE

Acquire competence in the recognition and principles of management of hemifacial microsomia, Treacher Collins syndrome, mandibular deficiencies - Pierre Robin, Romberg's disease, morphoea, craniofacial clefts & encephalocoeles, Binder's syndrome, holoprosencephaly, arrhinia

## KNOWLEDGE

# BASIC should be able to demonstrate knowledge of:

(with their aetiology, developmental pathology & embryology, natural history)

hemifacial microsomia (HFM)

Treacher Collins syndrome (TCS)

Romberg's disease

Morphoea

Tessier's classification of craniofacial clefts

classification of encephalocoeles

INTERMEDIATE should be able to demonstrate knowledge of:

principles of intervention (crisis, urgent, elective and aesthetic)

treatment protocols for mandibular deficiencies - Pierre Robin

impact of the tissue deficiency syndromes on the child and the family at different stages of maturity

use of the MDT in the 'craniofacial assessment'

ADVANCED should be able to demonstrate knowledge of:

other tissue deficiency syndromes e.g., Craniofacial clefts & encephalocoeles

Binder's syndrome

holoprosencephaly

arrhinia

CLINICAL SKILLS and ATTITUDES

BASIC

Not applicable

## **INTERMEDIATE** should be able to demonstrate ability to:

manage the compromised airway

undertake 'defensive' surgical treatment planning (allowing for effect of growth on surgical results in children)

## ADVANCED should be able to demonstrate ability to:

formulate treatment plans for secondary procedures for the conditions covered in this module

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

excision of accessory auricles

INTERMEDIATE should be able to perform or manage:

tissue expansion in the head and neck

tarsorrhaphy techniques

fat transfer

Le Fort I or Le Fort II advancements of maxilla

ADVANCED should be able to perform or manage:

eyelid rebalancing and reconstruction,

mandibular distraction and reconstruction

ear reconstruction – autologous and osseointegrated implant

nasal reconstruction and rhinoplasty

orbital translocation

soft tissue free flaps e.g., dipotassium flaps

# **CRANIOFACIAL OVERGROWTH SYNDROMES**

## OBJECTIVE

Acquire competence in the management of hemifacial hypertrophy, facial infiltrating lipomatosis, tissue overgrowth secondary to vascular malformations (Beckwith Wiedemann Syndrome, proboscis)

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

hamartomas, teratomas, and dysplasias

**INTERMEDIATE** should be able to demonstrate knowledge of:

planes of facial resuspension

differential diagnosis of overgrowth asymmetries

radiological diagnosis

ADVANCED should be able to demonstrate knowledge of:

techniques for facial nerve preservation

indications for surgery within the MDT setting

Should demonstrate knowledge of the planes of facial resuspension.

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

manage patients with reference to:

maintenance of vital functions including airway, feeding etc

preservation of oral, nasal, palpebral sphincters

**INTERMEDIATE** should be able to demonstrate ability to:

undertake a clinical assessment of the craniofacial conditions covered in this module.

ADVANCED should be able to demonstrate ability to:

formulate a treatment plan for the conditions covered in this module.

TECHNICAL SKILLS AND PROCEDURES

BASIC

Not applicable

**INTERMEDIATE** should be able to:

perform emergency procedures (see module 1)

ADVANCED should be able to:

resectional surgery in the absence of malignancy including segmental osteotomies of maxilla and mandible, functional wedge resection of tongue, tarsorrhaphy, eyelid rebalancing with preservation of balanced facial function and aesthetics

tissue reduction with preservation of neuromuscular function

# Craniomaxillofacial Surgery ORBITAL SURGERY

# OBJECTIVE

Acquire competence in the principles of management of hypertelorism, microphthalmos, frontonasal dysplasia, craniofrontonasal dysplasia, orbital malpositions and dystopias, vertical orbital dystopia, late plagiocephaly and hemifacial microsomia.

## KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

applied anatomy of the orbit and contents

examination of the eye and basic vision

eyelid anatomy and eyelid malposition

growth of the orbit

definition of terms e.g., hypertelorism, dystopia, telecanthus

differential diagnosis/genetics of hypertelorism syndromes

MDT assessment of hypertelorism syndromes

**INTERMEDIATE** should be able to demonstrate knowledge of:

visual physiology, squint & principles of strabismus surgery

medial and lateral canthal fixation methods

orbital Prostheses – types, indications

superior orbital fissure syndrome

orbital apex syndrome

relative afferent papillary defect

retrobulbar haemorrhage

reasons and timing for orbital translocation

ADVANCED should be able to demonstrate knowledge of:

orbital osteotomies

microphthalmos – orbital expansion (expanders & ostetomies)

#### ETR - PRAS

use of Box, Bipartition and advancement osteotomies of the orbit

### **CLINICAL SKILLS and ATTITUDES**

BASIC

Emergencies – see module 1

**INTERMEDIATE** should be able to demonstrate ability to:

plan orbital osteotomies

formulate a management plan with respect to both techniques and timing

ADVANCED should be able to demonstrate ability to:

formulate management plans with Ophthalmology and Neurosurgery in the context of the MDT

plan minimal access and endoscopic approaches

# TECHNICAL SKILLS AND PROCEDURES

BASIC

Not applicable

INTERMEDIATE should be able to perform or manage:

split calvarial bone graft harvest and fixation of bone graft

## ADVANCED should be able to perform or manage:

minimal access incisions

box osteotomies

facial bipartition

vertical orbital dystopia correction

orbital reconstruction – autologous or alloplastic

transcranial and subcranial orbital expansion

Mommaerts osteotomies

orbital access approaches (tumours)

# CRANIOMAXILLOFACIAL TRAUMA

## OBJECTIVE

Acquire competence in the assessment of a patient who has sustained injury and or fractures of the Craniomaxillofacial region.

Develop ability to assess an injured patient presenting either acutely or in the outpatient clinic.

Be alert for the potential for this class of injuries to occur and impact on the patient's airway, and vision.

Awareness of consequences of change in orbital volume.

Understand fracture patterns of the mandible, middle third of the face and orbits including multiple fractures.

To be able to formulate a differential diagnosis and an investigation and management plan.

To be able to treat the patient appropriately up to and including operative intervention if appropriate

Understand the principles of surgical management of these injuries.

Understand the principles of intermaxillary fixation techniques, principles of plate osteosynthesis and bone healing.

Understand the principles of extraoral cranial fixation.

Be able to carry out these procedures safely and competently or understand the need to refer to allied disciplines.

#### KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

anatomy of scalp, face, nose, ears, eyelids, orbit and contents

anatomy of craniofacial skeleton and temporomandibular joint (TMJ)

anatomy and physiology of parotid and lacrimal apparatus

bone healing

aetiology of facial trauma

priorities of management

assessment of airway and level of consciousness (Glasgow coma scale)

assessment of head injury and cranial nerve function

pharmacology and therapeutics of post-operative analgesia

**INTERMEDIATE** should be able to demonstrate knowledge of:

anatomy of trigeminal nerve and infiltration / nerve block anaesthesia

signs and symptoms of fractures of cranium and facial skeleton

signs and symptoms of TMJ dislocation and fracture dislocation

other fracture complexes

classification of fractures of the craniofacial skeleton

appropriate investigations of facial nerve and duct injury

appropriate investigations of lacrimal apparatus injury

significance of dental occlusion

importance of disruption of the canthal ligaments

#### ADVANCED should be able to demonstrate knowledge of:

physiology of nasal cavity, sight and oculomotor function

classification of craniofacial fractures

potential complications of cranial, nasal, orbital, middle-third and mandibular fractures

available open and closed techniques of surgical management including intermaxillary fixation

principles of nerve repair and stenting of ducts

understanding the benefits and indications of both open and closed treatments surgical approaches to the orbit  $t_{sep}$ 

awareness of need for urgent orbital decompression or release of ocular muscles

available techniques/materials for orbital wall reconstruction

potential complications early / intermediate and late

role of the maxillofacial technician

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

undertake general assessment of the traumatised patient

airway management and emergency treatment of facial trauma

assessment and examination of patient with facial trauma

awareness of additional factors affecting timing of surgery

**INTERMEDIATE** should be able to demonstrate ability to:

assess the nasal bones, cartilages and septum

assess the orbits, contents, and ears

assess dental occlusion

perform clinical examination of ears, orbit, eyelids and lacrimal apparatus, teeth, oral cavity, facial skeleton and cranial nerves

ability to correctly interpret physical signs

arrange investigations, selection and interpretation of relevant radiographic imaging of craniofacial fractures

manage epistaxis and septal haematoma

formulate a treatment plan and prioritise management

exercise clinical judgment appropriate to injury and patient needs

liaise as appropriate with Ophthalmology, Oral and Maxillofacial and Neurosurgery colleagues where appropriate

ADVANCED should be able to demonstrate ability to:

manage frontal sinus fractures

assess need for removal of damaged teeth/retained roots

prescribe appropriate pain control /prevention of infection

perform local anaesthetic infiltration for pain control / nerve block anaesthesia

#### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

intra/extra-oral soft tissue handling and suturing techniques

**INTERMEDIATE** should be able to perform or manage:

surgical repair of nerve injury under magnification

techniques of intermaxillary fixation

techniques for approach to the orbital walls

#### ADVANCED should be able to perform or manage:

manipulation of nasal bones and septum

nasal packing and splintage

ability to stent and repair duct

techniques for management of displaced canthal ligaments

safe exposure of fracture sites and reduction of fragments

plate handling skills

selection and use of appropriate allograft materials

bone grafting (variety of donor sites)

approach and expose frontal bone fractures

# ORTHOGNATHIC SURGERY of the MAXILLA and the MANDIBLE OBJECTIVE

Acquire competence in the assessment of a patient with malocclusion

Acquire competence in the principles of orthognathic surgery

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

embryology of the pharyngeal arch development

descriptive anatomy of head and neck

differences between female and male facial skeleton

airway management and emergency treatment

bone healing

principles of plate osteosynthesis

assessing the deformities of the facial skeleton

selection of imaging methods used in orthognathic surgery

alloplastic materials including bone substitutes

**INTERMEDIATE** should be able to demonstrate knowledge of:

principles of orthognathic surgery

principles of cephalometric analysis

the role of the orthodontist in MDT

the surgical principles of orthognathic appliances and their use in practice

diagnose the osseous deformities of the facial skeleton in relation with soft tissues

selection of alloplastic materials including bone substitutes

ADVANCED should be able to demonstrate knowledge of:

the surgical anatomy and pathological anatomy of the residual deformities of facial growth

assessment of the facial proportions

principles of distraction osteogenesis using internal or external systems

the processes by which an individual can successfully adjust to disfigurement and explain how the multidisciplinary team can assist with that process

assessment of cephalometric analysis

advantages and disadvantages of the alloplastic materials

the differences between the modifications of sagittal split ramus osteotomies

non-surgical correction of osseous deformities of the face

	AL SKILLS and ATTITUDES should be able to demonstrate ability to:
	naging methods used in orthognathic surgery
	nicate and refer with orthodontist
INTERN	IEDIATE should be able to demonstrate ability to:
	ke orthodontic measurement of facial growth
	and record management plan for the patient and discuss rationale for
manage	ement of common scenarios with patients and colleagues
analyse	and develop diagnostic and surgical plan with orthodontist
selectio	n of the appropriate internal or external distraction systems
ADVAN	CED should be able to demonstrate ability to:
underta	ke appropriate referral and liaison with orthodontist
plan a p	rogram of orthognathic surgery including distraction osteogenesis
options,	complex treatment scenarios with patients including discussion of all advantages and disadvantages and take informed consent
	ire clinical process
	n of appropriate synthetic filler material used in non-surgical correction of s deformities of the face
	ICAL SKILLS AND PROCEDURES
-	should be able to perform or manage:
	and its emergency treatment
	ciples of intermaxillary fixation
-	ative preparation of the orthognathic patient
<u> </u>	erative follow-up of the orthognathic patient
	ADIATE should be able to perform or manage:
	xillary fixation with arch bar and/or intermaxillary fixation (IMF) screws
	maxillary osteotomy and its plate osteosynthesis
	gmentation with alloplastic materials
	ular angle augmentation with alloplastic materials
	ular angle reduction
	gical correction of osseous deformities of the facial skeleton
	CED should be able to perform or manage:
	shortening of the maxilla
	ng the vertical height of the maxilla
	/ posterior / clockwise / counterclockwise rotation of the maxilla
	split ramus osteotomies and its plate/screw osteosynthesis
	etrical ramus osteotomies and its plate/screw osteosynthesis
-	
	genioplasty and its plate/screw osteosynthesis
	on osteogenesis using internal or external systems
-	tic materials including bone substitutes used in the face
	on of soft tissue deformities related to the osseous pathology
early an	d late complications of orthognathic surgery

# Ears

# EAR DEFORMITIES and EAR RECONSTRUCTION

# OBJECTIVE

Competence in the diagnosis and principles of management of all aspects of ear deformities and ear reconstruction

# KNOWLEDGE

# BASIC should be able to demonstrate knowledge of:

anatomy and embryology of the external, middle and inner ear,

pathophysiology of skin and cartilage wound healing, soft tissue tumours of the ear including haemangioma, problem scarring including keloid and principles of management of scarring

various classifications of ear deformities including acquired ear deformities

# **INTERMEDIATE** should be able to demonstrate knowledge of:

principles of osseointegration

local and regional flaps around the ear including the scalp

development of the mandible and syndromes associated with ear deformities

different techniques of correcting the prominent ear

principles of tissue expansion

## ADVANCED should be able to demonstrate knowledge of:

various techniques of reconstructing microtia, macrotia, complex ear deformities such as constricted ears, sports induced trauma, different techniques of ear reconstruction following partial/total loss, with and without cartilage loss, timing of microtia surgery

techniques to correct ear lobe deformities

## CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to undertake:

clinical assessment of the ear and identifying anatomical variations from the norm

clinical assessment of problem scarring and soft tissue tumours and formulating a plan of management

INTERMEDIATE should be able to demonstrate ability to:

differentiate and classify the various ear deformities and identify the anatomical deficiencies or variations of the ear

plan surgical procedures for prominent ear, cryptotia, deformities of the ear with minimal loss of the auricular tissue

plan and interpret relevant investigations for the ear sinus, congenital ear deformities **ADVANCED should be able to demonstrate ability to:** 

assess complex ear deformities including those of the earlobe and syndromic patients, formulate a plan of management

assess the soft tissue cover and need for tissue expansion/flap cover

assess facial nerve function and mandibular deformities as well as occlusion of teeth

assess the suitability of patient for autogenous versus prosthetic ear reconstruction

assess and manage complications of ear corrections and ear reconstructive procedures

communicate effectively with patient and carer

communicate with other team members of the MDT to integrate a timeline for reconstruction

# TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

excision of simple accessory auricles, cysts and small tumours on the ear with direct closure or skin grafting, intralesional steroid injection

repair of split earlobes with local flaps

repair of simple lacerations of the ear with or without cartilage repair

excision of Darwen's tubercle

INTERMEDIATE should be able to perform or manage:

correction of prominent ear with and without cartilage mutilation

correction of cryptotia

excision of tumours and repair of defects with local/regional flaps

excision of auricular sinuses

management of complications of corrective surgery

insertion of tissue expander

ADVANCED should be able to perform or manage:

correction of complex ear deformities: spectrum of constricted ears, "crumpled" ears, cauliflower ears, acrobatic ears with calcified cartilage framework, macrotia and autogenous reconstruction of ears for anotia/microtia

harvesting rib cartilage, carving cartilage to design framework for ear reconstruction dissecting skin envelope, temporalis fascial flap raising and insetting, raising other

local flaps for skin cover of framework, conchal cartilage graft harvest, carving and insetting into defect

various operations for ear lobe reconstruction

# Genitourinary Surgery HYPOSPADIAS and ALLIED CONDITIONS

### OBJECTIVE

Acquire competence in the principles of management of hypospadias and allied conditions including management of the family in addition to all aspects of the surgical management and complications.

#### KNOWLEDGE

#### BASIC should be able to demonstrate knowledge of:

embryology of the external genitalia, endocrinology pathology, anatomy of the male genitalia

wound healing

aetiological factors

investigations

management of the family

INTERMEDIATE should be able to demonstrate knowledge of:

classification of hypospadias

classification of surgical procedures

surgical techniques available for correction of hypospadias

cause and management of ventral curvature

timing of surgery

management of foreskin

principles of surgical management, post operative management and complications

diagnostics and management of micropenis

ADVANCED should be able to demonstrate knowledge of:

hypospadias and allied conditions including

recent theories on aetiology

assessment of outcome, flow rate

management of complications

management of salvage patient

management of BXO including aetiology

management of buried penis

management of cryptohypospadias (ventral curvature without hypospadias) / Peyronies disease

surgical management of micropenis

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

assess presence and severity of hypospadias, presence of ventral curvature

assess whether foreskin is suitable for reconstruction

manage the child/family unit so that all are comfortable with the reconstructive process

discuss the pro/cons of timing of surgery and reasons for operating

**INTERMEDIATE** should be able to demonstrate ability to:

#### ETR - PRAS

· · · ·	
	erative technique is appropriate for the degree of deformity
	including identification of complications
	with foreskin anomaly
	build be able to demonstrate ability to:
• •	tients with suboptimal outcome or complication requiring further
-	urgery and develop a management plan
assess a patient and/or surgery	with foreskin and/or urethral BXO requiring further investigation
	adias salvage/cripple patient with a view to surgical correction and
develop a manag	
	ent with micropenis who can benefit from penis enlargement
procedures	one with molopolito who ball behold none polito chargemone
	ILLS AND PROCEDURES
BASIC should b	e able to perform or manage:
meatotomy	
circumcision.	
trimming of skin envelope following hypospadias repair	
harvesting of fore	eskin/buccal mucosal full thickness graft, preparation and closure of
the donor site.	
artificial erection	test
closure of GAP h	ypospadias repair.
foreskin reconstru	uction.
INTERMEDIATE	should be able to perform or manage:
meatotomy	
trimming of skin e	envelope following hypospadias repair
closure of GAP h	ypospadias repair
foreskin reconstru	uction
distal hypospadia	as reconstruction
dissection of GA	P hypospadias repair
Snodgrass repair	r – dissection, closure of urethra, raising and inset of waterproofing
layer, closure	
Snodgraft repair	<ul> <li>dissection, inset of graft, and closure as above</li> </ul>
reconstruction of	midshaft and proximal hypospadias
1st stage Bracka repair - dissection of urethral plate, removal of fibrous bands,	
_	ans wings, inset of graft, application of dressing and post-op
management of o	
2nd stage Bracka	a – dissection and closure as per Snodgrass
fat grafting to the	penis

ADVANCED should be able to perform or manage:

Snodgrass repair – dissection, closure of urethra, raising and inset of waterproofing layer, closure

Snodgraft repair – dissection, inset of graft, and closure as above

2nd stage Bracka – dissection and closure

closure of simple fistula

closure of complex fistula

operative management of fistula with distal urethral stenosis

operative management of distal/meatal stenosis

operative management of cryptohypospadias / Peyronies

management of BXO – steroids, circumcision, 2 stage recon with buccal mucosal graft

management of complex salvage/cripple patient – Snodgraft, 2 stage Bracka repair with buccal and/or bladder mucosa

harvesting bladder mucosal graft

penile lengthening / enlargement

fat grafting for penis

# EPISPADIAS, ANOMALIES of FEMALE GENITALIA, AMBIGUOUS GENITALIA, and ACQUIRED PERINEAL DEFECTS

#### OBJECTIVE

Acquire competence in the principles of management of epispadias, anomalies of female genitalia, ambiguous genitalia and acquired genital and perineal defects.

#### KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

range of normal anatomy of and the variations of external genitalia (labia majora, labia minora, clitoris etc.)

psychological management of genital defects and their relation to sexuality, MDT approach

anatomy of epispadias/bladder extrophy, incidence, aetiology, MDT principles of management

defects of female genitalia – congenital/acquired

<u>Congenital</u>. Aims of surgical correction – restoration of urinary / faecal and sexual function

age at presentation

<u>Acquired</u> - causes – tumour, infection, trauma, previous DXT, scarring secondary to birth tear / episiotomy, the victims of female genital mutilation (FGM)

INTERMEDIATE should be able to demonstrate knowledge of:

epispadias – aims of management, principles of treatment, principles of two main surgical repairs

female genitalia – congenital absence of vagina (Meyer-Rokitansky Syndrome), incidence, presents with primary amenorrhoea diagnostic test, principles of reconstruction – length, width vagina, durability, sensation male genitalia reconstruction in Fournier's disease, cancer, trauma, vascular malformation, BXO with emphasis on preservation of adequate length, sufficient skin for unrestricted erection, durability and sensation, preservation of erection and adequate urinary stream

reconstruction of urethra – staged BUMG, bladder mucosa

skin – SSG

scrotum – SSG, Flaps

ADVANCED should be able to demonstrate knowledge of:

Methods of female reconstruction post acquired defect – local pedicled flaps – lotus, gracilis, SSG, muscle flaps – gracilis myocutaneous flaps, distant flaps – VRAM

Male reconstruction post acquired defects

Urethra – 2 stage Bracka with BUMG with or without bladder mucosa grafts

Glans – glansectomy and quilted thick SSG for reforming glans over existing corpora

Scrotum – tissue expansion, SSG, flaps – gracilis, Singapore technique

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

arrange appropriate investigations for conditions described in this module

perineal defects including assessment of patient with Fournier's and initial management, identification of potential defect following resection of perineal tumour

#### INTERMEDIATE should be able to:

plan primary flaps for reconstruction of perineal defect e.g., lotus, gracilis, VRAM

epispadias, female genitalia anomalies and ambiguous genitalia incorporating expectations of the child and the family, analysis of the specific congenital problem and what may be required during reconstruction,

perineal defects

Should be able to

consent patients for reconstruction of perineal defects including graft and flap reconstruction.

## ADVANCED should be able to demonstrate ability to:

formulate treatment plan for

ambiguous genitalia – incidence, causes, associated features, investigations – chromosome profile, testosterone / sex steroid profile and approach to parents.

absence of vagina – reconstruction, Frank method – dilators, fasciocutaneous flaps, colonic or intestinal flaps.

SSG – McIndoe method.

Should demonstrate ability to manage:

epispadias, female genital anomalies and ambiguous genitalia

## TECHNICAL SKILLS AND PROCEDURES

#### BASIC should be able to perform or manage:

SSG, full thickness graft, jumping man, application of topical negative pressure dressing

INTERMEDIATE should be able to perform or manage:

reconstruction of perineal defects – local flap reconstruction of vagina/labia including lotus and gracilis, resurfacing penile shaft, groin dissection, coverage of exposed testes

simple scar release, labial adhesions release of the victims of FGM

# ADVANCED should be able to perform or manage:

surgical correction of epispadias, female genital anomalies and ambiguous genitalia be inaccessible to many trainees

reconstruction of perineal defects – external pudendal flap, posterior thigh flap, VRAM for abdominoperineal resection, glansectomy for cancer, free flaps for major perineal defects

reconstruction the genitalia of female genital mutilation victims, e.g. scar release, clitoral lengthening, labia reconstruction, methods of sensory reconstruction

# GENDER REASSIGNMENT SURGERY

## OBJECTIVE

Acquire competence in the principles of management of gender reassignment

## KNOWLEDGE

## BASIC should be able to demonstrate knowledge of:

definition of gender identity disorders

diagnosis of gender dysphoria

issues incidence of second psychiatric diagnoses, need for psychosocial support pre-and postoperatively.

contraindications for surgery

international and national guidelines and requirements for the surgical management of sexual identity disorders. Multidisciplinary diagnostics of sexual identity disorders and gender dysphoria

the effects of hormonal therapy

the incidence of detransition

INTERMEDIATE should be able to demonstrate knowledge of:

techniques available for chest wall/ breast masculinisation/feminisation:

penile flap – glans reduced as clitoris, penile skin as flap for vagina, scrotum for labia / clitoral hood – usually two stages

modified McIndoe – SSG or FTSG from penis for vagina

others – bowel for vagina

Procedures for the breast and face

## ADVANCED should be able to demonstrate knowledge of:

techniques available for female to male and male to female reassignment and gender non-confirming

mastectomy

phallus reconstruction method choice according to the patients' wishes and the realistic possibilities with his/her body. Differences between metoidioplasty and phalloplasty and the long term effects. Specific options for phallus reconstruction

random pattern abdominal tubed flap, pedicled flaps, and free flaps

urethral reconstruction options: tube within a tube, local flaps, SCIP, SSG, mucosal grafts

testicular implants

vaginectomy

facial feminising techniques

breast augmentation

#### CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

work within an MDT and the ability to assess the psychological state of the patient

#### **INTERMEDIATE** should be able to demonstrate ability to:

develop the skills to arrange patient-centred care with patient as partner in the process (depending on age of patient), providing realistic information and guiding patient decision-making regarding choices available and timing of those treatments

#### ADVANCED should be able to demonstrate ability to:

manage and lead:

multi-disciplinary teams in respect of provision of psycho-social care. Be able to arrange the care pathway that supports an individual and his/her family to successfully adjust to disfigurement through giving the individual and family specific life-skills. These include the patient being provided with information about their condition and its treatment, developing a positive

outlook/belief system, learning to cope with their feelings, exchanging experiences with others who've "been there" and social skills training to manage other people's reactions

#### TECHNICAL SKILLS AND PROCEDURES

#### BASIC should be able to perform or manage:

raising local flaps

assessment of size of prosthesis needed

insertion of testicular prosthesis

#### INTERMEDIATE should be able to perform or manage:

elevation of complex flaps including, groin flap, radial forearm flap, abdominal tubed pedicle, SIEA flap and gracilis flap etc.

#### ADVANCED should be able to perform or manage:

partial surgical steps for gender reassignment surgery

specific operations for gender reassignment surgery

## Hand Surgery

## ALL ASPECTS OF SKIN AND SOFT TISSUE DISORDERS / MICROSURGERY / DUPUYTREN'S DISEASE

### OBJECTIVE

Acquire competence in the diagnosis and management of soft tissue problems around the hand and upper limb including traumatic loss

Acquire competence in all aspects of care of Dupuytren's disease

### KNOWLEDGE

### BASIC should be able to demonstrate knowledge of:

anatomy, embryology, physiology of skin, blood supply and blood flow

models of skin blood supply

mechanism of action of pharmacology on the microcirculation

elements of wound healing

organisms causing soft tissue infection including, microbiology of infecting organisms, surgical pathology and spread of infection

surgical and pathological anatomy of Dupuytren's disease in the palm and digits

the ability to assess the patients' eligibility for surgery; general and psychosocial health, contraindications

INTERMEDIATE should be able to demonstrate knowledge of:

range, indications and principles of operations to treat conditions listed in this module

postoperative complications and their management

hand therapy interventions for wound & scar management, reduction of swelling and management of stiffness

levels of amputation for the upper limb

principles of microvascular surgery

principles of replantation including major replantation

sciences of pathogenesis of Dupuytren's disease

ADVANCED should be able to demonstrate knowledge of:

recent advances in wound healing including wound healing technology such as vacuum-assisted closure

ancillary investigations including those pertinent to vascular compromise of limb, life or limb- threatening infections

techniques to raise vascularised free tissue transfers including lateral arm flap, latissimus dorsi flap, gracilis flap, toe transfer

management of the mutilating hand injury including rollover injury, gunshot injury

management of extravasation and high-pressure injection injury to the hand

management of thermal injury to the hand including local treatment of scald, flame, chemical & electrical burns and frostbite

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

assessment and non-operative management of the acute surgical patient including targeted hand-related history and hand examination

#### ETR - PRAS

#### INTERMEDIATE should be able to demonstrate ability to:

devise management algorithms for the conditions covered in this section including investigations

ADVANCED should be able to demonstrate ability to:

analysis and diagnostic synthesis, judgement, surgical planning.

#### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

nail bed repair

different types of skin grafts including split skin/full thickness skin graft

palmar fasciectomy for Dupuytren's disease

fasciocutaneous flaps around the forearm

variety of flap reconstructions

local flap (transposition, rotation, island),

microsurgical techniques

arterial and venous repair – small and medium vessels

INTERMEDIATE should be able to perform or manage:

fingertip reconstruction: heterodigital flap reconstruction including cross-finger flap, thenar flap, Foucher flap, and homodigital neurovascular island flaps

application of mechanical vacuum suction device for appropriate wounds

debridement of complex wounds

fasciectomy for MCPJ contracture (Dupuytren's disease)

fasciectomy with correction of PIPJ contracture

ADVANCED should be able to perform or manage:

planning and execution of flap reconstruction

distant flap e.g., groin, posterior interosseous artery flap, radial forearm flap

free tissue transfer – flap elevation

elevation of variety of free tissue transfers e.g., lateral arm flap, latissimus dorsi muscle flap, second toe transfer etc.

includes cadaver-based flap elevation as part of simulation exercises

microsurgical techniques

microsurgical free tissue transfer

revascularisation digit or upper limb part

replantation of digit or upper limb segment

fasciectomy for recurrence of Dupuytren's disease

dermofasciectomy for Dupuytren's disease

## FRACTURES and JOINT INJURIES including WRIST INSTABILITY OBJECTIVE

Acquire competence in the diagnosis and management of all types of fractures of the phalanges, metacarpals, carpus and distal radius.

Acquire competence in the diagnosis and management of the unstable wrist including distal radioulnar joint.

KNOWLEDGE

BASIC should be able to demonstrate knowledge of

pathophysiology of fracture healing including non-union and malunion

principles of operative and non-operative management of hand and wrist fractures detailed anatomy of:

radio-carpal/DRUJ/MCP/PIP/DIP joints and CMC joints of the thumb

ligamentous anatomy of these joints and how it influences treatment

available imaging techniques and their interpretation:

plain and stress radiographs of the wrist and hand.

other specific views relevant to particular situations

role of: MRI/bone scan / ultrasound / arthrography / arthroscopy for investigating the hand and wrist

INTERMEDIATE should be able to demonstrate knowledge of

detailed management of fractures and dislocations of bones and joints of hand and wrist including carpus and distal radioulnar joint,

normal biomechanics of the osseoligamentous structures of the hand and wrist.

ADVANCED should be able to demonstrate knowledge of

detailed wrist anatomy,

pathophysiology of wrist instability / recognised patterns of instability and their clinical presentation,

investigations for complex joint disorders and wrist instability,

appropriate interventions for wrist instability through knowledge of indications,

indications for diagnostic and therapeutic wrist arthroscopy.

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

clinically assess fractures, dislocations and ligamentous injuries of the hand and wrist

assess the unstable wrist

manage common fractures of the hand and wrist

apply a range of plaster splints

INTERMEDIATE should be able to demonstrate ability to:

manage more complex fractures of the hand and wrist,

manage distal radius and scaphoid fractures by standard techniques.

ADVANCED should be able to demonstrate ability to:

clinically assess and manage complex fractures of the distal radius and scaphoid,

manage ligamentous injury of the carpus and distal radioulnar joint,

manage malunion and non-union of fractures of the phalanges, carpus and distal radius.

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

simulation-based exercises of the techniques for fracture fixation: closed reduction with application splint or cast, K-wiring and interosseous wiring, plate and screws, and lag screw

INTERMEDIATE should be able to perform or manage:

closed K-wiring for CMC/PIP joint dislocations, phalangeal/metacarpal fractures, distal radius fractures (pins & plaster)

open fixation of metacarpal fractures

open fixation of uncomplicated distal radius fractures

repair of ulnar collateral ligament of MCPJ of thumb (Gamekeeper's thumb)

application of external fixator to upper limb

ADVANCED should be able to perform or manage:

open fixation of phalangeal fractures

operative treatment of intra-articular fractures of the PIP joint

open fixation of complex distal radius fractures

scaphoid fracture fixation (acute and for non-union)

vascularised bone grafting for scaphoid non-union

operative stabilisation of acute carpal disruptions, ligament stabilisation procedures for chronic problems of the, scapholunate, lunotriquetral CMC joints and midcarpal instability

ligament stabilisation procedures for chronic problems of the, scapholunate, lunotriquetral CMC joints and midcarpal instability

bone transport

Should be able to use bone substitutes

## **OSTEOARTHRITIS and INFLAMMATORY ARTHRITIS**

#### OBJECTIVE

Acquire competence in the diagnosis and management of all aspects of management of osteoarthritic joints of the hand and wrist. Acquire competence in the diagnosis and management of all aspects of management of inflammatory arthritis of the hand and wrist.

## KNOWLEDGE

#### BASIC should be able to demonstrate knowledge of:

pathophysiology of osteoarthritis, inflammatory arthritis and septic arthritis including appreciation of patterns of disease.

imbalances and deformities associated with inflammatory arthritis

pathomechanics of common rheumatoid hand deformities including:

distal radioulnar joint subluxation and carpal translocation

MCPJ subluxation and ulnar drift

digital boutonnière and swan neck

thumb deformity and CMC disease

principles of arthroplasty.

INTERMEDIATE should be able to demonstrate knowledge of:

principles and detailed management of the common osteoarthritic disorders of the hand and wrist including the basal joint of the thumb

principles and detailed management of rheumatoid arthritis in the hand and wrist

aetiology, pathomechanics of deformity in inflammatory arthritis including understanding disease patterns

biomechanics of small joint replacement

place of soft tissue reconstruction, joint fusion, replacement, interposition and excision arthroplasty in the treatment of the rheumatoid hand and wrist

planning and prioritising treatment within an MDT setting

ADVANCED should be able to demonstrate knowledge of:

principles and detailed management of more complex and osteoarthritic disorders of the hand including secondary osteoarthritis,

surgical and non-surgical management of the wrist, tendons, small joints and imbalance disorders (swan neck and boutonnière) occurring in rheumatoid arthritis,

pathology, mechanisms of deformity and management of other inflammatory conditions (non- rheumatoid) affecting the hand and wrist,

management of Kienböck's disease and Madelung's deformity.

### CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

clinically assess the arthritic patient and recognise the typical patterns of disease

demonstrate conservative management techniques including splinting, exercises and understanding of occupational therapy assessment and provision of aids to daily living

undertake external K-wire removal

#### INTERMEDIATE should be able to demonstrate ability to:

undertake detailed examination of the patient with inflammatory arthritis to demonstrate the features of:

distal radioulnar joint subluxation and carpal translocation

MCPJ subluxation and ulnar drift

digital boutonnière and swan neck

thumb deformity and CMCJ disease

diagnose pathology through local anaesthetic joint injection techniques,

undertake treatment by joint injection,

includes simulation-based exercises for joint injection techniques

ADVANCED should be able to demonstrate ability to:

detailed management algorithms for the conditions covered in this module including complex conditions.

TECHNICAL SKILLS AND PROCEDURES

### BASIC should be able to perform or manage:

harvesting of iliac bone graft / radius bone graft,

simulation-based exercises of wrist arthroscopy

INTERMEDIATE should be able to perform or manage:

arthrodesis of DIPJ / PIPJ/ MCPJ,

trapeziectomy plus/minus soft tissue ligamentous reconstruction,

total wrist arthrodesis

Darrach's procedure

Sauvé-Kapandji procedure

diagnostic wrist arthroscopy

ADVANCED should be able to perform or manage:

therapeutic wrist arthroscopy e.g., TFCC debridement

limited arthrodesis including STT, 4-corner, radiolunate

variety of procedures for rheumatoid arthritis including MCPJ arthroplasty e.g., Swanson silicone spacer replacement, surface replacement arthroplasty, soft tissue arthroplasty with ligament reconstruction for instability, soft tissue correction for swan neck/boutonnière deformities

joint replacement arthroplasty: PIP / CMCJ / Wrist / DRUJ

## TENDON and TENDON-RELATED DISORDERS

## OBJECTIVE

Acquire competence in the diagnosis and management of all aspects of flexor and extensor tendon injuries and associated reconstruction. Detailed knowledge of the hand therapy and rehabilitation regimens for the same.

