Minutes of the Meeting of
UEMS SPECIALIST SECTION & EUROPEAN BOARD
CHILD AND ADOLESCENT PSYCHIATRY/PSYCHOTHERAPY
Bilbao, October 12th, 2002

The day before the Section Meeting a visit to Child and Adolescent Psychiatry Public Services and to the old Bilbao city centre was arranged. In the evening Prof Alberto Lasa gave a presentation on the status of CAP specialty and training programme in Spain. The main problem on the administrative level is that the specialty is not yet fully acknowledged but is between adult psychiatry and paediatrics. The specialists having CAP training belong to different scientific and professional associations, and as the consequence on the professional level the CAP field is not unified. The most important associations Sociedad Espanola de Psiquiatria y Psicoterapia del Nino y del Adolescente (SEPYPNA) and Asociation Espanola de Psiquiatria Infanto Juvenil (AEPJ) are represented in UEMS Section CAPP.

1) Opening the Meeting
The Meeting was opened by Prof Peter Hill, President of UEMS-CAPP Section. Prof Alberto Lasa hosted the Meeting.

Meeting of the UEMS Specialist Section CAPP chaired by Prof Hill

2) Recording the names of the delegates present
The new delegates in the Section are Dr Ilsen Dierickx/Belgium, Dr Marc Maxim/France, Dr Sigrid Bafekr/Luxembourg, Dr Javier San Sebastian Cabases/Spain, Dr Bruno Hägglöf/Sweden, and Dr Susan Bailey/U.K.

The following 24 delegates were present Deboutte/Belgium, Boerner & Smedegaard/Denmark, Moilanen & Piha/Finland, Schydlo/Germany, Soumaki & Tsiantis (from §11)/Greece, Hannesdottir/Iceland, McCarthy/Ireland, Caffo/Italy, Bafekr/Luxembourg, Gerritzen/Netherlands, Snoek & Spurkland/Norway, Santos/Portugal, Lasa & San Sebastian Cabases/Spain, Donner/Sweden, von Salis/Switzerland and Bailey & Hill/United Kingdom.

There were no delegates from Austria and France.

3) Apologies for absence
Leixnering & Spiel/Austria, Sontag/France, Rothenberger/Germany, Cianchetti/Italy, van Strien/Netherlands, Monteiro/Portugal, Hägglöf/Sweden and Knauer/Switzerland apologized their absence.

4) Recording the names of the observers present
Prof Agnes Vetro and Dr Julia Gadaros (Hungary) and Dr Martina Tomori (Slovenia) from UEMS associated countries were present as observers. Dr Kaat Ponnet and Dr Paul Baine representing EFPT participated as observers.
5) **Check the countries' right to vote**
All member countries paid the subscription except Germany and France paid half of the subscription and Italy and Iceland didn’t pay at all. (Only full member countries … are officially recognized as disposing of a vote. The exercise of the right to vote is subject to payment of the subscription (ROP Art 24, § VII))

6) **Agenda for the Meeting**
The circulated agenda was accepted. Dr von Salis proposed a discussion about the archives of the Section, and EFPT proposed to give an overview about trainee activities.

7) **Minutes of the 2001 Budapest Meeting**
The Minutes had been circulated in December 2001, and were accepted.

8) **Financial Report 2001**
A financial report 1.1.-31.12.2001 prepared by the Treasurer Dr Smedegaard was presented in the Meeting. A Danish accountant Dr K Gormsen had checked the accounts, and the meeting approved the report. (Annex 1)

9) **Financial overview 2002**
A financial overview concerning the on-going year 2002 was presented, and accepted.

10) **Budget 2003**
A draft budget for 2002 prepared by the Treasurer Dr Smedegaard was presented in the Meeting. It was decided to keep the subscriptions the same as for 2002 (totalling € 7.580). Expenses: president 3.000, vice president 500, secretary 1.500, treasurer 500, EFTP 500, east-Europe 500, working groups 4.000, totalling 10.500 €. The expenses in the Budget 2003 are more than the yearly subscriptions.

11) **National reports about the situation and developments in CAPP in UEMS and other European countries**
The Secretary had compiled a report about the situation and developments in CAPP in UEMS and other European countries. The delegates outlined briefly the CAPP situation in their countries:

