

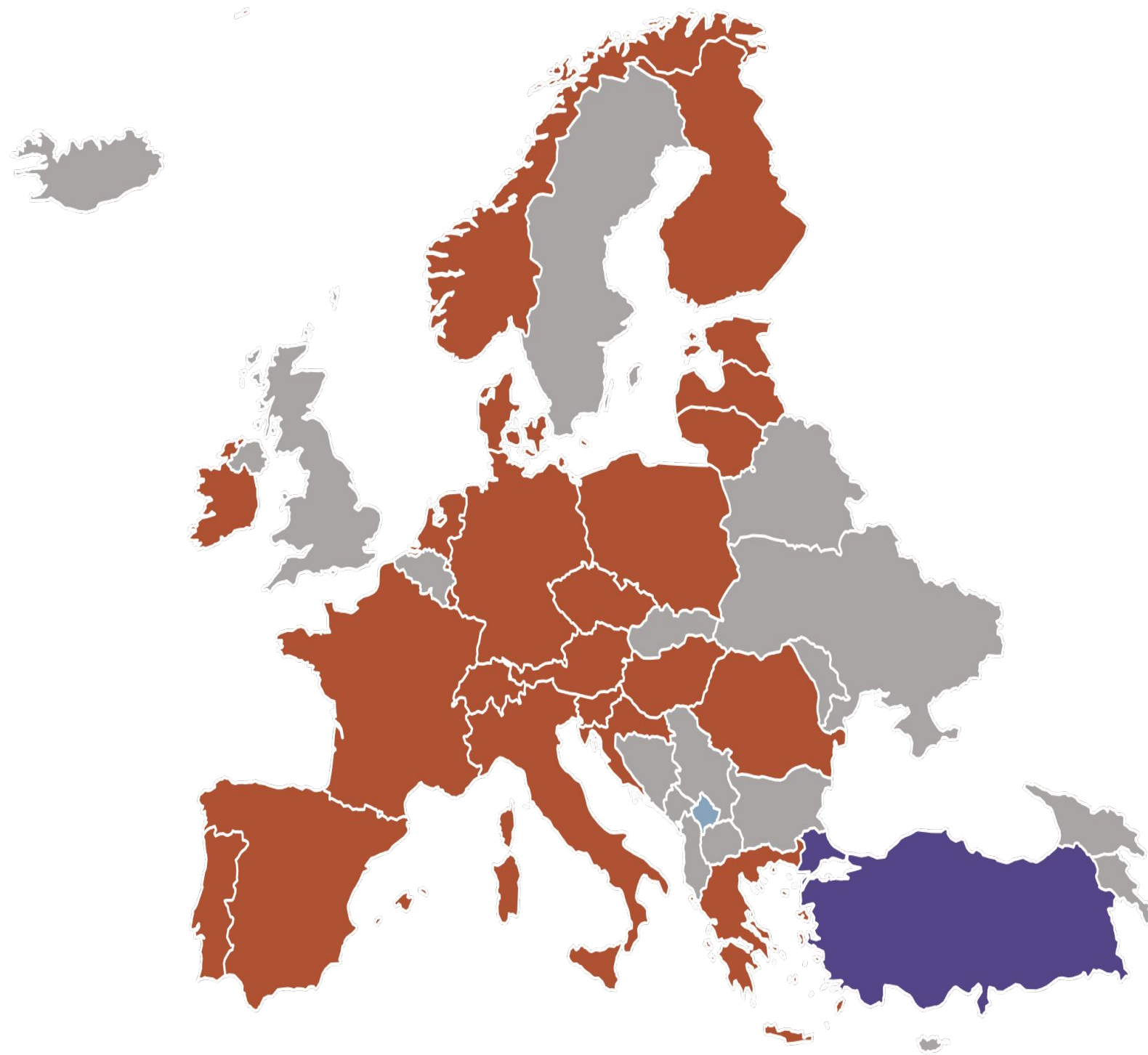
European Junior Doctors

EUROPEAN JUNIOR DOCTORS
www.juniordoctors.eu



Member Countries (25)

EUROPEAN JUNIOR DOCTORS



Facts and Changes

EUROPEAN JUNIOR DOCTORS

- Founded **1976**
- **25** national members
- Name change in 2011 and 2017
- Fully registered under Belgian law
- Brussels office – permanent secretariat

