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EUROPEAN UNION OF MEDICAL SPECIALISTS**

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**Minutes of the Meeting of
UEMS SPECIALIST SECTION & EUROPEAN BOARD CHILD AND
ADOLESCENT PSYCHIATRY/PSYCHOTHERAPY
Paris, September 28th, 2003**

The Meeting was arranged a day before the 12th Congress of European Society for Child and Adolescent Psychiatry. Prof Philippe Jeammet, President of ESCAP and Dr Thomas von Salis took care of the practical arrangement of the Meeting.

1) Opening the Meeting

The Meeting was opened by Prof Peter Hill, President of UEMS-CAPP Section.
He chaired the both Meetings of the UEMS Specialist Section CAPP and the European Board CAPP due to the absence of Prof Rothenberger.

2) Recording the names of the delegates present

The new delegates in the Section are Dr Brendan Doody and Dr Oonagh Bradley from Ireland.
The following 21 delegates were present Leixnering & Spiel/Austria, Boerner & Smedegaard/Denmark, Moilanen & Piha/Finland, Schydlo/Germany, Soumaki & Tsiantis /Greece, Hannesdottir/Iceland, Doody/Ireland, Cianchetti/Italy, Spurkland/Norway, Santos/Portugal, Lasa & Cabases/Spain, Hägglöf & Donner/Sweden, von Salis/Switzerland and Bailey & Hill/United Kingdom.
There were no delegates from Belgium, France, Luxembourg and Netherlands.
List of the delegates as Annex A.

3) Apologies for absence

Deboutte/Belgium, Sontag/France, Rothenberger/Germany, Bafekr/Luxembourg, Gerritzen & van Strien/Netherlands, Snoek/Norway, and Knauer/Switzerland apologized their absence. Also Dierickx/Belgium, Maximin/France, Bradley/Ireland, Caffo/Italy and Monteiro/ Portugal were not present.

4) Recording the names of the observers present

Prof Vetro and Dr Gadaros (Hungary) and Prof Tomori (Slovenia) from UEMS associated countries were present as observers. Dr Paul Bain and Dr Lilian Smits representing EFPT and Prof Nadja Polnareva (Bulgaria) and Prof Sigita Lesinskiene (Lithuania) participated as observers. Also Dr Christa Schaff (Germany) representing the German professional CAP association (BKJPP) was present as an observer.

5) Check the countries' right to vote

All member countries paid the subscription except Belgium, France, Iceland, Ireland, Italy, Luxemburg and Sweden. (Only full member countries ... are officially recognized as disposing of a vote. The exercise of the right to vote is subject to payment of the subscription (ROP Art 24, § VII))

6) Agenda for the Meeting

The circulated agenda was accepted.

7) Minutes of the 2002 Bilbao Meeting

The Minutes had been circulated in August 2003, and were accepted with the correction that Dr Spiel/Austria was not present in the meeting.

8) Financial Report 2002

A financial report 1.1.-31.12.2002 prepared by the Treasurer Dr Smedegaard was presented. A Danish accountant Dr K Gormsen had checked the accounts, and the meeting approved the report. (Annex B)

9) Financial overview 2003

A financial overview concerning the on-going year 2003 was presented, and accepted.

10) Budget 2004

A draft budget for 2004 prepared by the Treasurer Dr Smedegaard was presented. It was decided to keep the subscriptions the same as for 2003 (totalling € 8.000). Save from earlier years will be approximately € 4.000. Expenses: president 5.000, vice president 500, secretary 1.500, treasurer 500, EFTP 500, east-Europe 500, working groups 3.500. (Annex C)

11) Harmonization of CAPP training & Position of psychotherapy in CAPP training

In the earlier Meetings it was decided to include in the CAPP log-book an addendum which will define minimum acceptable standards for the content and training structure in psychotherapy. A working group consisting of Prof Tsiantis, Prof Piha and Prof Deboutte prepared a draft. It was decided that a short version of the paper will be finalized by the same delegates.

12) Revised position paper about the status of CAPP and the name of the Section

The revised position paper about the status of CAPP was accepted (Annex E). The name of the Section remains the same.

13) Relations between CAPP and child neurology

The difficult situation of the child neurology within the specialties CAPP, and

paediatrics and (adult)neurology has remained almost the same. The main problem in this issue is between the sections of paediatrics and neurology. The Section of Pediatrics has officially proposed in March 2003 for the Management Council to form a child neurology sub-section within the Section of Pediatrics. The goal of Section CAPP will be to secure equal access from all the three specialties to the sub-specialty. The management of this issue was delegated to Hill and Spiel.