KNOWLEDGE

## BASIC should be able to demonstrate knowledge of:

mechanisms of tendon injury and healing

pathophysiology of related tendon disorders

INTERMEDIATE should be able to demonstrate knowledge of:

principles of tendon transfer

biomechanics of the tendons and tendon sheath / pulleys

available suture techniques for repair of the divided tendon including multistrand repair

rehabilitation regimens for flexor and extensor tendon repair

ADVANCED should be able to demonstrate knowledge of:

recent advances in basic sciences of tendon injury and repair

basic science and evidence base informing use of different techniques of tendon repair and rehabilitation regimens

the role of the intrinsic muscles in facilitating co-ordinated tendon function

CLINICAL SKILLS and ATTITUDES

#### BASIC should be able to demonstrate ability to:

clinically assess the injured tendon and other tendon disorders

select use of relevant specialist imaging techniques such as ultrasound

INTERMEDIATE should be able to demonstrate ability to:

clinically assess and manage algorithms for the conditions covered in this module

examine the stiff finger and distinguish flexor/extensor adhesions / primary or secondary joint stiffness

### ADVANCED should be able to demonstrate ability to:

undertake detailed assessment of and advise on complex tendon problems including reconstruction and reanimation of the hand in cases of tendon loss and nerve palsy using individualised tendon transfers

analyse and advise on modifications needed to standard therapy regimens to correct specific problems such as joint contracture

### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

extensor tendon repair

flexor tendon repair (Zones III-V)

tendon graft harvest

extensor / flexor synovectomy

trigger digit release

Includes simulation-based exercises related to tendon surgery

**INTERMEDIATE** should be able to perform or manage:

De Quervain's release

flexor tendon repair (multistrand) (Zones I & II)

flexor or extensor tenolysis

tendon transfer (EI-EPL)

tenodesis (EDC replacement in partial EDC rupture)

ADVANCED should be able to perform or manage:

Should be able to perform:

late reconstruction of flexor and extensor tendons:

tendon grafting 1 and 2-stage

tendon transfer

radial nerve set

opponensplasty for opposition

intrinsic replacement for claw hand

adductorplasty for key pinch

## NERVE and NERVE-RELATED DISORDERS

## OBJECTIVE

Acquires competence in the diagnosis and management of all aspects of nerve related disorders including nerve compression, nerve palsy and nerve injuries along with associated reconstructive techniques. Acquires detailed knowledge of the rehabilitation regimens for the same.

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

topographic anatomy of peripheral nerve including brachial plexus

response of peripheral nerve to injury and repair

pathophysiology of nerve compressive disorders

appropriate outcome assessment instruments

INTERMEDIATE should be able to demonstrate knowledge of:

techniques of nerve repair

mechanisms of brachial plexus injury, the patterns of injury and outline treatment options

pathophysiology and classification of CRPS and neuropathic pain problems

ADVANCED should be able to demonstrate knowledge of:

appropriate use of nerve grafts and other conduits

techniques of nerve reconstruction, neurotisation, and muscle transfers for reanimation of the upper limb

principles of management and classification systems pertinent to cerebral palsy and tetraplegia

principles of migraine surgery

pharmacological and non-pharmacological methods for the relief of nerve-related pain problems

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

clinically assess nerve-related disorders including brachial plexus

apply relevant specialist imaging techniques such as electrophysiological investigation and ultrasound

prevent iatrogenic nerve injury

INTERMEDIATE should be able to demonstrate ability to:

clinical assessment and management algorithms for the conditions covered in this module

assessment of nerve function using specific equipment used in rehabilitation and assessment (such as Semmes Weinstein filaments)

ADVANCED should be able to demonstrate ability to:

clinically assess brachial plexus and obstetrical brachial plexus injury including acute and interval treatment

clinically assess the spastic and tetraplegic upper limb

define the management algorithm of the iatrogenic nerve injury

### TECHNICAL SKILLS AND PROCEDURES

#### BASIC should be able to perform or manage:

peripheral nerve repair including digital nerve including simulation-based exercises for microsurgical peripheral nerve repair

nerve graft harvest

carpal tunnel release

cubital tunnel release (simple decompression)				
INTERMEDIATE should be able to perform or manage:				
nerve decompression: cubital tunnel release (transposition / medial epicondylectomy), revision carpal tunnel release				
nerve grafting for segmental nerve defect				
ADVANCED should be able to perform or manage:				
nerve decompression				
ulna nerve in Guyon's canal				
submuscular transposition of ulna nerve (cubital tunnel)				
radial nerve in radial tunnel				
median nerve in pronator tunnel				
transposition of neuroma				
wrist denervation				
brachial plexus exploration (including OBP)				
nerve grafting				
neurotisation				
intercostal nerve grafting				
muscle transfer for reanimation				

### **CONGENITAL HAND, VASCULAR DISORDERS, and TUMOURS** OBJECTIVE

Acquire overall competence in the diagnosis and management of children's hand problems with emphasis on congenital hand conditions.

Acquire competence in the management of vascular disorders and neoplastic conditions of the upper limb in both children and adults. Demonstrate knowledge of the aetiology, classification, risk factors and surgical management of these conditions.

**KNOWLEDGE** 

BASIC should be able to demonstrate knowledge of:

principles of management of children's hand disorders including classification, reconstructive principles and timing of operations for congenital difference

embryology of the upper limb and the mechanisms of malformation

patterns of normal growth and development

management of vascular injury including compartment syndrome

principles of management of soft tissue and bony tumours particularly the more common swellings found around the hand

management of upper limb tumours with reference to surgical oncology including biopsy techniques, excision margins, management of regional lymph nodes, formal amputations

INTERMEDIATE should be able to demonstrate knowledge of:

the following conditions of the Child's Hand: trigger digits, polydactyly including thumb duplication, simple syndactyly, epiphyseal injury (Salter Harris)

management of vascular insufficiency syndromes, - haemangiomas and vascular malformations

management of soft tissue and bony tumours including formal amputations, reconstructions

principles of management of skin cancer occurring in the upper limb and management of the regional lymph nodes

ADVANCED should be able to demonstrate knowledge of:

the following conditions of the Child's Hand:

complex syndactyly (e.g., Apert's hand)

radial dysplasia (radial club hand), ulnar dysplasia

thumb hypoplasia

upper limb malformations in arthrogryposis

Madelung's deformity

constriction band syndrome

cerebral palsy, spasticity

use of prosthetics

vascular lesions including vascular malformations

management of acute and chronic vascular insufficiency syndromes including compartment syndrome / Volkmann's ischaemic contracture

classification systems and histopathology relevant to neoplasms of the upper limb including skin cancer, sarcoma and bone tumours

modalities of treatment including non-surgical and surgical options

surgical margins for the commoner tumours

options for reconstruction of the surgically excised defect

adjuvant treatments used in combination with surgery for malignant neoplasms

#### CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

clinically assess and deliver non-operative management of the Child's Hand disorder,

in respect of cancer diagnoses demonstrates the skill set necessary to advise a patient of such diagnosis.

work and communicate within the relevant multidisciplinary team (MDT)

INTERMEDIATE should be able to demonstrate ability to:

to apply a working knowledge of the management algorithms to the conditions covered in this module

ADVANCED should be able to demonstrate:

skills of analysis and diagnostic synthesis, judgement, and surgical planning

in respect of the Child's Hand, the ability to advise regarding timing of reconstruction and effect of growth on reconstructive surgery previously performed

in respect of vascular disorders shows the ability to advise regarding conservative, non-surgical and surgical treatment options

in respect of neoplastic conditions of the upper limb the shows the ability to	
detailed advice on the treatment pathway, including interpretation of s	specialist
imaging, within the context of the relevant MDT	
TECHNICAL SKILLS AND PROCEDURES	
BASIC should be able to perform or manage:	
surgery for uncomplicated traumatic conditions of the Child's Hand	
excision of small superficial vascular malformations	
ganglion excision (dorsal wrist, volar wrist, DIPJ)	
safe biopsy for suspected tumours of the upper limb	
INTERMEDIATE should be able to perform or manage:	
trigger thumb/finger release	
simple syndactyly separation	
correction of duplicate thumb	
correction of polydactyly	
reconstruction of vascular defects by vein grafting,	
excision of vascular malformations involving multiple tissue layers,	
fasciotomies for compartment syndrome,	
excision of giant cell tumour of tendon sheath,	
excision/curettage enchondroma,	
removal of swellings from nerves e.g., Schwannoma	
excision of other benign tumours of bone and soft tissue.	
ADVANCED should be able to perform or manage:	
complex syndactyly correction	
radialisation radial club hand	
application external distraction devices for radial club hand	
pollicisation	
cleft hand correction	
recreation of first web space (various conditions)	
excision of major vascular malformations and reconstruction resultant defe	cts
excision of malignant tumours of bone and soft tissue including compartmer	ntectomy
and reconstruction of resultant defects.	
axillary lymphadenectomy	

#### ETR - PRAS

# Head and Neck Surgery

## BASIC SCIENCES and HEAD & NECK ASSESSMENT

### OBJECTIVE

To understand the development, anatomy and physiology of the head and neck in relation to its surgery

Competence in the diagnosis, use of imaging and management of head and neck disorders

### KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

embryology of head & neck

topographical and segmental anatomy of the head & neck

vascular, neuronal and lymphatic supply / drainage of the head & neck

appropriate use of diagnostic imaging

aesthetic units of the face and neck

anatomy of the skin-epidermal and dermal layers and appendageal structures,

embryology of the skin

histopathological appearance of skin

anatomy of the body surface, in particular the head and neck, hands, nails and feet

vascular, neuronal and lymphatic supply / drainage of the head & neck, trunk and limbs, blood supply of the skin

diagnostic imaging of skin neoplasia X-rays, CT, MRI, USS, PET-CT, and imaging assisted diagnostic biopsy

histology of the skin standard stains

immunocytochemistry and cytogenetic techniques

common benign skin disorders-hidradenitis suppurativa, epidermal cysts, lipomas, vascular and congenital malformations

melanocytic naevi including giant, actinic lesions and epidermal/dermal lesions etc., risks of malignant transformation in chronic lesions, giant melanocytic naevi and Marjolin's ulcers

specific history and diagnostic features (clinical and non-clinical) of benign skin lesions (pigmented and non-pigmented), dysplastic naevi, lentigo maligna, malignant melanoma and non-melanoma skin cancers (basal cell carcinoma and squamous cell carcinoma), dermatofibroma, keratoacanthoma, pilomatrixomata, actinic keratoses, Bowen's disease clinical features of dermatitis artefacta, folliculitis, pyogenic granuloma, inflammatory skin conditions (hidradenitis and acne vulgaris), fungal skin lesions, lentigines, angiomata

difference between telangiectasia and spider naevi

chronic wounds and pressure sores

INTERMEDIATE should be able to demonstrate knowledge of:

range, indications and principles of surgical options for surgical ablation of tumours of the head & neck.

range, indications and principles of surgical options for soft tissue defect reconstruction of the head & neck.

range, indications and principles of surgical options for reconstruction of particular units of the head & neck (nose / eyelids / ears / lips)

concepts and limitations of diagnostic techniques

aetiology and assessment of facial palsy

assessment of facial aesthetics

role and use of the head & neck MDT

anatomy of special sites, the pelvis, epitrochlear and popliteal fossa, the triangular space of the back, the axilla, head and neck lymph node basins

anatomy and access for diagnostic biopsies when required

concepts and limitations of diagnostic techniques, dermoscopy, mapping biopsies, frozen sections

range, indications and principles of surgical options for surgical ablation of tumours of the skin

Mohs' micrographic surgery

sentinel node biopsy

the role of the skin multidisciplinary team

diagnosis of lesions at difficult sites, subungual, large facial lesions, mucosal lesions, metastatic lesions

the range of dressings for open skin lesions/wounds

ADVANCED should be able to demonstrate knowledge of:

factors determining appropriate surgical ablation techniques

factors determining decision making in choice of flaps and tissue for soft tissue defect reconstruction

factors determining decision making in choice of flaps and tissue for reconstruction of particular units of the head & neck (nose / eyelids / ears / lips).

indications and principles of surgical options and non-operative techniques in facial reanimation

anatomy in particular for block dissections of the axilla, inguinal, iliac and ilioinguinal regions,

functional and surgical anatomy of the face, head and neck

the surgical options for reconstruction of particular units of the head & neck (nose / eyelids / ears / lips), the trunk, the upper lower and lower limb

the range of dressings available for complex wounds/ulcers

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

take a focused head & neck history related to any head & neck symptom

assess and non-operatively manage acute injury

recognise life-threatening injuries of the airway and major blood vessels

undertake competent examination of the head & neck.

undertake competent examination of cervical lymph nodes.

record diagnostic findings accurately

organise discussion of cases at head & neck MDT meetings.

take focused skin history related to any skin lesion and skin symptoms

use the magnifying glass, lighting, dermoscopy using polarised and non-polarised light

plan non-operative management of small open wounds

use non-operative methods of hemostasis in the acutely bleeding wound/ulcer

recognise life threatening injuries both airway and vascular

undertake resuscitation skills as laid out in ATLS

examine of the head & neck, upper limb, lower limb, abdomen and pelvis

assess lesions on the face, head and neck, hand, arm, trunk and lower limb

examine regional lymph nodes

organise discussion of cases at clinical meetings

accurately record diagnostic findings

use the current minimum dataset for skin cancers

use current databases and audit and peer review tools according to published requirements and guidelines

**INTERMEDIATE** should be able to demonstrate ability to:

interpret significance of cytological and histological biopsy reports

interpret CT and MRI scans of the head and neck.

plan appropriately for further non-standard investigations of head & neck symptoms following inconclusive initial test results

assess the chronic ulcer/wounds

recommend additional investigations to assess symptoms following inconclusive initial results

interpret and discuss cytological and histological biopsy reports

ADVANCED should be able to demonstrate:

skills of analysis and diagnostic synthesis, judgement and surgical planning pertaining to the topics covered in this module

interpret of any scans performed in particular PET, PET-CT and lymphoscintigraphy, assess and formulate management plan for the large complex wound

formulate appropriate and timely management, investigations, treatment and follow up plan for a patient all types of benign and malignant skin lesions

	KILLS AND PROCEDURES
	be able to perform or manage:
	ment with the skill detailed in ATLS
	port with the skills detailed in ATLS
	ultrasound guided lesion FNA of the head & neck
	Iltrasound guided core biopsy of the head & neck
	ment using the techniques specified by ATLS
	ory support using the techniques specified by ATLS
•	Iltrasound guided lesion biopsy
	ed lesions, punch biopsy
•	ells for cytological examination for fungus or malignancy
-	romas or cystic skin lesions
•	of undiagnosed skin lesions smaller than 1cm in size including those
	nalignancy and direct closure techniques
	ne appropriate dressings in open wounds
	ne appropriate dressings in infected skin wounds
	E should be able to perform or manage:
	r / excision biopsy of intra-oral lesions
-	ect pharyngolaryngoscopy
	head & neck under anaesthesia
	n / excision biopsy of lesions at difficult sites (any size if periorbital,
-	he foot or hands and larger lesions on the pretibial region),
biopsy of subur	
	crographic surgery
	negative pressure dressing
	nould be able to perform or manage:
sentinel lymph	node biopsy
	/ excision biopsy of intra-oral / laryngeal / pharyngeal lesions
	node biopsy to include interpretation of result
· · ·	A / excision biopsy of large suspicious skin lesions (greater than 1cm)
-	g large facial lesions
	de and dress large complex wounds

# SKIN-RELATED NEOPLASIA of the HEAD & NECK

## OBJECTIVE

Competence in the diagnosis, assessment and management of all types of skin related cancer of the head and neck.

## KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

epidemiology

histological classification (BCC / SCC / Melanoma / adnexal)

staging of skin cancer

prognostic factors (tumour and patient-related) and implications for patient treatment recommendations

principles of screening programmes within a population.

guidelines in treatment of non-melanoma skin cancers

understanding the MDT

knowledge of reconstructive options

INTERMEDIATE should be able to demonstrate knowledge of:

indications for non-surgical treatment

adjuvant therapies including chemotherapy, radiotherapy, endocrine therapy and biological therapies particularly for melanoma.

cancer biology – specifically with regards to hormonal and growth factors / receptors and tumour metastasis

palliative treatment options for skin cancer.

ADVANCED should be able to demonstrate knowledge of:

association between specific high risk benign skin conditions with associated increased skin cancer risk

melanoma biology

important adjuvant and neo-adjuvant historical and current trials (clinical/surgical, chemotherapy, radiotherapy, hormonal and biological)

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

take focused skin-related history, eliciting factors associated with benign and malignant skin neoplasia

undertake competent head & neck examination

examine for head & neck lymphadenopathy

initiate appropriate investigations

undertake pre-op. skin prep and draping and prescribe antibiotic prophylaxis

work effectively within the skin cancer multidisciplinary team.

INTERMEDIATE should be able to demonstrate ability to:

assess and manage patients presenting with locally advanced disease

interpret CT, MRI & PET scans,

recognise where further pathology or imaging studies may be required and request these appropriately,

develop and record management plan for the patient and discuss rationale for management of common scenarios with patients and colleagues.

ADVANCED should be able to demonstrate skills of:

communication of a cancer diagnosis with patients

discussion of complex treatment scenarios with patients including discussion of all options, advantages and disadvantages and take informed consent

analysis and diagnostic synthesis, judgement and surgical planning pertaining to conditions described in this module

communication within the MDT

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

incision biopsy of lesion

excision biopsy of lesion

FNA / core sample of lymph node

Lymph node sampling [in centres where SNB not available]

local flap reconstruction (rotation / transposition / advancement)

split and full thickness skin grafts.

**INTERMEDIATE** should be able to perform or manage:

sentinel lymph node biopsy, dual modality and blue dye only

selective / modified radical neck dissection.

elevation of regional flaps

ADVANCED should be able to perform or manage:

radical or extended neck dissection

reconstruction with regional flaps

free flap surgery

reconstruction of specific aesthetic units (nose / eyelids / ears / lips) – see also Module 4 Reconstructive techniques of the head and neck: Advanced technical skills and procedures

## NON-SKIN-RELATED NEOPLASIA of the HEAD & NECK

#### OBJECTIVE

Competence in the diagnosis, assessment and management of all types of non-skin related cancer of the head and neck.

