

Highlights of the Survey on Frailty in Older Adults for UEMS Bodies

UEMS Autumn Council Meeting, 17-18 October 2025



Geriatric Medicine

- section of UEMS

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Purpose of the Initiative and timeline



Aim: Identify and understand perspectives and educational needs on frailty in older adults among non-geriatric specialists within relevant UEMS bodies.

Date	Event / Milestone
26 Jun 2024	Proposal for Survey on Frailty submitted to UEMS Executive
7 Aug 2024	UEMS Executive formally supports the proposal
21 Sep 2024	UEMS Geriatric Medicine Section meeting – proposal endorsed
18 Oct 2024	UEMS Advisory Board Meeting (Brussels) – initiative introduced
16 Dec 2024	Ethical approval granted by Trinity College Dublin’s School of Medicine REC (REAMs No. 3953)
9 Apr 2025	Draft survey presented at UEMS Geriatric Medicine Section – approved for dissemination
28 Jun 2025	Survey link and circulation request issued to UEMS Executive
10 Jul 2025	Survey officially released to UEMS bodies by coordination@uems.eu
11 Jul 2025	UEMS bodies contacts list obtained from Coordination
15 Jul 2025	Named contacts emailed to gather support and confirm size of each UEMS body
21 Aug / 20 Sep 2025	UEMS Coordination issues 1 st / 2 nd central reminder
30 Aug 2025	1st reminder to named contacts sent
End Oct 2025	Survey will close

(as of 11 October 2025)



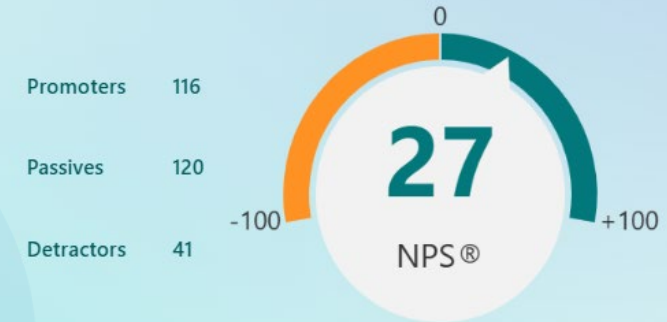
9% General surgery	8% Other	5% Anaesthesiology	5% Nuclear medicine	4% Internal medicine	4% Vascular surgery			
8% Emergency medicine	6% Physical & rehabilitation medicine	5% Endocrinology	5% Otorhinolaryngology	3% Angiology/vascular medicine	3% Breast surgery	2% ..		
	6% Urology	5% Infectious diseases	5% Radiology	2% ..	1% ..	1% ..	1% ..	1% ..
				2% ..	1% ..	1% ..	1% ..	1% ..
				2% ..	1% ..	1% ..	1% ..	1% ..

277 responses of non-geriatricians providing care for older adults

How familiar are you with the concept of frailty in older adults?



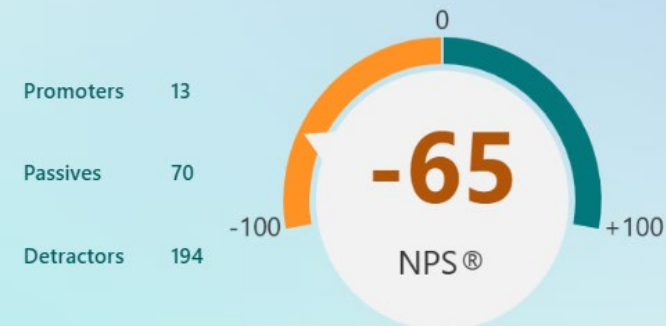
In your opinion, how important is frailty in your clinical practice?