- **Belgium**: CAP recognized 2001.
- **Denmark**: New programme for CAP training. Number of specialists increased from 80 to 200 in 2-3 years.
- **Finland**: Considerable financial state support to the CAP field. New requirements CAP examination must be take place in 3 weeks, and treatment must start in 3 months
- **Germany**: Psychotherapy badly paid for CAP specialists
- **Greece**: New financial support for to child mental health field, a 10 year plan
- **Hungary**: Growing state interest in CAP training, log-book translated, training criteria fit to the European standards
- **Iceland**: The main goal to get an academic teaching post (university chair)
- **Ireland**: The status of CAP getting better, number of training posts doubled
- **Italy**: National shift to child mental health. 18 CAP training centres. 150 new specialist per year. Training programme 5 years. Problems inside the profession concerning the role of ‘neuro’.
- **Luxembourg**: No medical faculties, no CAP hospitals. 5 CAP specialists for 300.000
inhabitants
- **Netherlands**: Focus on child health and mental health integration. Social services decreasing (governmental economy decreasing)
- **Norway**: Appr 170 specialists, 110 working in the field. 7 university chairs. CAP training 4 years.
- **Portugal**: Appr 100-110 specialists for 10 million inhabitants. 3 training centres and 7-8 training places, occupied by Spanish trainees
- **Slovenia**: Medical chamber asked to produce Slovenian log-book for CAP. Problem oriented teaching used.
- **Spain**: Appr 300 specialists. New proposal for the CAP training curriculum 3 years adult psychiatry + 2 years CAP, adult psychiatry and paediatrics disagree on this kind of solution
- **Sweden**: No main changes in the field. Appr 300 specialists for 8 million inhabitants, 80 trainees, 4 university chairs
- **Switzerland**: Appr 500 specialists for 7 million inhabitants. 5 universities, more CAP chairs. New visitation system & new specialist examination. New law on psychological professions.

12) **Position of Child and Adolescent Psychiatry/Psychotherapy in Europe**
In some EU and many other European countries the status of CAP specialty is not clear. The up-date of Doctors Directive (2001/19/EC) was published in the Official Journal of the European Communities on 14 May 2001. In the Directive the minimum duration of Child Psychiatry was defined as 4 years.

* The Budapest Meeting accepted a draft statement about the status of CAPP to be employed in official use. The draft was still modified during the discussion. President Prof Hill promised to finalize the draft. It was decided to send the position paper to the Spanish authorities to facilitate the development of the CAP specialty in Spain. (Annex 2)
* Dr von Salis explained the possibilities to establish archives for UEMS Section CAPP at l'Institut romand d'histoire de la médecine in Lausanne. The proposal was accepted with pleasure by the delegates.
* It was decided to collaborate closely with ESCAP in arrangement of a meeting for the presidents of national CAP associations in connection with the ESCAP 2003 Congress in Paris.

13) **Harmonization of CAPP training**
The CAPP log-book in a booklet form has been printed in the end of 2001. It was decided to circulate the log book to CAP trainees and teachers, medical faculties, medical associations, and politicians using national and local needs and preferences. The log-book might be very useful for CEE-countries as a reference in their strivings to develop the training programs towards the European standards.
The harmonization working group was closed down.

14) **Relations between CAPP and child neurology**
The CAPP Section statement concerning the situation of child neurology within the specialities CAPP, paediatrics and adult neurology was sent to the Management Council, and to the Sections Neurology and Paediatrics. Dr Spiel reported about the developments and current situation in this issue which still is open. The goal is to create within UEMS a Child
Neurology Sub-Section with entry from the three mentioned specialties.

15) **Position of psychotherapy in CAPP training**
It was decided in the earlier Meetings to include in the log-book an addendum which will define the minimum acceptable standards for the content and training structure in psychotherapy. This work was still under preparation. The work was delegated to a new working group consisting of Prof Tsiantis (chair), Prof Rothenberger, Prof Piha and Prof Deboutte.

16) **Continuing Medical Education/Continuing Professional development in CAPP**
The delegates discussed the UEMS policy paper on CPD.

### Meeting of the UEMS Section CAPP chaired by Prof Hill

17) **Co-operation with Central and East European Countries**
CAPP Section has been active towards the CEE-countries. All meeting invitations and minutes have been circulated to these countries. The new Address Directory includes addresses of key contact persons in all European countries. The new National Report gives also to the CEE-countries an opportunity to present the current situation of CAPP. The new log-book will be circulated to CEE-countries, too. The responses from the CEE-countries have been not too numerous. The working group was closed down. It was decided to continue to send invitations, minutes, and other information.

18) **Co-operation with UEMS Section Paediatrics and Psychiatrists**
President Prof Hill reported that there is currently a lot of interest among paediatricians in the various CAP-issues which will increase the collaboration between these specialties.

With the Psychiatry Section the exchange of minutes has started after a silent period.

19) **EFPT report**
The EFPT representatives gave a thorough report about the European activities of trainees and trainee organization. There are two delegates from each European country in EFPT which has once a year a 3-day meeting. EFPT has tried to facilitate exchange of trainees but financial problems have been quite serious. Overview about the activities can be found on the web-site http://www.efpt.org/.

20) **Minutes of the meeting of UEMS Specialist Sections and European Boards with UEMS Executive Committee (for information)**

21) **Date and place of the next Meeting**
It was decided (without any French delegates present) to have the next Section and European Board Meetings in Paris in September 27-28, 2003 in connection with the ESCAP Congress.

22) **Closing the Meeting**
President Hill and Secretary Piha thanked Prof Lasa for arranging the meeting, and President Hill closed the session.