#### KNOWLEDGE

BASIC should be able to demonstrate knowledge of

epidemiology

types of cancer - oral cavity, nasopharynx, oropharynx, larynx,

reconstructive options

TNM Staging of skin cancer

prognostic factors (tumour and patient related) and implications for patient treatment recommendations

cancer network guidelines in treatment of non-skin cancers of the head & neck

understanding the MDT

INTERMEDIATE should be able to demonstrate knowledge of

indications for non-surgical treatment

adjuvant therapies including chemotherapy, radiotherapy, endocrine therapy and biological therapies.

cancer biology – specifically with regards to hormonal and growth factors / receptors and tumour metastasis.

palliative treatment options for head & neck cancer.

hospice care

ADVANCED should be able to demonstrate knowledge of

association between specific high risk benign skin conditions with associated increased skin cancer risk

important adjuvant and neo-adjuvant historical and current trials (clinical/surgical, chemotherapy, radiotherapy, hormonal and biological)

role of HPV virus in cancer aetiology

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

take focused history related to non-skin tumours of the head & neck eliciting relevant factors,

undertake competent head & neck examination particularly of oral cavity, pharynx and larynx

undertake competent examination of head & neck lymphadenopathy

initiate appropriate investigations

work effectively within the head and neck cancer multidisciplinary team

INTERMEDIATE should be able to demonstrate ability to:

assess and manage patients presenting with locally advanced disease

interpret CT, MRI & PET scans,

recognise where further pathology or radiology may be required and request these appropriately

develop and record management plan for the patient and discuss rationale for management of common scenarios with patients and colleagues

#### ADVANCED should be able to demonstrate ability to:

discuss a cancer diagnosis with patients

discuss a cancer diagnosis with patients

discuss complex treatment scenarios with patients including discussion of all options, advantages and disadvantages and take informed consent

communicate effectively and skilfully

use skills of analysis and diagnostic synthesis, judgement and surgical planning pertaining to the conditions described in this module

## TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

incision biopsy of lesion (oral cavity / pharynx / larynx)

excision biopsy of lesion (oral cavity / pharynx / larynx)

FNA / core sample of cervical / parotid lymph node

local flap reconstruction (rotation / transposition / advancement)

examination under anaesthesia

#### INTERMEDIATE should be able to perform or manage:

selective / modified radical neck dissection

regional flaps

#### ADVANCED should be able to perform or manage:

radical or extended neck dissection

free flap surgery

reconstruction of aesthetic units (nose / eyelids / ears / lips) – see module 4 Reconstructive techniques of the head and neck: Advanced technical skills and procedures

## TECHNIQUES for RECONSTRUCTION of the HEAD & NECK OBJECTIVE

Acquire competence in the planning, execution and management of appropriate soft tissue reconstruction of head & neck defects.

#### KNOWLEDGE

#### BASIC should be able to demonstrate knowledge of:

classification of flaps (random versus axial / muscle flap - Mathes and Nahai classification / type of tissue being transferred)

factors affecting outcome in flap surgery (patient related, operative, adjuvant therapy related),

principles of flap surgery (replace "like with like," reconstructive units, back-up plan and "lifeboat," donor site considerations)

principles of microsurgery

anatomy of perforators and angiosomes – relevant to planning of local, regional and distal flaps

anatomy of local, regional and free flaps suitable for head & neck reconstruction

advantages and disadvantages of local, regional and free flaps in the head & neck appropriate use of local, regional and free flaps in the head & neck

INTERMEDIATE should be able to demonstrate knowledge of:

relevant surgical anatomy and neurovascular supply of flaps used in head & neck reconstruction

pre-operative investigations for specific flaps

ability to interpret angiographic abnormalities when planning reconstruction

complications of autologous tissue reconstruction including donor site morbidity

post-operative flap monitoring techniques

airway management of the head & neck

stages of bereavement associated with loss of body image and the clinical and psychological supports that can be put in place to assist the patient cope with that loss

planning and prioritising treatment within the head & neck MDT setting.

## ADVANCED should be able to demonstrate knowledge of:

assessment of outcome

long term outcomes of head & neck reconstruction

flap salvage and options following failure

outline the impact of disfigurement, the consequences of an altered appearance, what it involves psychologically and socially, and describe the impact of an individual's body image on their life and that of their family

outline the process by which an individual can successfully adjust to disfigurement and explain how the multidisciplinary team can assist with that process

#### CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

take focused history eliciting factors important for decisions regarding suitability / type of reconstruction

clinically assess the soft tissue defect

keep contemporaneous and appropriate record

demonstrate simple management techniques including use of appropriate dressings

plan both local and free flaps appropriately for defect

co-ordinate soft tissue reconstruction in conjunction with ablative team

**INTERMEDIATE** should be able to demonstrate ability to:

counsel patient regarding advantages and disadvantages of reconstruction specifically setting realistic expectations, reconstruction as a process, template inpatient stays and complications,

take informed consent and participate in joint decision-making

manage patients in post-operative period

manage complications of surgery applicable to the clinic setting

use psychological assessment tools for evaluation of psychological needs (patient questionnaires)

ADVANCED should be able to demonstrate ability to:

clinically assess complex reconstructive requirements and make decisions on appropriate management

interpret investigations and formulate management plans

undertake patient-centred care with patient as partner in the process, providing realistic information and guiding patient decision-making regarding choices available and timing of those treatments

manage and lead multi-disciplinary teams in respect of provision of psycho-social care

arrange the care pathway that supports an individual to successfully adjust to disfigurement through giving the individual and family specific life-skills. These include the patient being provided with information about their condition and its treatment, developing a positive outlook/belief system, learning to cope with their feelings, exchanging experiences with others who've "been there" and social skills training to manage other people's reactions

**TECHNICAL SKILLS AND PROCEDURES** 

BASIC should be able to perform or manage:

exposure of vessels

positioning of patient on operating table

protection of pressure areas

prevention of nerve injuries / neurapraxia

skin preparation, draping, antibiotic prophylaxis and thromboprophylaxis.

selection / arrangement of appropriate level of post-operative care.

INTERMEDIATE should be able to perform or manage:

pre-operative marking of patient

raising range of pedicled autologous flaps

in-setting of flap

harvesting vein graft

ADVANCED should be able to perform or manage:

microvascular anastomoses

flap salvage for failing flaps

flap shaping techniques

flap revision techniques

#### **RECONSTRUCTION of SPECIFIC HEAD & NECK SITES**

#### OBJECTIVE

Acquire competence in the planning, execution, management and reconstruction of specific head and neck sub-units including eyelids, nose, lips, ears and scalp.

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

anatomy of tissues suitable for planning of local, regional and distal flaps to specific sites in the head & neck

vascular anatomy relevant to planning of local, regional and distal flaps to specific sites in the head & neck

recognise the appropriate use, advantages and disadvantages of local, regional and free flaps in reconstruction of specific sites in the head & neck

factors affecting outcome in flap surgery (patient-related, operative, adjuvant therapy-related)

INTERMEDIATE should be able to demonstrate knowledge of:

airway management of the head & neck

ability to interpret angiographic abnormalities when planning reconstruction of specific sites in the head and neck

pre-operative investigations for specific flaps

complications of autologous tissue reconstruction including donor site morbidity

post-operative flap monitoring techniques

planning and prioritising treatment within the head & neck MDT setting

ADVANCED should be able to demonstrate knowledge of:

long-term outcomes of head & neck reconstruction

assessment of outcome

flap salvage and options following failure

use of osseointegrated implants and head and neck prosthetics

effects of radiotherapy

CLINICAL SKILLS and ATTITUDES

#### BASIC should be able to demonstrate ability to:

take focused history eliciting factors important for decisions regarding suitability / type of reconstruction for a specific head and neck site

clinically assess specific head and neck defects

keep contemporaneous and appropriate records

effect simple wound management techniques including use of appropriate dressings

plan both local, regional and free flaps appropriate for specific defect

demonstrate soft tissue reconstruction in conjunction with ablative team

**INTERMEDIATE** should be able to demonstrate ability to:

discuss advantages and disadvantages of reconstruction - specifically setting of realistic expectation, reconstruction as a process, template in-patient stays and complications

understand importance of informed consent and joint decision making

take informed consent and joint decision making

manage complications of surgery in pre, peri and post-operative phases

ADVANCED should be able to demonstrate ability to:

clinically assess complex reconstructive requirements and make decisions on appropriate management for specific sites in the head and neck

interpret investigations to formulate management plan

manage tissues previously treated with radiotherapy

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

exposure of vessels

positioning of patient on operating table

protection of pressure areas

prevention of nerve injuries / neurapraxia

skin preparation, draping, antibiotic prophylaxis and thromboprophylaxis regimens

selection / arrangement of appropriate post-operative care

INTERMEDIATE should be able to perform or manage:

pre-operative marking of patient

raising local, regional and pedicled autologous flaps relevant to specific sites of the head and neck

in-setting of flap

## ADVANCED should be able to perform or manage:

treatment of specific sites of the head and neck following previous radiotherapy

salvage surgery of specific sites of the head and neck

microvascular anastomoses

flap salvage for failing flaps

flap revision techniques

use of osseointegrated implants and facial prosthetics

## FACIAL REANIMATION

## OBJECTIVE

Competence in the diagnosis of facial palsy and management by both static and dynamic procedures as well as non-surgical treatments

KNOWLEDGE

## BASIC should be able to demonstrate knowledge of:

epidemiology

anatomy of the facial nerve

aetiological causes of facial palsy

prognostic factors and implications for patient treatment recommendations

range of reconstructive options

INTERMEDIATE should be able to demonstrate knowledge of:

non-surgical treatments (neurotoxins, biofeedback, electrical stimulation of facial musculature)

static sling procedures (tendon, fascia, artificial)

dynamic sling procedures (temporalis, masseter)

principles of facial nerve reconstruction (direct suturing, nerve grafting, cross facial nerve grafting)

ADVANCED should be able to demonstrate knowledge of:

free muscle transfer techniques (cross facial nerve grafting, gracilis, pectoralis minor, rectus abdominis)

reconstructive aesthetic techniques (endoscopic browlift, facelift, upper & lower blepharoplasties)

use of ancillary surgical techniques (autologous fat transfer, re-positioning parotid ducts etc)

cranial nerve transfers (hypoglossal, accessory)

### CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

take focused facial nerve related history eliciting factors localising site of injury

undertake competent facial nerve examination

initiate appropriate investigations (CT, MRI, EMG, nerve conduction studies)

INTERMEDIATE should be able to demonstrate ability to:

interpret CT, MRI, EMG& nerve conduction studies,

assess and manage patients presenting with locally advanced disease

recognise where further investigations may be required and request these appropriately

develop and record management plan for the patient and discuss rationale for management of common scenarios with patients and colleagues

#### ADVANCED should be able to demonstrate ability to:

undertake analysis and diagnostic synthesis, judgement and surgical planning pertinent to facial palsy

discuss complex treatment scenarios with patients including discussion of all options, advantages and disadvantages and take informed consent

#### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

exploration, protection and identification of facial nerve branches

direct repair of facial nerve

nerve grafting of facial nerve

techniques of Botox injection of face, techniques of biofeedback and electrical stimulation of facial musculature,

surgical access and identification of deep layers of the face

**INTERMEDIATE** should be able to perform or manage:

cross facial nerve grafting

insertion of static slings

dynamic slings (Temporalis, masseter)

ADVANCED should be able to perform or manage:

free muscle tissue transfers techniques (gracilis, pectoralis minor, rectus abdominis) cranial nerve transfers (hypoglossal, accessory)

ancillary reconstructive techniques (autologous fat transfer, re-positioning parotid ducts etc)

reconstructive aesthetic techniques (endoscopic browlift, facelift, upper and lower blepharoplasties)

## Lower Limb

## ASSESSMENT and PRIMARY MANAGEMENT of LOWER LIMB INJURIES

#### OBJECTIVE

Acquire competence in the initial combined management of patients with open lower limb fractures in the emergency department.

#### KNOWLEDGE

#### BASIC should be able to demonstrate knowledge of:

resuscitation principles as defined by ATLS

applied anatomy, physiology, pathology and mechanisms of limb injury, blood supply of skin, fat and muscle

angiosomes of lower limb

classification of open fractures, including Gustilo classification

factors influencing fracture healing

timing and rationale for antibiotic use and timing of initial debridement

appropriate pre-operative investigations

role of other members of team including microbiologists, physiotherapy, occupational therapy

importance of specialist centres, MDT and interdisciplinary communication, especially with orthopaedic colleagues

INTERMEDIATE should be able to demonstrate knowledge of:

pathophysiology of degloving injuries and their classification

management of specific injuries e.g., crush and degloving

range, indications and principles of surgical options for soft tissue reconstruction: direct closure, skin graft, local and free flaps

options of bone fixation, including internal versus external fixation

ADVANCED should be able to demonstrate knowledge of:

role of major trauma centres

management of multiply injured patient

factors determining decision making in choice of flaps and tissue for soft tissue reconstruction

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

take a focused history for lower limb injury

clinically assess and undertake non-operative management of acute injury

recognise life-threatening injuries

examine to including assessment of severity of injury

assess vascular status

assess for the presence of compartment syndrome

**INTERMEDIATE** should be able to demonstrate ability to:

examine neurological status of limb

apply the management algorithms pertinent to the conditions covered in this module

ADVANCED should be able to demonstrate skills of:

analysis and diagnostic synthesis, judgement, surgical planning pertaining to lower limb injury

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

application of appropriate dressings in emergency room

reduction of fracture in emergency department

application of a plaster cast

INTERMEDIATE should be able to perform or manage:

measure compartment pressures and interpret results

ADVANCED should be able to perform or manage:

stabilise associated injuries and bleeding

## DEBRIDEMENT, STABILISATION, and COMPARTMENT SYNDROME

### OBJECTIVE

Acquire competence in the debridement, stabilisation and assessment of wounds and the ability to make a surgical plan for future management. Management of compartment syndrome.

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

principles of fracture management

anatomy of lower limb

on-table imaging techniques and their interpretation

safe access incisions

the importance of tissue sampling

temporary wound dressings

pathophysiology of compartment syndrome

INTERMEDIATE should be able to demonstrate knowledge of:

anatomy of perforators

principles and management of fractures and the relevance to subsequent soft tissue reconstruction

monitoring and interpretation of results of raised compartment pressures

ADVANCED should be able to demonstrate knowledge of:

principles of bone debridement

microbiology of open fracture injuries

characteristics of defects that can be closed primarily at the initial debridement and the techniques available

controversies of delayed diagnosis of compartment syndrome	
CLINICAL SKILLS and ATTITUDES	

### BASIC should be able to demonstrate ability to:

assess fractures clinically

manage wounds in various locations on the lower limb

apply plaster splints

apply temporary dressings - negative pressure and antibiotic bead pouch

measure compartment pressures

INTERMEDIATE should be able to demonstrate ability to:

manage more complex fractures

formulate treatment plan for degloving injuries, especially multiplanar degloving

ADVANCED should be able to demonstrate ability to:

recognise those injuries that would benefit from primary amputation

### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

appropriate pre-wash and prep

systematic wound debridement under tourniquet control

wound extension along fasciotomy lines

application of temporary dressing

INTERMEDIATE should be able to perform or manage:

identification of tissues that can be preserved

adequately debride injured soft tissues to achieve a stable wound approaching elective conditions

release four muscle compartments in leg in cases of compartment syndrome

intraoperative planning of future soft tissue reconstruction in conjunction with orthopaedic team and ensure appropriate bone fixation to facilitate this

ADVANCED should be able to perform or manage:

perform amputation of non-salvageable limbs

## SOFT TISSUE RECONSTRUCTION

#### OBJECTIVE

Acquire competence in the planning and execution of appropriate soft tissue cover of open tibial fractures

## KNOWLEDGE

## BASIC should be able to demonstrate knowledge of:

anatomy of perforators and angiosomes – relevant to planning of local flaps

zone of injury

anatomy of free flaps suitable for lower limb reconstruction with the advantages and disadvantages of each, and the appropriate use of each option

**INTERMEDIATE** should be able to demonstrate knowledge of:

options available for fracture fixation and tailoring soft tissue management accordingly

planning and prioritising treatment within an MDT setting.

ADVANCED should be able to demonstrate knowledge of:

principles and detailed management of more complex injuries, including multilevel and bilateral lower limb injuries

the surgical management of bone and soft tissue reconstruction

principles of circular frames and bone transport

controversies of fasciocutaneous versus muscle flaps for soft tissue coverage of open fractures

angiographic abnormalities when planning reconstruction

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

clinically assess soft tissue defects demonstrating recognition of injury patterns

use simple management techniques including use of appropriate dressings

use appropriate antibiotics at definitive wound closure

plan both local and free flap reconstruction appropriately for defect

co-ordinate soft tissue reconstruction in conjunction with orthopaedic team

**INTERMEDIATE** should be able to demonstrate ability to:

plan management algorithms for the common injuries covered in this module

plan logical step-by-step planning of complex cases in conjunction with orthopaedic surgeons

ADVANCED should be able to demonstrate ability to:

plan management algorithms for the injuries covered in this module including complex injuries

plan management and reconstruction for the more complex soft tissue defect in patients requiring distraction lengthening of the skeleton

#### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

direct closure

skin graft

temporary dressings – negative pressure and antibiotic bead pouch

exposure of recipient vessels in leg

**INTERMEDIATE** should be able to perform or manage:

nerve repair (direct)

planning and raising appropriate fasciocutaneous flaps, both proximally and distally based

raising gastrocnemius muscle flap for proximal third/knee defects

performing most steps in the raising and anastomosing of free flaps

harvesting of vein graft

exposure of recipient vessels in leg

ADVANCED should be able to perform or manage:

raising and anastomosing ALT, LD and radial forearm free flaps under supervision

harvesting a free fibula flap

nerve repair using sural nerve graft

using interposition vein grafts to perform anastomoses outside zone of injury

## VASCULAR INJURIES and AMPUTATION

#### OBJECTIVE

Acquire competence in the diagnosis and management of all vascular injuries to the lower limb.