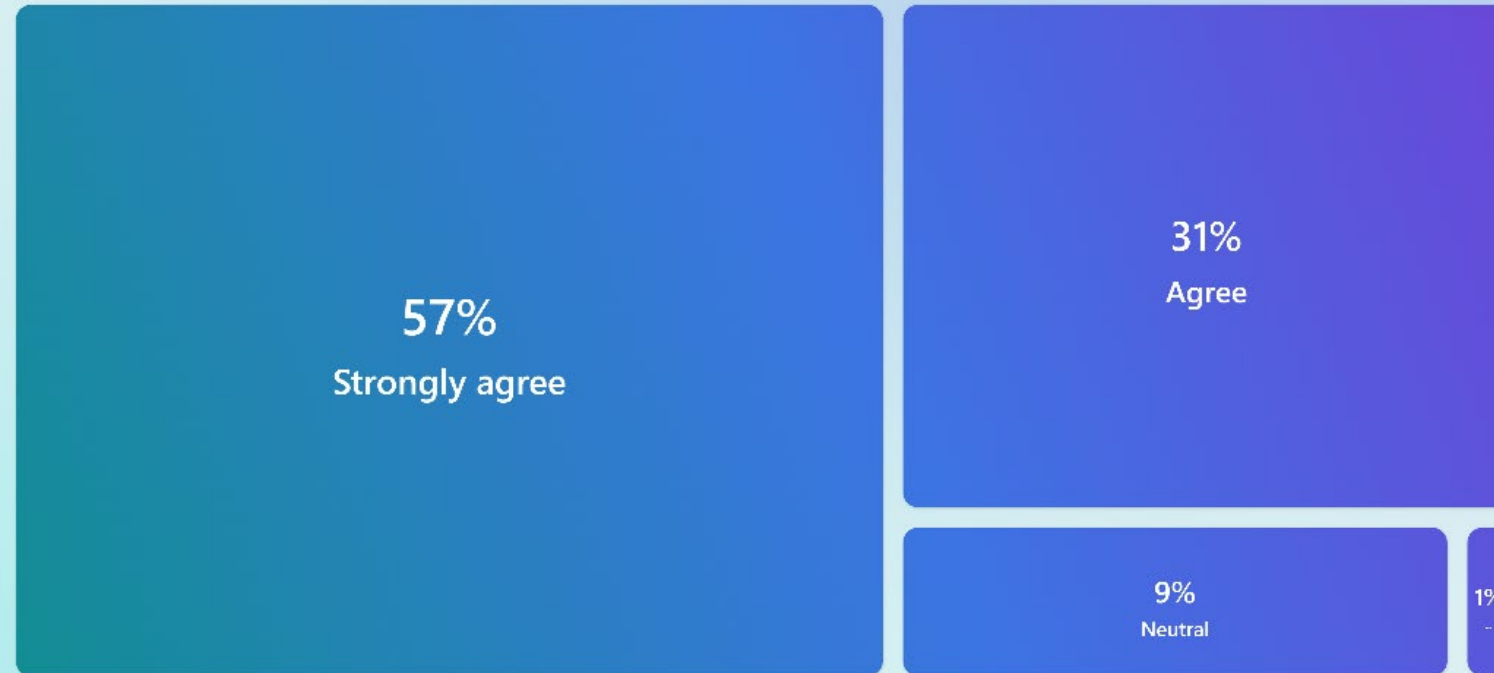
How confident are you in using frailty identification tools?



Do you feel confident in managing frailty in older adults?



Do you agree that non-geriatricians should have basic competences in identifying and managing frailty? **277** responses of non-geriatricians providing care for older adults



Would you support adding an appendix to all relevant European Training Requirements that outlines basic competencies in frailty identification and management?



Next steps

- Please encourage members of your UEMS Body to complete the survey if they have not already done so.
- Link to the survey:
 - <https://forms.office.com/e/mUiEWNNUFy>
 - romeroor@tcd.ie or coordination@uems.eu
- The survey will **close on 31 October**
- Future actions:
 - Analysis, report writing and dissemination
 - Draft an Appendix on Frailty for relevant ETRs
 - Mapping of educational activities on Frailty in Europe