EXECUTIVE BOARD

EUROPEAN JUNIOR DOCTORS



Álvaro Cerame (Spain) – **PRESIDENT**



Miglė Trumpickaitė (Lithuania) – **VICE PRESIDENT**



Kostas Roditis (Greece) – **TREASURER**



David Berhanu
(Portugal)
EU/EEA COMMITTEE



Valentina Pugelj
(Slovenia)
**POSTGRADUATE
TRAINING
COMMITTEE**



Patrick Pihelgas
(Estonia)
**MEDICAL WORKFORCE
COMMITTEE**



Nea Välimäki
(Finland)
**COMMUNICATIONS
OFFICER**



Anna Klesmite-Bluma
(Latvia)
**ADMINISTRATIONS
OFFICER**



Diana Voicu
(Belgium)
**PERMANENT
SECRETARY**



EJD TOPICS

- Medical Workforce planning & optimization
- Quality of education during PGT
- Digitalization in healthcare
- Working conditions and Job Satisfaction of JDs
- Quality of Care and Patient Safety
- Psychosocial well being (burnout, violence, equality)
- Climate emergency

UEMS representatives

- currently 32 representatives
- 6 of them finish the term 31. 12. 2025
- new elections at EJD GA 6. - 8. 11. in Vienna
-

FROM MANDATE TO MOTIVATION

TRANSFORMING JUNIOR DOCTORS'
RETENTION STRATEGIES IN EUROPE

EUROPEAN JUNIOR DOCTORS



Junior Doctors Working Hours Survey



Results to be presented November 2025

EUROPEAN JUNIOR DOCTORS



Medical Workforce Inequalities

<i>Representation & Leadership</i>	Promotes equal representation and leadership opportunities for all genders.
<i>Workplace Safety</i>	Tackles workplace violence, harassment, and discrimination with zero-tolerance policies.
<i>Work-Life Balance</i>	Supports flexible training, parental leave, and family-friendly policies.
<i>Systemic Reforms</i>	Advocates closing pay gaps and addressing unconscious bias.
<i>Inclusive Culture</i>	Aims for safe, supportive, and equitable healthcare environments.

Post-graduate Training Policy

Access & Equity	Ensures fair, transparent, and bias-free access to training.
Standards & Mobility	Promotes harmonized yet context-sensitive standards across Europe.
Curricula & Competencies	Advocates competency-based, flexible, and innovative curricula.
Mentorship & Wellbeing	Strengthens mentorship, supervision, and wellbeing support.
Governance & Planning	Emphasizes quality assurance, mobility, and workforce planning.
Overspecialization	Addresses overspecialization while promoting general practice.

Medical Workforce Optimisation

Wellbeing & Sustainability	Prioritizes healthcare worker wellbeing while ensuring system sustainability.
Reduce Admin Burden	Advocates digital tools and smarter processes to cut bureaucracy.
Junior Doctors as Change Agents	Positions junior doctors as leaders in identifying inefficiencies and solutions.
Data-Driven Reforms	Calls for evidence-based, workforce-led reforms across Europe.
Prevention & Sustainability	Encourages preventive care, efficient resource use, and climate-conscious practices.

European Medical Organisations call for urgent action to address the health workforce crisis



Image: iStock / Boyloso

NEWS **BREAKING NEWS BREAK**

NEW POST GRADUATE TRAINING POLICY ADOPTED

The General Assembly of the European Junior Doctors Association 31.5.2025

NEWS **BREAKING NEWS BREAK**

RESILIENT HEALTHCARE SYSTEMS NEED STRATEGIC INVESTMENT

The General Assembly of the European Junior Doctors Association 31.5.2025

EJD

NEW EJD POLICY: GENDER EQUALITY IN HEALTHCARE

FOR SAFER WORKPLACES, FAIR CAREERS, AND INCLUSIVE TRAINING

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Policy on Climate Emergency

European Junior Doctors (EJD) aligns with other medical organisations in addressing the climate emergency, committing to efforts in reducing the effects of human induced climate change.

The General Assembly of the European Junior Doctors Association 4.5.2024

World Health Organization
European Region

Funded by the European Union

Doctors and nurses: Tell us about your mental health

STATEMENT ON EVIDENCE-BASED TREATMENTS AND PSEUDOSCIENCES

The General Assembly of the European Junior Doctors Association 31.5.2025

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STATEMENT ON GAZA

EU AND NATIONAL INSTITUTIONS, MEMBERS OF EUROPEAN AND NATIONAL PARLIAMENTS MUST TAKE ACTION AND ENSURE:

CEASEFIRE
PROTECTION OF HEALTHCARE
LETTING AID IN

The Board of the European Junior Doctors Association
2nd August 2025

European Junior Doctors

Thank you!



EJD