Acquire competence in the recognition and management of patients requiring early and delayed amputations.

Acquire understanding of the impact of amputation level on subsequent rehabilitation and detailed knowledge of the rehabilitation regimens for patients requiring amputation.

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

anatomy of vasculature, including well-known variations e.g., peronea magna

response of vessels to injury and repair

primary management of vascular injuries and the devascularised limb

appropriate use of investigations

timing of surgery for acutely ischaemic limb

indications for amputation and the levels

rehabilitation of amputation patients

**INTERMEDIATE** should be able to demonstrate knowledge of:

role of vascular shunts

role of angiography

techniques of vessel repair

challenges for primary amputation

how to deal with the nerves during amputation and the need for a myodesis

role of adductor myodesis for transfemoral amputation

ADVANCED should be able to demonstrate knowledge of:

methods for secondary amputation for infection, failed reconstruction etc.

how to manage the revascularised limb post-operatively

pharmacological and non-pharmacological methods for the relief of pain, including phantom limb and neuropathic pain

requirements of a good amputation stump to allow proper prosthesis fitting

role of fillet of limb (foot) technique

knowledge of need to reconstruct large veins proximal to trifurcation

**CLINICAL SKILLS and ATTITUDES** 

BASIC should be able to demonstrate ability to:

control bleeding

interpret angiograms

**INTERMEDIATE** should be able to demonstrate ability to:

clinically assess and prepare management algorithms for the conditions covered in this module

counsel a patient for limb amputation

ADVANCED should be able to demonstrate ability to:

clinically assess complex injuries and make decisions on subsequent management

interpret investigations and formulate management plan in secondary amputation e.g., CT, angiography etc.

manage iatrogenic vessel injury

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

exposure of vessels

insertion of shunts

harvesting vein graft

application of skin graft to amputation stump if required

**INTERMEDIATE** should be able to perform or manage:

vein graft for vascular injury

uncomplicated transtibial amputation

-uncomplicated through knee and transfemoral amputation.

ADVANCED should be able to perform or manage:

repair of complex vessel defect

continuation to suitable reconstruction of revascularised limb if appropriate

modification of skin flaps for amputation due to complex soft tissue injury

fillet of foot for amputation where soft tissue is deficient

## COMPLICATIONS

#### OBJECTIVE

Acquire competence in the diagnosis and management of both bone and soft tissue complications and recognition of the need for multidisciplinary management

#### KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

consequences of infection following trauma and surgery

complications of free flap surgery

complications following the use of local flaps

those complications which require referral to specialist centres

INTERMEDIATE should be able to demonstrate knowledge of:

the management of all complications following soft tissue reconstruction including recognition of skeletal complications.

ADVANCED should be able to demonstrate knowledge of:

basic science and evidence-base underpinning the management of complications

orthopaedic principles of managing delayed union and non-union

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

undertake clinical assessment of complications and in particular recognise a compromised free or local flap, in conjunction with general patient parameters

use relevant adjunctive techniques such as ultrasound

INTERMEDIATE should be able to demonstrate ability to:

clinically assess and plan management algorithms for the conditions covered in this module

use a range of free flap monitoring techniques

ADVANCED should be able to demonstrate ability to:

undertake detailed assessment of, and advise on, complex problems including reconstruction/salvage of the limb if primary reconstruction has failed

analyse and advise on modifications needed to standard therapy regimens to address specific complications

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

washout of haematoma/collection

application of leeches to flap tip with venous congestion

simple debridement of non-viable flap and appropriate application of temporary dressing

INTERMEDIATE should be able to perform or manage:

take back free flap to theatre with consultant assistance.

ADVANCED should be able to perform or manage:

salvage or amputation of limb following flap failure

bone debridement in conjunction with orthopaedic surgeons

raising flaps to assist orthopaedic team for skeletal revision surgery including cancellous bone graft

## PAEDIATRIC INJURIES and OUTCOME MEASURES

#### OBJECTIVE

Acquire competence in the diagnosis and management of children with lower limb injuries

KNOWLEDGE

#### BASIC should be able to demonstrate knowledge of:

principles of management of children's injuries – skeletal and soft tissue and appreciate differences from adults

normal growth and development, in particular the importance of growth plates

outcome measures such as Sickness Impact Profile (SIP),

short form-36 (SF36) and Enneking score. Recognition of the need for specialist centres for revision surgery

INTERMEDIATE should be able to demonstrate knowledge of:

management of open lower limb injuries in children

how to apply outcome measures to practice and interpret published work, including limitations

ADVANCED should be able to demonstrate knowledge of:

management of paediatric lower limb injuries and the specific bone and soft tissue considerations needed regarding growth

controversies regarding paediatric open lower limb injuries

how to plan and undertake an outcome study and audit outcomes for lower limb trauma

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

clinically assess the injured child

communicate and liaise with parents

work and communicate within the relevant multidisciplinary team (MDT)

recognise non-accidental injury

INTERMEDIATE should be able to demonstrate ability to:

plan management algorithms for the paediatric patient with lower limb injury.

ADVANCED should be able to demonstrate ability to:

use skills of analysis and diagnostic synthesis, judgement, and surgical planning

in respect of the child, to advise regarding timing of reconstruction and effect of growth on reconstructive surgery previously performed

provide detailed advice on the treatment pathway, including interpretation of specialist imaging, within the context of the relevant MDT

**TECHNICAL SKILLS AND PROCEDURES** 

BASIC should be able to perform or manage:

stabilise the child with lower limb injury for safe transfer to specialist centre

**INTERMEDIATE** should be able to perform or manage:

primary debridement and application of temporary wound dressings in theatre

ADVANCED should be able to perform or manage:

appropriate reconstruction of soft tissue defect including all the techniques available

## Lymphatics and lymphedema LYMPHATIC SURGERY

#### OBJECTIVE

Acquire competence in the diagnostics and management of lymphatic disorders, lymphedema and lipedema

#### KNOWLEDGE

#### BASIC should be able to demonstrate knowledge of:

normal anatomy and physiology of the lymphatic system

differential diagnostics of secondary lymphedema due to cancer, surgery, trauma or infection

differential diagnostics of lipedema

conservative treatment of lymphedema, e.g. weight loss, exercises, bandaging, manual lymphatic drainage, compression garments

national and international guidelines in the treatment of lipedema and lymphedema

#### INTERMEDIATE should be able to demonstrate knowledge of:

the different imaging techniques available for evaluating the lymphatic system, for example ICG fluorography, lymphoscintigraphy, lymphoMRI

the different techniques for assessing tissue fat and fluid content

personalized planning of the conservative treatment of lymphedema

ADVANCED should be able to demonstrate knowledge of:

differential diagnostics of primary lymphedema, associated genetic syndromes surgical options available

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

perform a clinical examination of a lymphedema or lipedema patient

differentiate lipedema from lymphedema

inform the patients of the pros and cons of reductive surgery, liposuction and excisions

prescribe first line conservative treatment, compression and advice on the benefits of weight loss and exercises

INTERMEDIATE should be able to demonstrate ability to:

perform an ICG fluorography examination and interpret the result

draw conclusions from a lymphoscintigraphy or lymphoMRI images

discuss and explain the diagnosis and findings to the patient and consult an MDT if necessary

prescribe individualized permanent conservative treatment of lymphedema,

ADVANCED should be able to demonstrate ability to:

diagnose rare lymphatic disorders and consult an international MDT if necessary

discuss and explain the available surgical options to a primary lymphedema patient according to the diagnosis and findings

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

prescribe individualized first line conservative treatment of lymphedema

#### ETR - PRAS

perform liposuction for lipedema and lymphedema

ICG fluorography, injection of dye and interpretation of findings

INTERMEDIATE should be able to perform or manage:

vascularised lymph node transfer (VLNT) from inguinal nodes

Charles, Homans, Thompson, Sistrunk procedures

ADVANCED should be able to perform or manage:

lymphaticovenous anastomosis

lympholymphous or lymphatic to node anastomosis

microvascular breast reconstruction combined with VLNT

VLNT from other donor sites, for example thoracodorsal, submental, supraclavicular, omental nodal basins

## Microsurgery MICROSURGICAL REPAIR of the VESSELS SUPRAMICROSURGERY

#### OBJECTIVE

Acquire competence in the microsurgical repair of traumatically injured vessels as well as anastomosis of the vessels in free tissue transfers

precise competence in the microsurgical repair of vessels having inner diameter less than 1 mm

KNOWLEDGE

#### BASIC should be able to demonstrate knowledge of:

anatomy, embryology, physiology of skin

blood circulation types of the skin, soft tissues, and bones

physiology of the microcirculation

pathophysiology of coagulation

microsurgical suture materials

using magnification systems

transfer of the amputated part

INTERMEDIATE should be able to demonstrate knowledge of:

principles of microvascular surgery

selection of microsurgical suture materials

room setup for microvascular surgery

operation principles and optics of the operation microscope and loupes

physiology of ischemia and reperfusion injury

thrombosis and thrombolytic pharmacological agents

amputation types

principles of replantation

replantation of a clean-cut single digit

techniques to raise free single tissue transfers

ADVANCED should be able to demonstrate knowledge of:

all aspects of ischemia and reperfusion injury

management of no-reflow phenomenon

management of complicated replantations

techniques to raise all types of free tissue transfers

persistent thrombosis

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

hand-related history taking and hand examination

prepare free tissue transfer patient

#### **INTERMEDIATE** should be able to demonstrate ability to:

manage minor amputations

management of thrombosis

using thrombolytic agents

#### ADVANCED should be able to demonstrate ability to:

design and use management algorithms, judgement, and surgical planning TECHNICAL SKILLS AND PROCEDURES

#### TECHNICAL SKILLS AND PROCEDURES

### BASIC should be able to perform or manage:

fingertip reconstruction

arterial and venous repair of the small and medium vessels

### **INTERMEDIATE** should be able to perform or manage:

whole process of the replantation of a clean-cut single digit

techniques to raise free single tissue transfers (e.g. radial forearm flap)

### ADVANCED should be able to perform or manage:

complicated replantations

raising all types of free tissue transfers including composite tissues

microsurgical repair of vessels having inner diameter less than 1 mm

### MICROSURGICAL REPAIR of the NERVES

#### OBJECTIVE

Acquires competence in the diagnosis and management of all aspects of nerve related disorders including nerve compression, nerve palsy and traumatic nerve injuries

Acquire competence in the microsurgical repair of traumatically injured nerves as well as coaptation of the nerves in free tissue transfers

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

topographic anatomy, embryology, physiology of peripheral nerves

blood circulation of the nerves

physiology of the nerve regeneration

pathophysiology of nerve compressive disorders

micro suture materials

using magnification systems

transfer of the amputated part

INTERMEDIATE should be able to demonstrate knowledge of:

principles of microvascular surgery

selection of micro suture materials

operation principles and optics of the operation microscope and loupes

physiology of the ischemia and reperfusion injury

problems in nerve regeneration

mechanisms of brachial plexus injury

pathophysiology and classification of Complex regional pain syndrome (CRPS) and neuropathic pain problems

ADVANCED should be able to demonstrate knowledge of:

appropriate use of nerve grafts and other conduits

techniques of nerve reconstruction, neurotisation, and muscle transfers for reanimation of the upper limb

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

assessment of the peripheral nerves

clinically assess nerve-related disorders including brachial plexus

apply relevant specialist imaging techniques such as electrophysiological investigation and ultrasound

prevent iatrogenic nerve injury

INTERMEDIATE should be able to demonstrate ability to:

assessment of nerve function using specific equipment used in rehabilitation and assessment (such as Semmes Weinstein filaments)

assessment of the cranial nerves

ADVANCED should be able to demonstrate ability to:

clinically assess brachial plexus and obstetrical brachial plexus injury including acute and interval treatment

clinically assess the spastic and tetraplegic upper limb

define the management algorithm of the iatrogenic nerve injury

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

peripheral nerve repair including digital nerves

nerve graft harvest

simple decompression of nerve entrapment syndromes (e.g. carpal tunnel release)

**INTERMEDIATE** should be able to perform or manage:

nerve repair in neurocutaneous free tissue transfers

complicated decompression of nerve entrapment syndromes

nerve grafting for segmental nerve defect

### ADVANCED should be able to perform or manage:

brachial plexus exploration

nerve grafting

neuroma

neurotization techniques

vascularised nerve transfers

free muscle transfer for facial reanimation

### MICROSURGICAL REPAIR of the LYMPHATICS LYMPHATICOVENOUS / LYMPHATICOLYMPHATIC REPAIRS

#### OBJECTIVE

Acquires competence in the diagnosis and management of all aspects of lymphatic disorders including congenital and iatrogenic forms

Acquire competence in the microsurgical repair of lymphatics, lymphaticovenous, and/or lymphaticolymphatic repairs

#### **KNOWLEDGE**

#### BASIC should be able to demonstrate knowledge of:

normal anatomy and physiology of the lymphatic system

differential diagnostics of primary or secondary lymphedema

micro suture materials

using magnification systems

### **INTERMEDIATE** should be able to demonstrate knowledge of:

the different imaging techniques available for evaluating the lymphatic system, for example ICG fluorography, lymphoscintigraphy, lymphoMRI, etc.

ADVANCED should be able to demonstrate knowledge of:

differential diagnostics of primary lymphedema and associated genetic syndromes surgical treatment alternatives

**CLINICAL SKILLS and ATTITUDES** 

BASIC should be able to demonstrate ability to:

perform a clinical examination of a lymphedema patient

inform patients about pros and cons of microsurgical repair of lymphatics

inform patients about the first line conservative treatment

INTERMEDIATE should be able to demonstrate ability to:

perform an ICG fluorography examination and interpret the result

Draw conclusions from a lymphoscintigraphy or lymphoMRI images

analyses imaging techniques available for evaluating the lymphatic system and

### ETR - PRAS

discuss and explain the diagnosis and findings to the patient
inform patients about the alternative treatments
ADVANCED should be able to demonstrate ability to:
discuss and explain the available surgical options to the lymphedema patient
according to the diagnosis and findings
TECHNICAL SKILLS AND PROCEDURES
BASIC should be able to perform or manage:
ICG fluorography, injection of dye and interpretation of findings
mounting and dismantling the parts of the robotic system
INTERMEDIATE should be able to perform or manage:
vascularised lymph node transfer (VLNT)
experimental use of robotic systems
ADVANCED should be able to perform or manage:
lymphaticovenous anastomosis
lympholymphous or lymphatic to node anastomosis
microvascular breast reconstruction combined with vlnt
VLNT from specific donor sites, for example thoracodorsal, submental,
supraclavicular, omental nodal basins
flap harvesting using robotic systems
microsurgical vascal and nonvo rangir using relation avetama

microsurgical vessel and nerve repair using robotic systems

# Pelvic floor

## PELVIC RECONSTRUCTION

### OBJECTIVE

Acquire competence in the principles of management including reconstruction of the pelvic defect.

### KNOWLEDGE

### BASIC should be able to demonstrate knowledge of:

types and basic management of various types of pelvic / genitourethral malignancy effects of gender on defect

principle of management of malignancy of pelvic origin

role of the MDT

range of flaps and techniques available for reconstruction

INTERMEDIATE should be able to demonstrate knowledge of:

techniques available for pelvic defect reconstruction including:

assessment of the nature of the commoner partial defects and the most appropriate flaps

assessment of total perineal defect and the main types of flaps.

pros and cons of various flaps for various defects

ADVANCED should be able to demonstrate knowledge of:

techniques available for specific aspects of pelvic and perineal reconstruction such as:

penile amputation for carcinoma

vulval reconstruction with fasciocutaneous flaps

coverage of exposed testis following Fournier disease

urethral reconstruction options following malignancy

trauma, including flap, FTSG, transplantation of urethra, tubed bladder wall

### CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

working within an MDT and the ability to assess the psychological state of the patient and possible size/nature of the defect prior to resection

INTERMEDIATE should be able to demonstrate ability to:

the skills to arrange patient-centred care with patient as partner in the process (depending on age of patient), providing realistic information and guiding patient decision-making regarding choices available and timing of those treatments

### ADVANCED should be able to manage and lead:

multi-disciplinary teams in respect of provision of psycho-social care. Be able to arrange the care pathway that supports an individual and his/her family to successfully adjust to disfigurement and functional problems through giving the individual and family specific life-skills. These include the patient being provided with information about their condition and its treatment, developing a positive

#### ETR - PRAS

outlook/belief system, learning to cope with their feelings, exchanging experiences with others who've "been there" and social skills training to manage other people's reactions

### TECHNICAL SKILLS AND PROCEDURES

### BASIC should be able to perform or manage:

raising local flaps

use of quilted SSG for penile amputation

raise and deal with donor site for SSG and FTSG including BUMG

#### INTERMEDIATE should be able to perform or manage:

elevation of complex flaps including, Lotus flap, Singapore flap, inferiorly based TRAM and VRAM, SIEA flap and gracilis flap

### ADVANCED should be able to perform or manage:

specific operations for perineal reconstruction such as:

penile amputation for carcinoma

urethral reconstruction for stricture or trauma

vaginal reconstruction following malignancy

### Skin and Soft Tissue Surgery BASIC SCIENCES and SKIN ASSESSMENT

### OBJECTIVE

Acquire competence in the development, anatomy and physiology of the skin in relation to its surgery

Acquire competence in the diagnosis, use of imaging and management of suspicious skin lesions

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

anatomy of the skin-epidermal and dermal layers and appendageal structures

embryology of the skin

histopathological appearance of skin

anatomy of the body surface, in particular the head and neck, hands, nails and feet vascular, neuronal and lymphatic supply / drainage of the head & neck, trunk and limbs, blood supply of the skin

diagnostic imaging of skin neoplasia X-rays, CT, MRI, US, PET-CT, and imaging assisted diagnostic biopsy

standard skin stains used for histology

origin of stains used and for what purpose

immunocytochemistry and cytogenetic techniques

common benign skin disorders-hidradenitis suppurativa, epidermal cysts, lipomas, vascular and congenital malformations

melanocytic naevi including giant, actinic lesions and epidermal/dermal lesions etc., risks of malignant transformation in chronic lesions, giant melanocytic naevi and Marjolin's ulcers

specific history and diagnostic features (clinical and non-clinical) of benign skin lesions (pigmented and non-pigmented), dysplastic naevi, lentigo maligna, melanoma and non- melanoma skin cancers (basal cell carcinoma and squamous cell carcinoma), dermatofibroma, keratoacanthoma, pilomatrixoma, actinic keratoses, Bowen's disease

clinical features of dermatitis artefacta, folliculitis, pyogenic granuloma, inflammatory skin conditions (hidradenitis and acne vulgaris), fungal skin lesions, lentigines, angiomata,

difference between telangiectasia and spider naevi,

chronic wounds and pressure sores.

**INTERMEDIATE** should be able to demonstrate knowledge of:

anatomy of special sites, the pelvis, epitrochlear and popliteal fossa, the triangular space of the back, the axilla, head and neck lymph node basins

anatomy and access for diagnostic biopsies when required

concepts and limitations of diagnostic techniques, dermoscopy, mapping biopsies, frozen sections

range, indications and principles of surgical options for surgical ablation of tumours of the skin

staged histological clearance

sentinel node biopsy

the role of the skin MDT

diagnosis of lesions at difficult sites, subungual, large facial lesions, mucosal lesions, metastatic lesions

the range of dressings for open skin lesions/wounds

ADVANCED should be able to demonstrate knowledge of:

anatomy in particular for block dissections of the axilla, inguinal, iliac and ilioinguinal regions

functional and surgical anatomy of the face, head and neck

the surgical options for reconstruction of particular units of the head & neck (nose / eyelids / ears / lips), the trunk, the upper lower and lower limb

the range of dressings available for complex wounds/ulcers

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

take focused skin history related to any skin lesion and skin symptoms

use the magnifying glass, lighting, dermoscopy

plan non-operative management of small open wounds

use non-operative methods of hemostasis in the acutely bleeding wound/ulcer

examine of the head & neck, upper limb, lower limb, abdomen and pelvis

assess lesions on the face, head and neck, hand, arm, trunk and lower limb

examine regional lymph nodes

organise discussion of cases at clinical

accurately record diagnostic findings

use the current minimum dataset for skin cancers

use current databases and audit and peer review tools according to published requirements and guidelines

**INTERMEDIATE** should be able to demonstrate ability to:

assess the chronic ulcer/wounds

interpret, CT, PET-CT and MRI scans

interpret and discuss cytological and histological biopsy reports

ADVANCED should be able to demonstrate ability to:

interpret any scans performed in particular PET, PET-CT and lymphoscintigraphy

assess and formulate management plan for the large complex wound

formulate appropriate and timely management, investigations, treatment and follow up plan for a patient in respect of all types of benign and malignant skin lesions

### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

free-hand and ultrasound guided lesion biopsy

FNA of suspected lesions, punch biopsy

harvesting of cells for cytological examination for fungus or malignancy

aspiration of seromas or cystic skin lesions

excision biopsy of undiagnosed skin lesions smaller than 1cm in size including those suspicious for malignancy and direct closure techniques

application of the appropriate dressings in open wounds

application of the appropriate dressings in infected skin wounds

**INTERMEDIATE** should be able to perform or manage:

surgical incision / excision biopsy of lesions at difficult sites (any size if periorbital, nasal, sole of the foot or hands and larger lesions on the pretibial region)

biopsy of subungual lesions

use of staged histological clearance

application of a negative pressure dressing

### ADVANCED should be able to perform or manage:

sentinel lymph node biopsy to include interpretation of result

surgical incision / excision biopsy of large suspicious skin lesions (greater than 1cm in size) including large facial lesions

### PRIMARY TREATMENT of SKIN-RELATED NEOPLASIA

### OBJECTIVE

Acquire competence in the diagnosis, assessment and management of all types of primary skin-related neoplasia

KNOWLEDGE

### BASIC should be able to demonstrate knowledge of:

epidemiology

histological classification (basal cell carcinoma / squamous cell carcinoma / Melanoma / Merkel cell/ porocarcinoma/ adnexal and pre-cancerous lesions

potential differential diagnosis skin lesions

staging of skin cancer (SCC and melanoma), (histological classifications, TMN, AJCC and current)

prognostic factors (tumour and patient related) and implications for patient treatment recommendations

implications of the occupational, family history, sun exposure history and immunosuppression

principles of screening programmes within a population

genetic counselling and referral indications

margins of excision for different histological types of basal cell carcinomas, Squamous cell carcinomas, Bowen's disease, in-situ disease, dermatofibroma and benign dysplastic skin lesions.

peer review and guidelines in treatment of melanoma and non-melanoma skin cancers (melanoma, SCC, Sarcoma, Bowen's, actinic keratoses, Kaposi's sarcoma and BCC's) in particular margin recommendations,

the role of the MDT

peer review and MDM documentation

INTERMEDIATE should be able to demonstrate knowledge of:

margins of excision of different stages of melanoma, porocarcinoma, Merkel Cell carcinoma, Dermatofibroma sarcoma Protuberans, fibrosarcoma and suprafascial sarcoma

indications for non-surgical treatment (Photodynamic therapy-PDT, Cryotherapy, laser and topical therapies)

indications for sentinel lymph node biopsy and other prognostic investigations

adjuvant therapies including chemotherapy, radiotherapy, endocrine therapy and biological therapies particularly for melanoma

cancer biology – specifically with regards to hormonal and growth factors / receptors and tumour metastasis

palliative treatment options for skin cancer

ADVANCED should be able to demonstrate knowledge of:

association between specific high risk benign skin conditions with associated increased skin cancer risk

genetic conditions in skin cancer

melanoma tumour biology

controversies that have existed around sentinel lymph node biopsy, its history, origins and basis of sentinel lymph node biopsy

theories of melanoma spread - incubator versus marker theory

important adjuvant and neo-adjuvant historical and current national and international trials (clinical/surgical, chemotherapy, radiotherapy, laser, hormonal and biological)

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

take focused skin related history

elicit factors associated with benign and malignant skin neoplasia such as familial factors, sun exposure and mechanism of sun damage and skin types

examine head & neck and truncal lymph node basins

initiate appropriate investigations, use diagnostic techniques of clinical features, the diagnostic templates e.g., ABCDE (asymmetry, borders, colour, diameter and evolving)

undertake dermoscopy and methods of recording lesion e.g., photography, diagrams for medicolegal and follow up reasons

work effectively within the skin cancer and allied speciality multidisciplinary teams, (e.g., head and neck MDM)

INTERMEDIATE should be able to demonstrate ability to:

assess and manage patients presenting with locally advanced disease

recognise pathological features of common skin cancers –BCC, SCC and melanoma

interpret lymphoscintigraphy, CT, MRI & PET scans

recognise where further pathology or radiology may be required and request these appropriately

develop and record menoment plan in line with page review requirements and
develop and record management plan in line with peer review requirements and
discuss rationale for management of common scenarios with patients and
colleagues
communicate skilfully
ADVANCED should be able to demonstrate ability to:
interpret FNA/USS and distinguish a primary pigmented lesion from a primary
melanoma or a metastatic melanoma
formulate management plan using skills of analysis, diagnostic synthesis and judgement
discuss complex treatment scenarios with patients including discussion of all options
take informed consent detailing advantages and disadvantages of proposed
treatment
discuss a cancer diagnosis with patients
advanced communication skills, breaking bad news, giving prognostic information to
the patient
TECHNICAL SKILLS AND PROCEDURES
BASIC should be able to perform or manage:
excision biopsy of lesion and incision biopsy of skin lesions-when indicated
Fine Needle Aspiration / core sample of lymph nodes
wider excision of skin tumours with the advised margins on the trunk, leg and arm
local flap reconstruction (rotation / transposition / advancement)
optimum placement of incisions allowing for possible secondary surgery and future
block dissections
explain the rationale for use of split and full thickness skin grafts and artificial skir
replacements
pre-op skin prep and draping and antibiotic and venous thromboembolism
prophylaxis
node sample in centres where sentinel lymph node biopsy is not employed
INTERMEDIATE should be able to perform or manage:
wider excision of lesions with the advised margin on the skin of the head and neck
face, genitalia and hand
head and neck, truncal and limb sentinel lymph node biopsy, - level I, II and III axillary
dissections and inguinal block dissections
regional flaps – various including rotational, advancement, axial pattern
ADVANCED should be able to perform or manage:
pelvic or head and neck block dissection
reconstruction with regional and distant flaps
free flap surgery
reconstruction of aesthetic units (nose / eyelids / ears / lips) and special sites - nose
digits, eyes, genitalia and ears
oculoplastic techniques

### TREATMENT of RECURRENT and CHRONIC SKIN TUMOURS OBJECTIVE

Acquire competence in the diagnosis, assessment, investigation and management of all types of recurrent and metastatic skin cancers

### KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

epidemiology and genetics of skin

basic understanding of familial syndromes

genes/oncogenes associated with skin cancer

margins of excision for metastatic lesions including national guidance

types of cancer – recurrences, new primaries, related malignancies

immunosuppressed patients

syndromic patients, i.e., Gorlin's, Cowden's, polyposis coli, melanosis, xeroderma pigmentosum, giant melanocytic naevi, skin conditions in immunocompromised patients

TNM Staging of skin cancer

prognostic factors (tumour and patient related) and implications for patient treatment recommendations

rationale and types of imaging for prognostic and staging information

biopsies, FNA, USS, X-Ray, CT, MRI, PET-CT, SPECT-CT and SNB

cancer network guidelines in treatment of recurrent skin cancers

functioning of the MDT,

**INTERMEDIATE** should be able to demonstrate knowledge of:

indications for non-surgical treatment

anatomy and techniques for excision and closure of block dissections

adjuvant therapies including chemotherapy, radiotherapy, endocrine therapy and biological therapies

Mohs micrographic surgery, isolated limb infusions, ECT, isolated limb perfusion, CO<sub>2</sub> laser ablation and minimally invasive techniques including laparoscopic and robotic surgery

Staged Histological Clearance (SHC), isolated limb infusions, ECT, isolated limb perfusion, CO<sub>2</sub> laser ablation and minimally invasive techniques including laparoscopic and robotic surgery

cancer biology – specifically with regards to hormonal and growth factors / receptors and tumour metastasis

palliative treatment options for the skin cancer patient

management of the complex wound

hospice care

### ADVANCED should be able to demonstrate knowledge of:

appropriate use of and pitfalls of frozen section,

association between specific high risk benign skin conditions with associated increased skin cancer risk,

important adjuvant and neo-adjuvant historical and current national and international trials (clinical/surgical, chemotherapy, radiotherapy, hormonal and biological),

role of Human Papilloma Virus-HPV, in cancer aetiology

### CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

take focused skin related history

elicit factors associated with malignant non-skin related neoplasia

examine skin of entire body surface for additional primary tumours

examine all sites for regional lymphadenopathy

initiate appropriate investigations

work effectively within the skin cancer multidisciplinary team

manage the non-operative aspects of the chronic wound including pressure sores

### INTERMEDIATE should be able to demonstrate ability to:

interpret CT, MRI & PET scans

assess and manage patients presenting with locally advanced disease

recognise where further pathology or radiology may be required and request these appropriately

develop and record management plan for the patient and discuss rationale for management of common scenarios with patients and colleagues

### ADVANCED should be able to demonstrate ability to:

formulate management plan using skills of analysis and diagnostic synthesis, judgement in particular for the patient with multiple co-morbidities

discuss complex treatment scenarios with patients including discussion of all options, advantages and disadvantages and take informed consent

discuss a skin cancer diagnosis and prognosis with patients

communicate skilfully with patients and with other members of the clinical team

### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

incision biopsy of lesions

excision biopsy of lesions

FNA / core sample of lymph nodes

undertaking local flap reconstruction (rotation / transposition / advancement)

INTERMEDIATE should be able to perform or manage:

cervical sentinel lymph node biopsy

regional lymph node dissections of the axilla and groin

hernia repair

regional flaps, pedicled reconstructions

use of dermal substitutes for wound resurfacing

### ADVANCED should be able to perform or manage:

pelvic and head and neck dissections

free flap surgery

reconstruction of aesthetic units (nose / eyelids / ears / lips)

isolated limb perfusion

mapping biopsy techniques Staged Histological Clearance (SHC)

### RECONSTRUCTIVE TECHNIQUES for SKIN and SOFT TISSUE SURGERY

### OBJECTIVE

Acquire competence in the planning, execution and management of appropriate soft tissue reconstruction of skin and soft tissue defects

### KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

anatomy of perforators and angiosomes – relevant to planning of local, regional and distal flaps

anatomy of local, regional and free flaps suitable for head & neck reconstruction

classification of flaps (random v axial / muscle flap - Mathes and Nahai / type of tissue being transferred)

advantages and disadvantages of local, regional and free flaps in the patient post skin tumour excision

use of local, regional and free flaps in the head & neck/upper limb/leg/chest and trunk

factors affecting outcome in flap surgery (patient related, operative, adjuvant therapy related)

principles of flap surgery (replace "like with like," reconstructive units, back-up plan and "lifeboat," donor site considerations)

principles of microsurgery

INTERMEDIATE should be able to demonstrate knowledge of:

planning and prioritising treatment within the head & neck MDT setting

interpreting angiographic abnormalities when planning reconstruction, surgical anatomy and neurovascular supply of flaps used in head & neck reconstruction

indications for preoperative investigations for specific flaps

airway management according to techniques specified in ATLS

post-operative flap monitoring techniques

complications of autologous tissue reconstruction including donor site morbidity

use of common skin substitutes

ADVANCED should be able to demonstrate knowledge of:

factors determining decision making in choice of flaps and tissue for soft tissue defect reconstruction

factors determining decision making in choice of flaps and tissue for reconstruction of particular units of the head & neck (nose / eyelids / ears / lips), factors determining appropriate surgical ablation techniques

### ETR - PRAS

long term outcomes of different types of reconstructions assessment of outcome flap salvage and options following failure CLINICAL SKILLS and ATTITUDES BASIC should be able to demonstrate ability to: clinically assess the soft tissue defect take history, eliciting factors important for decisions regarding suitability / type of reconstruction perform contemporaneous and appropriate record keeping manage uncomplicated wounds using a range of dressings plan both local and free flaps resurfacing of soft tissue defects cc-ordinate soft tissue reconstruction in conjunction with ablative team manage the patient following Staged Histological Clearance (SHC) INTERMEDIATE should be able to demonstrate ability to: discuss advantages and disadvantages of reconstruction as a process detailing possible complications take informed consent from patients and participate in joint decision making arrange appropriate level of post-operative care manage complications of surgery appropriately in postoperative period and in the clinic use of common skin substitutes ADVANCED should be able to demonstrate ability to: Clinically assess complex reconstructive requirements and formulate appropriate management plan interpret investigations as part of formulating management plan ITECHNICAL SKILLS AND PROCEDURES BASIC should be able to perform or manage: positioning of patient on operating table protection of pressure areas prevention of nerve injuries / neurapraxia pre-operative marking of patient, skin preparation, draping, antibiotic prophylaxis and thromboprophylaxis split skin grafting, full thickness skin grafting range of local flaps INTERMEDIATE should be able to perform or manage: reconstruction of the scalp and management of chronic scalp wounds and the unstable scalp raising pedicled autologous flaps in-setting of flap harvesting chondrocutaneous, cartilage, composite grafts and vein grafts use of common skin substitutes	range, indications and principles of surgical options and non-operative techniques
flap salvage and options following failure         CLINICAL SKILLS and ATTITUDES         BASIC should be able to demonstrate ability to:         clinically assess the soft tissue defect         take history, eliciting factors important for decisions regarding suitability / type of reconstruction         perform contemporaneous and appropriate record keeping         manage uncomplicated wounds using a range of dressings         plan both local and free flaps resurfacing of soft tissue defects         co-ordinate soft tissue reconstruction in conjunction with ablative team         manage the patient following Staged Histological Clearance (SHC)         INTERMEDIATE should be able to demonstrate ability to:         discuss advantages and disadvantages of reconstructive options with patients specifically setting realistic expectations, advising on reconstruction as a process detailing possible complications         take informed consent from patients and participate in joint decision making         arrange appropriate level of post-operative care         management plan         interpret investigations as part of formulating management plan         TECHNICAL SKILLS AND PROCEDURES         BASIC should be able to perform or manage:         prevention of nerve injuries / neurapraxia         pre-operative marking of patient, skin preparation, draping, antibiotic prophylaxis and thromboprophylaxis         split shin grafting, full thickness skin grafting	long term outcomes of different types of reconstructions
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use of common skin substitutes	in-setting of flap
	harvesting chondrocutaneous, cartilage, composite grafts and vein grafts

### ADVANCED should be able to perform or manage:

3D reconstruction of specialised structures

reconstruction of the periorbital structures/ear and nose

microvascular anastomoses

flap salvage for failing flaps

flap shaping techniques

flap revision techniques

# SCARRING, WOUNDS, and other SURGICAL CONDITIONS of the SKIN and SOFT TISSUE

### OBJECTIVE

Acquire competence in the management of the patient with the longer-term outcomes of benign and malignant skin conditions / postsurgical scarring and chronic wounds

KNOWLEDGE

### BASIC should be able to demonstrate knowledge of:

skin anatomy

aetiology and related benign conditions

hypertrophic scars, keloids, dermatofibroma, epidermal cysts, lentigines, actinic keratoses, xanthelasmata, lipomas

history and examination of the skin

**INTERMEDIATE** should be able to demonstrate knowledge of:

dermoscopy and imaging techniques of the skin

Marjolin's ulcer, pilomatrixoma, DFSP, hidradenitis suppurativa, acne scarring, inflammatory skin conditions

ADVANCED should be able to demonstrate knowledge of:

consequences of nerve resection and other functional deficits after resection of tumour

lymphoedema

complex wounds

psychological and social issues that can affect the skin cancer patient

reconstructive techniques for pressure sores and large complex wounds

#### CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

assess the skin using dermoscope

recognise infection, induration, lymphoedema, seroma, post radiotherapy recurrence in complex scars

**INTERMEDIATE** should be able to demonstrate ability to:

assess surgical scar and deploy non-operative techniques for scar improvement injection techniques for scar improvement

manage functional and psychological effects of post cancer resection surgery

participate in multidisciplinary management of patients with large, chronic vascular malformations

ADVANCED should be able to demonstrate ability to:

undertake nerve defect assessments

make decisions and analyse the options for aesthetic improvement in the surgically scarred cancer patient including advance communications skills

### **TECHNICAL SKILLS AND PROCEDURES**

BASIC should be able to perform or manage:

debulking of keloids

excision of benign lesions

shave excisions

laser ablation of skin lesions

incision and curettage for active hidradenitis suppurativa

INTERMEDIATE should be able to perform or manage:

botulinum toxin and filler injections

scar release

Z-plasty

reconstruction post excision of scars

surgical options of laser

excision or sclerotherapy for vascular malformations

fat grafting

ADVANCED should be able to perform or manage:

laser resurfacing

rejuvenation of the skin

reconstructive techniques for advanced and crippling hidradenitis suppurativa

reconstruction techniques for pressure sores and large complex wounds, lymphatic reconstruction/anastomosis

surgical excision of lymphoedema

### MULTIDISCIPLINARY TEAM WORKINGS

### OBJECTIVE

Acquire competence working as a member of the multidisciplinary team, knowledge of and ability to consider appropriate referral to other professionals. A full understanding of improving outcomes guidance and peer review. An understanding of research and audit in local, national, and international settings **KNOWLEDGE** 

# BASIC should be able to demonstrate knowledge of:

Guidelines for the diagnosis, treatment and follow up of BCC, SCC's, Bowen's, Melanoma, dermatofibrosarcoma protuberans and suprafascial sarcoma, surgical and non-surgical options

INTERMEDIATE should be able to demonstrate knowledge of:

management of the patient with recurrent disease (surgical, non-surgical and radiotherapy options)

stages of bereavement that can be associated with loss of body image and the clinical and psychological supports that can be put in place to assist the patient cope with that loss

### ADVANCED should be able to demonstrate knowledge of:

current trials, ethics, research and pathways to develop trials/research within a service

impact of disfigurement

consequences of an altered appearance, what it involves psychologically and socially, and the impact of an individual's body image on their life and that of their family

process by which an individual can successfully adjust to disfigurement and how the multidisciplinary team can assist with that process

CLINICAL SKILLS and ATTITUDES

**BASIC** should be able to demonstrate ability to:

use communication and referral pathways to specialist MDM's

INTERMEDIATE should be able to demonstrate ability to:

interpret lymphoscintigraphy, CT, MRI, PET, FNA, USS and pathology minimum dataset

develop and record management plan for the patient and discuss rationale for management of common scenarios with patients and colleagues

apply psychological assessment tools for evaluation of psychological needs (patient questionnaires)

ADVANCED should be able to demonstrate ability to:

formulate management plan using skills of analysis and diagnostic synthesis, judgement

discuss complex treatment scenarios with patients including discussion of all options, advantages and disadvantages and taking informed consent

develop the skills to arrange patient-centred care with patient as partner in the process

provide realistic information and guiding patient decision-making regarding choices available and timing of those treatments

manage and lead the multi-disciplinary teams in respect of provision of psycho-social care

arrange the care pathway that supports an individual to successfully adjust to disfigurement through giving the individual and family specific life-skills -these include the patient being provided with information about their condition and its treatment, developing a positive outlook/belief system, learning to cope with their feelings, exchanging experiences with others who've "been there" and social skills training to manage other people's reactions

### TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

excision of small skin recurrences / in transit metastases

recording surgical procedures

handling of surgical specimens

orientation and appropriate carriage medium for skin specimens

performing FNA.

**INTERMEDIATE** should be able to perform or manage:

treatment of painful metastatic lesions and recurrences by surgical resection/laser resection of metastatic lesions

groin and axillary dissections

fasciotomy for the leg or the upper limb

ADVANCED should be able to perform or manage:

head and neck resections

ILI, ILP, CO2 laser

minimally invasive surgical methods of isolated metastases

pelvic resections

### COMPLEX WOUND

### OBJECTIVE

Overall competence in the diagnosis and management of the complex wound excluding burn injury

KNOWLEDGE

**BASIC** should be able to describe:

the principles of management of non-burn conditions managed by the burn team (including cold injuries, TENS and purpura fulminans)

INTERMEDIATE should be able to demonstrate knowledge of:

detailed management of non-burn conditions managed by the burn team (including cold injuries, TENS and purpura fulminans)

ADVANCED should be able to:

discuss the controversies regarding the management of non-burn conditions managed by the burn team

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate proficiency in:

clinical assessment of the non-burn injury

liaison with other specialities

working and communicating within the relevant multidisciplinary team (MDT)

INTERMEDIATE should be able to demonstrate ability to:

devise management plans and treatment algorithms for the conditions covered in this module

apply psychological assessment tools for evaluation of psychological needs (patient

questionnaires).

ADVANCED should be able to demonstrate ability to:

deploy skills of analysis and diagnostic synthesis, judgement, and surgical planning to the complex wound patient

advice regarding timing of reconstruction and effect of growth on reconstructive surgery in paediatric cases,

provide detailed advice on the treatment pathway, including interpretation of special investigations, within the context of the relevant MDT,

demonstrate skills needed to arrange patient-centred care with patient as partner in the process, providing realistic information and guiding patient decision-making regarding choices available and timing of those treatments.

manage and lead the multi-disciplinary teams in respect of provision of psycho-social care, to arrange the care pathway that supports an individual to successfully adjust to disfigurement through giving the individual and family specific life-skills. These include the patient being provided with information about their condition and its treatment, developing a positive outlook/belief system, learning to cope with their feelings, exchanging experiences with others who've "been there" and social skills training to manage other people's reactions.

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to:

stabilise the complex wound patient for safe transfer to specialist centre

apply negative pressure dressing

**INTERMEDIATE** should be able to perform or manage:

primary debridement and application of temporary wound dressings in theatre

ADVANCED should be able to perform or manage:

debride complex wound

# Sarcoma

### SARCOMA

### OBJECTIVE

The purpose of training in sarcoma surgery is to become competent in the diagnosis and management of sarcoma, notably the management of all forms of soft tissue sarcoma.

All PRAS trainees are expected to have knowledge and exposure to soft tissue sarcoma diagnosis and management.

### KNOWLEDGE

### BASIC should be able to demonstrate knowledge of:

anatomy of the trunk, pelvis, axilla, and limbs

osseous, muscular and neurovascular anatomy of the trunk and limbs

vascular, neuronal and lymphatic supply / drainage of the head & neck, trunk and limbs, blood supply of the skin

anatomy of perforators and angiosomes- relevant to planning of local flaps

anatomy of free-flaps relevant to reconstruction of extremity and truncal defect following excisional sarcoma surgery

INTERMEDIATE should be able to demonstrate knowledge of:

aetiology, incidence and relative anatomical distribution

pathology of primary soft tissue tumours and primary bone tumours

common benign sarcoma like disorders- lipomas, vascular and congenital malformations, fibromatosis including desmoids

specific history and diagnostic features (clinical and non-clinical) of bone and soft tissue sarcomas and their differential diagnoses

patterns of spread of sarcomas

classification of sarcoma

grading and staging systems in current use

Should demonstrate knowledge of:

relevant imaging modalities for different sarcoma

methods for obtaining histological diagnosis

Should demonstrate knowledge of assessment of patients presenting with sarcoma:

guidelines for referral based on clinical suspicion (size symptoms etc.)

diagnostic imaging of sarcoma including X-rays, CT, MRI, USS, PET-CT, and imaging-assisted diagnostic biopsy

importance of correctly positioning biopsy access

histology of the common sarcomas

role of frozen section specimens

immunocytochemistry and cytogenetic techniques

ADVANCED should be able to demonstrate knowledge of:

indications for different resection modalities in the management of sarcomas, e.g., marginal, wide, compartectomy etc

current concept of extremity preserving surgery with adjuvant radiother	erapy
compared with past concepts of compartectomy and amputation to	achieve
acceptable local recurrence rates	
Should demonstrate knowledge of:	
options for soft tissue reconstruction dependent of location and analysis of o	defect
reconstructive options for chest wall defects involving multiple rib resection	
reconstructive options for abdominal wall defects	
Should demonstrate knowledge of:	
role of radiotherapy in the management of sarcoma and therefore advanta	ges and
disadvantages of different reconstructive options	
role of chemotherapy in the management of soft tissue sarcomas	
neo-adjuvant versus adjuvant therapy	
follow-up schedule and appropriate imaging	
CLINICAL SKILLS and ATTITUDES	
BASIC should be able to demonstrate ability to:	
elicit a focused history from patients presenting with soft tissue lump,	
musculoskeletal pain or imaging suspicious for sarcoma	
examine patient, assessing site, size, consistency and fixity of lumps and as	sociated
involvement of key anatomical structures	ooolatoa
examine extremity neurovascular status	
clinically assess soft tissue defects in order to guide reconstructive options	
INTERMEDIATE should be able to demonstrate ability to:	
interpret imaging as part of planning reconstructive options	
Should demonstrate ability to:	
assess potential donor sites for reconstructive option	
plan both local and free flap reconstructions appropriate to defect	
formulate logical procedural plan for complex reconstructive surgery	
ADVANCED should be able to demonstrate ability to:	
	oropriate
referrals to related professionals.	orophato
apply guidelines, improving outcomes guidance, and support peer revie	\M
	•••
support research and audit in local, national and international settings TECHNICAL SKILLS AND PROCEDURES	
BASIC should be able to perform or manage:	
direct closure of wound	
harvesting and insetting of skin grafts	
raising of local fasciocutaneous flaps	
INTERMEDIATE should be able to perform or manage:	
raising gastrocnemius flap for coverage of proximal third tibial defects	
direct nerve and vessel repair	
harvesting of nerve and vein grafts arterial and venous anastomosis	

#### ETR - PRAS

four compartment fasciotomies for complications of extremity surgery

ADVANCED should be able to perform or manage:

marginal excision of soft tissue sarcoma

marginal excision of sarcoma from vital adjacent structures

wide excision of soft tissue sarcoma

skin excision in continuity with soft tissue tumour or elevation of viable skin flaps

access incisions which preserve maximum vascularity to surrounding soft tissues compartmentectomy

amputation at various levels of extremities involving sarcoma

most steps in the raising and anastomosis of free flaps

# Vascular anomalies

### VASCULAR ANOMALIES

### OBJECTIVE

Competence in the assessment, surgical management and aftercare of vascular anomalies

### KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

classification and natural history of the common types of vascular anomalies including haemangiomas and vascular malformations affecting different vessels

diagnostic criteria of main types of vascular anomalies including ability to distinguish high and low flow lesions as originally described by Mulliken

INTERMEDIATE should be able to demonstrate knowledge of:

abnormalities and syndromes associated with haemangiomas (e.g., PHACE syndrome, Kasabach- Merritt syndrome, Maffucci's syndrome) and vascular malformations (e.g., Sturge-Weber, Klippel-Trenaunay, Parkes-Weber, Hereditary Haemorrhagic Telangiectasia)

indications for radiological investigations and safety issues pertaining to those investigations including MRI, CT and angiography

pharmacological interventions that are or have been used in the treatment of haemangiomas e.g., corticosteroids (systemic and intralesional), propranolol and possible side effects

principles of management of vascular tumours and malformations

problems related to multiple lesions e.g., haemangiomas including visceral or venous malformations

different types of laser treatment for vascular malformations e.g., pulsed dye laser and long pulse Neodymium: YAG laser including the role of topical cooling

role of the MDT in management of Vascular Anomalies

ADVANCED should be able to demonstrate knowledge of:

difficult to classify lesions e.g., glomangiomas, rapidly involuting congenital haemangiomas, non- involuting congenital haemangiomas, tufted haemangiomas and haemangioendotheliomas

appearance of different vascular lesions on ultrasound, MRI, CT and angiography

different radiological procedures used for the treatment of vascular anomalies, e.g., sclerotherapy for venous malformations and lymphatic malformations and embolization of arteriovenous malformations and their potential complications

techniques of surgical excision of difficult lesions such as arteriovenous malformations in conjunction with embolization and problems of surgical treatment in e.g., Klippel-Trenaunay syndrome and the importance of preserving venous drainage

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

correctly diagnose the main types of haemangiomas and vascular anomalies on history and physical signs

advise patients and parents on the natural history of haemangiomas and different vascular anomalies including prognosis of these lesions

### **INTERMEDIATE** should be able to demonstrate ability to:

utilise investigations to confirm diagnosis,

demonstrate extent of a vascular anomaly,

formulate a treatment plan utilising medical and non-invasive methods of management in an appropriate and effective way,

liaise as needed with other specialities e.g., radiology, dermatology, ophthalmology ENT

### ADVANCED should be able to demonstrate ability to:

plan appropriate interventional treatments

advise patients and parents on outcomes and complications of radiological, laserbased and surgical interventions with particular reference to critical anatomical sites including orbit, perioral and parotid areas

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

use a handheld Doppler for diagnostic purposes.

**INTERMEDIATE** should be able to perform or manage:

debulking of infantile haemangioma

excision of small vascular malformation

injection of steroids into infantile haemangioma

### Technology ENERGY-BASED DEVICES

### OBJECTIVE

Acquire knowledge in the working principles of the energy-based devices.

Acquire competence in using energy-based devices in terms of their efficacy and avoiding their potential complications.

### KNOWLEDGE

### BASIC should be able to demonstrate knowledge of:

working principles of the energy-based devices

INTERMEDIATE should be able to demonstrate knowledge of:

the differences and acting mechanism of the energy-based devices

### ADVANCED should be able to demonstrate knowledge of:

selection of energy-based devices for different indications

Laser physics, different types of Lasers, their mechanism of action and indications

Radiofrequency, High Intensity Focused Ultrasound, plasma, and polarization technologies

**CLINICAL SKILLS and ATTITUDES** 

BASIC should be able to demonstrate ability to:

examination of the patient in terms of skin type, elasticity, subcutaneous fat thickness

INTERMEDIATE should be able to demonstrate ability to:

select the appropriate energy-based devices according to the patient's needs

ADVANCED should be able to demonstrate ability to:

plan appropriate treatments

management of the potential complications related to the energy-based devices

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

basic devices such as needling

**INTERMEDIATE** should be able to perform or manage:

Radiofrequency, plasma, and polarization technologies for selected patients

ADVANCED should be able to perform or manage:

Selection of different type of Lasers for anti-ageing, skin resurfacing, benign skin conditions, and laser lipolysis

### **ROBOTIC SURGERY**

### OBJECTIVE

acquire knowledge in the working principles of robotic systems, their advantages and disadvantages

acquire knowledge in the parts of robotic systems

KNOWLEDGE

BASIC should be able to demonstrate knowledge of:

working principles of robotic systems

indications for robotic systems

**INTERMEDIATE** should be able to demonstrate knowledge of:

initial setup of a	robotic system	including	operating field
	,		1 0

team and room setup for robotic surgery

ADVANCED should be able to demonstrate knowledge of:

using robotic systems for flap harvesting

using robotic systems for microsurgery

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

select patients for robotic surgery

discuss the advantages and disadvantages of the robotic surgery

INTERMEDIATE should be able to demonstrate ability to:

prepare patients for the robotic surgery

ADVANCED should be able to demonstrate ability to:

preoperative and postoperative management of patients

full setup of the robotic system including team management and room and device setup

TECHNICAL SKILLS AND PROCEDURES

BASIC should be able to perform or manage:

mounting and dismantling the parts of the robotic system

**INTERMEDIATE** should be able to perform or manage:

experimental use of robotic systems

ADVANCED should be able to perform or manage:

flap harvesting using robotic systems

microsurgical vessel and nerve repair using robotic systems

# **Psychological management**

### PSYCHOLOGICAL MANAGEMENT OF PATIENTS IMPACTED by DISFIGUREMENT and LOSS of FORM and FUNCTION

### OBJECTIVE

To develop an understanding of the meaning of disfigurement, the impact of an altered appearance and what it involves psychologically and socially, and the impact of an individual's body image and life both on them and their family

### KNOWLEDGE

### BASIC should be able to demonstrate knowledge of:

the psycho-social issues that may follow from trauma, disease and surgery including social anxiety, depression, bullying, prejudice isolation and exclusion.

awareness of those parts of the specialty where psychosocial issues can have particular impacts for patients (Burns, Cleft, Craniofacial, Hand, Head & Neck, Genitourinary reconstruction, Oncoplastic Breast, Skin Oncology, Vascular anomalies)

### INTERMEDIATE should be able to demonstrate knowledge of:

the factors that predict patient ability to cope with surgical treatment

defining the stages of bereavement associated with loss of body image and the clinical and psychological supports that can be put in place to assist the patient cope with that loss

### CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

elicit signs and symptoms of distress and anxiety in patient undergoing PRAS

make an appropriate referral to a clinical psychologist or other supporting member of the multidisciplinary team

### INTERMEDIATE should be able to demonstrate ability to:

provide realistic information and guides patient decision-making regarding choices available and timing of those treatments. Treats the patient as partner in the decision-making process

demonstrate confidence to elicit psychological and social needs in a range of settings.

### TECHNICAL SKILLS AND PROCEDURES

Not applicable

### ETR - PRAS

# Medicolegal aspects

### INFORMED CONSENT and MEDICOLEGAL RESPONSIBILITIES OBJECTIVE

To learn how to prepare an individualized informed consent for each surgical intervention and draw the borders of medicolegal responsibilities

### KNOWLEDGE

### BASIC should be able to demonstrate knowledge of:

what each informed consent should consist of, and professionally based standards of medical care determined by the evidence provided by healthcare experts

INTERMEDIATE should be able to demonstrate knowledge of:

obtaining a detailed informed consents for complicated cases

being aware of medicolegal responsibilities in terms of clinical governance and practical issues

CLINICAL SKILLS and ATTITUDES

BASIC should be able to demonstrate ability to:

prepare a detailed informed consent for standard cases

having a statutory duty placed upon them to maintain and continuously improve clinical standards through clinical governance

INTERMEDIATE should be able to demonstrate ability to:

prepare a detailed informed consent for complicated cases

using evidence-based clinical guidelines in determining the legal standards of healthcare

### TECHNICAL SKILLS AND PROCEDURES

Not applicable

### **Specialty-specific Entrustable Professional Activities**

Safely assimilates new technologies and advancing techniques in the field of PRAS into practice.

### Description

Able to maintain familiarity with advances in techniques, and to assimilate these into practice as appropriate. Critically evaluates new techniques presented to them and disseminates any advances that they have been able to achieve.

#### Example descriptors:

- Critically appraises evidence and published literature.
- Demonstrates an open-minded approach to new techniques.
- Attends and is interested in conferences and courses.
- Demonstrates awareness of the processes surrounding the safe introduction of new technologies or techniques
- Demonstrates the ability to appraise the cost-effectiveness of particular techniques

#### Critical conditions for which correct management is mandatory

As stated in the introduction, PRAS encompasses a large number of individual conditions as described in the syllabus. Assessment of a trainee's ability to manage these is by the supervision level decisions made when assessing the shared and specialty-specific EPAs, and towards the conclusion of training, a standardised examination.

PRAS also has a list of critical conditions which are felt to be of significant importance for patient safety and to demonstrate a safe breadth of practice.

To ensure that trainees have the necessary skills, these critical conditions should be assessed individually by means of some form of practically reviewed management. Various descriptions of such assessments exist, but the terms Case Based Assessment (CBD) and Clinical Evaluation Exercise (CEX) are such versions which are suitable for widespread adoption by assessment authorities.

#### **Critical conditions:**

- Burns assessment and emergency management.
- Necrotising fasciitis and other severe soft tissue infections
- Emergency management of complex trauma to the lower limb, including open fractures and major degloving injuries

- Emergency management of complex trauma to the upper limb including replantation and revascularisation
- Compartment syndrome
- Emergency management of post-operative complications including microvascular salvage

### Index procedures

The curriculum requires technical skills to be achieved across a wide range of operative procedures as described in the syllabus. Assessment of a trainee's ability to carry out this full range of procedures is covered by the supervision level decisions made when assessing the shared and specialty-specific EPAs. These assess not only the necessary technical skills, but the totality of capabilities required to carry them out.

PRAS also has a list of *index procedures*, which are felt to be of significant importance for patient safety that independent practitioners should be able to demonstrate a safe breadth of practice in an 'on call' rota. Competence within these index procedures should be assessed individually by means of Procedure Based Assessments (PBAs). By the end of advanced training, there should be evidence that an indicative number of *three or more* operations in each procedure group has been assessed and recorded at the level of a day-one consultant (level 4 PBA - see below for definition). The PBA will both provide formative feedback to the trainee and feed into the summative assessment of the Training Programme Director (see definition of a TPD below) and whichever national body is responsible for accrediting training and final competence.

#### **Elective procedures:**

- a. Dupuytren's contracture surgery\*
- b. Lymph node basin dissection
- c. Cleft surgery
- d. Free tissue transfer
- e. Aesthetic surgery
- f. Breast reconstruction
- g. Excision skin lesion and flap/graft reconstruction

#### **Emergency procedures:**

- a. Zone 1-2 flexor tendon repair\*
- b. Hand fracture fixation\*
- c. Nerve repair (except brachial plexus)
- d. Burns resuscitation
- e. Burns early excisional or emergency operations (escharotomy etc).
- f. Microvascular anastomoses
- g. Lower limb trauma procedures

Definition of Procedure Based Assessment (PBA) required for Level 4 competence.

a: Procedure performed fluently without guidance or intervention.

b: As 4a, but also able to anticipate, avoid and/or deal with common problems/complications.

\*It is fully understood that some UEMS nations do not include hand and upper limb Surgery as part of the core curriculum for specialist PRAS training. However, the majority of nations do include this area of practice within the expected management of all specialists entering independent practice, and so achievement of competence in these core areas is agreed within the PRAS Section as being a full part of PRAS training.

### c. Assessment and evaluation

Definition of assessment, description of formative and summative assessments: <u>Assessment</u>: Process by which information is obtained relative to some known objective or goal. (a broad term that includes testing)

<u>Evaluation</u>: Inherent in the idea of evaluation is "value." Process designed to provide information that will help us make a judgment about a given situation.

### d. Governance

The over-riding Governance of any Training Programme will ultimately fall to the National and Regional authorities responsible for the safe administration of health care for the population as a whole. In practice, most Training Programmes are organised within given institutions under the auspices of Training Committees, subject to the requirements of General Medical Councils and other statutory bodies maintaining patient safety at all times and charged with maintaining and raising standards progressively.

At a Unit level, a Training Programme Director (TPD) is required to take responsibility for Programme organisation, implementation, and Trainee selection and subsequent monitoring and oversight (including responsibility for well-being within the remit of such a programme). Regular meetings between Training Director and Trainee are mandatory to monitor feedback from trainers, the trainee themselves, and to offer guidance and support for development as well as intervention when problems arise.

Documentation of all stages of Training is mandatory, including initial selection criteria and performance, regular records of performance and achievements as well as feedback of adverse outcomes, and all aspects of educational activity that the Trainee has attended and been directed towards.

Trainees are required to maintain a complete and accurate logbook of all clinical and educational activity. This level of documentation has now become a norm within Lifelong learning for all professionals with a responsible approach towards selfdevelopment, maintenance of standards, and reflective evaluation of outcomes.

### II. TRAINING REQUIREMENTS FOR TRAINERS

### 1. Process for recognition as trainer

### a. Requested qualification and experience.

All Trainers at Clinical Supervisor (CS) or TPD level or above must be fully Accredited Specialists in PRAS with at least 5 years independent practice since Specialist registration. They should possess the Higher Surgical qualification appropriate for their home nation (EBOPRAS, FRCS Plast or equivalent) and be of Good Standing without any existing complaint or sanction issued by their national Medical Council.

### b. Core competencies for trainers

Special Qualifications of the trainers when required (if not covered by EU Directive on Professional Qualifications)

### Training Programme Directors (TPDs)

TPDs are responsible for managing the specialty training programmes, ensuring they deliver the specialty curriculum.

TPDs are responsible for:

- Organising, managing and directing the training programmes, ensuring that the programmes meet curriculum requirements.
- Identifying, appointing and supporting local faculty who may have roles designated such as Assigned Educational Supervisors (AESs) and Clinical Supervisors (CSs). All those engaged within training of juniors should have specific training as necessary, including such generic aspects as training in equality and diversity, and safeguarding, as well as the responsibility for offering feedback to all trainers on the quality of their performance.
- Ensuring a policy for career management and advice covering the needs of trainees in their placements and programmes
- Overseeing progress of individual trainees through the levels of the curriculum, ensuring learning objectives are set, appropriate assessments are being undertaken and that appropriate levels of supervision and support are in place.
- Helping those with ultimate responsibility for training in the management of those trainees who run into difficulty, identifying remedial placements and resources where required.
- Providing induction for trainees entering specialty programmes
- Monitoring the quality of the training programme and producing appropriate quality reports (including the quality of trainer assessments and feedback) for those with ultimate responsibility for training standards nationally.
- Ensuring access to trainee data is kept confidential.

### Clinical Supervisor (CS)

CSs are consultant surgeons responsible for delivering teaching and training under the delegated authority of the TPD and/or higher authority for training standards.

CSs are responsible for:

- Ensuring patient safety in relation to trainee performance
- Facilitating and managing regular clinical procedure assessments (such as Workplace Based Assessments, and Clinical examinations) on trainees, and providing verbal and written feedback.
- Consulting closely with other colleagues, (within and beyond the immediate Department of PRAS) with whom the trainee is working, regarding the progress and performance of trainees.
- Keeping the TPD and others involved in the training programme informed of any significant problems that may be developing of affecting one or more trainees.
- Ensuring that access to trainee data is kept confidential.

The role of CS comes under the umbrella of the Professionalised Trainer further described below.

### The role of assessors

Assessors carry out a range of work-based assessments and provide verbal and written feedback to trainees. Assessments during training are usually carried out by CSs, who will be responsible for a written report, recommending future supervision level and providing detailed formative feedback to trainees with reference to the EPAs (Entrustable Professional Activities; see below). Other members of the surgical team, including senior trainees, senior nurses, allied disciplines such as specialised therapists, and doctors from other medical disciplines may all assess trainees in areas where they have particular expertise. Those who are not medically qualified may also act as assessors for a trainee's Multi-Source Feedback (MSF).

Assessors are responsible for:

- Carrying out Work Based Assessments (WBAs) according to their area of expertise and training.
- Providing constructive verbal feedback to trainees, including an action plan, immediately after the event
- Ensuring access to trainee data is kept confidential.
- Providing written feedback and/or validating WBAs in a timely manner.

### The role of the Trainee

Trainees are the learners who have been selected into a specialty training programme. Some nations will have other surgeons who have registered to use the curriculum and learning portfolio as learners, but not be part of a register national

training programme. They should be expected to have the same responsibilities for maintenance of standards of care, as well as personal development and portfolio collection. All trainees/learners have a responsibility to recognise and work within the limits of their professional competence and to consult with colleagues as appropriate. Throughout the curriculum, great emphasis is laid on the development of good clinical judgement, which includes the ability to know when to seek assistance and advice, and to learn when not to operate as well as seek advice from other disciplines. Trainees/learners must place the well-being and safety of patients above all other considerations. They are required to take responsibility for their own learning and to be proactive in initiating appointments to plan, undertake and receive feedback on learning opportunities.

Trainees/learners are responsible for:

- Engaging with opportunities for learning
- Creating a learning agreement and initiating meetings with their Trainers.
- Raising concerns with their TPD (or confidential Mentor if sensitivities arise with the direct line to TPD), about any problems that might affect training.
- Initiating regular clinical work-based assessments with appropriate assessors.
- Undertaking self and peer assessment
- Undertaking regular reflective practice
- Maintaining an up-to-date learning portfolio
- Working as part of the surgical and wider multi-professional team.

### 2. Quality management for trainers

### Quality Management of the Curriculum

UEMS PRAS Section acts as an advisory body to participatory nations on all matters related to plastic reconstructive and aesthetic surgical training. It has no statutory powers but has representation from all national training states within the EU and affiliates, as well as from all the substantive Specialty Associations and Societies representing the interests of both patient groups as well as practitioners and trainees.

EBOPRAS is the examination authority established under separate legal and financial jurisdiction within Europe and is responsible for the maintenance of the curriculum standards and assessment criteria, as well as the effective and fair running of the examination on a regular basis.

The quality assurance is maintained by:

- regular review of examination standards by the EBOPRAS Board
- close monitoring of pass rates and performance indicators across and within cohorts of trainees from individual nations.
- Monitoring of examiner performance with intra and inter-rater evaluation.

### Curriculum development

In a discipline with fast changing techniques and understanding, it is essential that this specialty is agile and adept at incorporating innovations and changed in established management into the curriculum and subsequent assessment of trainees. That responsibility falls to the Board of EBOPRAS, which liaises closely with UEMS (PRAS) Section Executive Committee and General Assembly delegates to ensure that rapid feedback of change is fed into the system.

Equality and diversity implications are considered throughout the development of curricula in association with trainees and trainers through specific development events, which feed into impact assessments, noting any potential adverse effects on learners with protected characteristics. Curricula are also developed through regular meetings with National Medical Councils and other bodies responsible for standard maintenance of standards, helping to refine the curriculum approach and ensuring that the standards for curricula are met and identify future developments.

#### **Trainee perspective**

It is mandatory that in contemporary professional training, the views of trainees are sought actively, for reflective consideration by trainers and authorities to ensure fair and reasonable management of any feedback, however constructive or critical it might be.

### **III. TRAINING REQUIREMENTS FOR TRAINING INSTITUTIONS**

### (if not covered by EU Directive on Professional Qualifications)

Clinical institutions offering specialty training in plastic surgery should be affiliated as a whole or on a personal basis (trainer) with an internationally recognized medical school (https://imed.faimer.org/) and/or a competent national medical board. Training institutions should have organized teaching programs, instruction in basic sciences, administration and management, and audit meetings.

### Process for recognition as training centre

### a. Requirement on staff and clinical activities

A 'Training Centre' is where trainees are educated and supported to develop their Plastic Reconstructive and Aesthetic Surgical competencies.

A designated 'Centre' will often include multiple sites, including some which are 'condition-specific', and offer certain defined subject domains which might not be available within the main teaching institution. Plastic Reconstructive and Aesthetic Surgical training may take place in a single institution or in a network of institutions working together to provide training in the full spectrum of clinical conditions and skills detailed in the curriculum.

Academic training is also an essential aspect of good surgical practice, and each Training Centre must be able to deliver exposure to such an approach. Each participating institution in a network should be individually recognised and regularly reviewed as a provider of whichever defined section of the curriculum is concerned.

Training will be led and managed by an accredited specialist/consultant Plastic Reconstructive and Aesthetic Surgeon, as defined in the preceding section(s).

### b. Clinical environment required.

A designated Plastic Reconstructive and Aesthetic Surgery Training Centre must have a wide range of clinical services covering the majority of the sub-specialty subjects available. Patient numbers (especially for specialised conditions) should be sufficient to enable trainees to be instructed at all levels required to achieve competence as an independent practitioner.

Specialist staff appointed to a training centre should have completed all training requirements themselves and will also have been trained in teaching and mentoring skills. Specialists without such skills should be mandated to undertake appropriate training. Training and maintenance of skills and knowledge to act as accredited trainers will be incorporated into job-plans and be subject to regular appraisal (see above).

It is essential for trainees to have a number of named trainers with whom they work on a day-to-day basis at different periods during their training. Each trainer may cover different aspects of a trainee's clinical and professional training). In addition to medical staff supporting a trainee's development, it is common for non-medical members of staff to also have defined roles. All specialists in training centres, whether surgeons or allied health professionals, should represent the breadth of Plastic Reconstructive and Aesthetic Surgery expertise. All such individuals will be required to demonstrate that they remain up to date with their clinical practice, knowledge, and educational skills.

The recommended trainee/trainer ratio is 1:1. There should normally be no less than three specialists in a training centre or clinical network. If a trainee moves between a number of centres for their training it is recommended that whenever possible, although their trainers may change, their Programme Director should remain the same. Programme Directors may also be trainers. It is not a mandatory requirement for training centres to be in an academic medical centre, but strong academic links and research orientation are highly desirable. UEMS(PRAS) Section aspires to all training centres in the future being closely linked with an academic centre.

It is expected that designated training centres (as described in this document) will have been appropriately recognised/accredited by the relevant National authority for training specialists/consultants in Plastic Reconstructive and Aesthetic Surgery.

Revalidation of Training Centres at national level should take place at 5 yearly intervals. When a Plastic Reconstructive and Aesthetic Surgery department/centre wishes to be recognised as a training centre by UEMS-PRAS Section, they will submit a report to the Section Board through their National Representative(s). Such application should demonstrate that all necessary educational and training provision is available and sustainable for a five year period. Subsequently, (every five years) an accredited training Centre will provide a brief updated report on activity to the Section and Board (again through their National Representative(s). Such reaccreditation must demonstrate maintenance of educational and training provision, as well as encouraging examples of good practice to be disseminated. Appropriate quality assurance systems should be in place that involve regular objective assessment of the quality of medical care as well as evaluation of the programme and outcomes of training.

#### c. Requirements for equipment and accommodation

A training centre should have the appropriate specialized equipment and support to enable fully up to date clinical practice Trainees should have suitable accommodation for their work, including comfortable office space for administrative duties as well as study, and secure sites for personal effects. If required to be resident on call, suitable accommodation and catering resources are also mandatory. Computer, Information Technology, and library resources must be available. All trainees must engage in clinical audit and have the opportunity to engage in research.

### d. Quality Management within Training institutions

Participation of the training institution in Certified quality management programmes with an external auditing process on a regular basis is required. Criteria for quality management at specialty training institutions include the following:

**Accreditation:** Training institutions should be accredited with competent national medical boards. Additional accreditation on a supra-national level (such as that provided by the European Board of Plastic Reconstructive and Aesthetic Surgery (EBOPRAS)) is strongly recommended.

**Clinical Governance:** Management of clinical requirements with the available Human Resources within training institutions should be designed such that specialty training is inclusive and fully part of the Institution's remit. Workload should be managed with appropriate priority given to training.

**Workforce planning:** Training institutions should appoint a coordinator responsible for the composition, implementation and supervision of a specialty training programme. The role of trainer and trainee should be clearly defined. At least one day in each working week should be designated for specialty training educational support.

**Regular report:** Annual reports on an institution's specialty training programme should be made available for public scrutiny.

**External auditing**: Training institutions should appoint a coordinator who is also responsible for compliance of the training programme with current guidelines, directives or regulations of competent medical boards as well as the local medical school.

**Transparency of training programmes:** Based on national and regional guidelines, UEMS strongly encourages training institutions to formulate defined training programmes and make them publicly available (e.g. on their website).

**Framework of approval:** Clarity is essential for how, and by who, key achievements of training are ascertained for each Trainee, in order to structure progression to higher levels of clinical responsibility with appropriate new assignments.

### **APPENDIX 1.**

### **Guidance notes for current structure of Training Programmes**

- **Continuous Learning** learning is lifelong, continuous, and will necessarily have periods of differing energy and ability for clinicians to engage with formal structures. However, the formal period of training has mandatory requirements which must be completed within the framework described, albeit with the empathetic support of the Training Programme Director.
- Service delivery overlaps surgical capability and professional commitment.
- **Sustainable engagement** overlaps professional commitment and personal leadership.
- Emotional intelligence overlaps personal leadership and reflective relationships.
- Relationship centred care overlaps reflective relationships and surgical capability.

### Professional commitment is required from Trainers in

- Leadership/management
- Teaching
- Research and development
- Innovation
- Team building

### Personal leadership should include

- Professionalism
- Self-awareness
- Self-reflection
- Adaptability

### **Reflective relationships involve**

- Good Communication
- Collaboration