14) Continuing Medical Education (CME)/European Accreditation Council for Continuing

Medical Education

European Accreditation Council for Continuing Medical Education, operated by the UEMS did send the Section two training programs for granting the European Accreditation. It was decided that in the future similar requests will be simultaneously forwarded to the President of European Board CAPP and to the delegates of the country in concern. The President and the delegates must discuss the request and decide about the confirmation of the CME program.

15) CAPP Archives

The Delegates accepted in the Bilbao 2002 Meeting to establish archives of CAPP Section at l'Institut romand d'histoire de la médecine in Lausanne. All material to be archived should be sent to Dr von Salis.

16) Co-operation with UEMS Sections Paediatrics (CESP) and Psychiatrists

President Prof Hill reported collaboration with CESP has proceeded successfully. In CESP

Section and Board seem to be quite independent. Many contacts has been taken concerning the issue on child neurology.

Due to Dr Sontags absence there were no report concerning adult psychiatry.

17) For information

- New UEMS President Dr H Halila (Finland) and Secretary-General Dr B Maillet

(Belgium)

- UEMS policy paper Quality Assurance of Clinical Practice discussed in the Meeting

of Section Presidents and Secretaries in May 2003 Brussels

18) Date and place of the next Meeting

Prof Remschmidt, President of IACAPAP and German CAPP associations have invited

UEMS Section CAPP to have the next meeting in Berlin in connection with the

IACAPAP Congress. It was decided to have the Section and Board Meeting there on August

21, 2004.

19) Election of Secretary, Treasurer and Vice-President for 2004-2007

Prof Jorma Piha was elected as the Secretary in Copenhagen in 1993 (the

first period was 2 years), and the mandate has been renewed twice, in 1995 (Utrecht) and in 1999 (Hamburg). Dr Smedegaard was elected as the Vice-President in Copenhagen in 1993 (the first period was 2 years), and the mandate was renewed once in 1995 (Utrecht). In 1998 (Antwerpen) the change of the mandate as the Treasurer was confirmed, and the new mandate has been renewed once in 1999 (Hamburg). It is stated in the ROP (Art24 § VIII) "Each mandate lasts for four years and may be renewed twice...". Dr Smedegaard has acted in the Executive Board 10 years, of which 5 years as the Vice-President, and 5 years as the Treasurer. She has been re-elected twice. Prof Rothenberger was elected as Vice-President in 1998 (Antwerpen), and the mandate has been renewed once in 1999 (Hamburg).

Dr Georg Spiel (Austria) was elected as the new Secretary, and Dr Smedegaard and Prof Rothenberger were re-elected as Treasurer and Vice-President. (Annex F)

20) National reports about the situation and developments in CAPP in UEMS and other

European countries

The Secretary had compiled a report about the situation and developments in CAPP in UEMS and other European countries (Annex D). The delegates outlined briefly the CAPP situation in their countries:

- **Austria:** It seems to be obvious that CAP will be independent specialty next year 2004. There are in Austria four university departments, of which two are in Vienna, one in Klagenfurt and one in Linz.
- **Bulgaria:** CAP has been a sub-specialty since 1997. New insurance system allows all psychiatrists to treat children and this makes the situation of CAP specialists quite difficult. There are approx 600 adult psychiatrists and only 40 CAPs.
- **Denmark:** CAP is very popular among young physicians and there is lively discussion on the identity of CAP specialists. Government has invested into the CAP field.
- **Finland:** State financial support to the CAP field has continued now four years.
- **Germany:** CAP specialists practising psychotherapy still very badly paid for this work
- **Greece:** New financial support to child mental health field, a 10 year plan
- **Hungary:** CAP was confirmed two months ago as an independent specialty.
- **Iceland:** Specialty governed by adult psychiatry. New financial support into the clinical field. Important goal still to get an academic teaching post (university chair)
- **Ireland:** Difficulties to recruit new physicians into the CAP field. New minister for children's issues (health, education, justice).
- **Italy:** Problems with CAP inpatient ward, and with treatment of ADHD. Stimulant medication was not possible, situation is changing now.
- **Lithuania:** A training curriculum for CAP was established 1991, the program is separate from adult psychiatry and from paediatrics. The training is decentralised into mental health centres. There are separate institutes for children and adolescents. In psychotherapy psychodynamic and family therapeutic approaches are emphasized.
- **Norway:** A year ago health service delivery system was decentralized

(regional system) and this seems to be not so successful solution. State financial support to the CAP field.

- **Portugal:** Number of trainees is increasing. State hospitals will be transformed as private hospitals. Methylphenidate treatment not accepted.

- **Slovenia:** Number of trainees is increasing. CAP log-book in use.

- **Spain:** A judge pointed out the lack of CAP treatment facilities. As a consequence several new inpatient wards and day clinics will be opened in the nearest future in general hospitals. It is quite sure the specialty will be acknowledged in one year. The training structure will be 2 years adult psychiatry plus 3 years CAP.

- **Sweden:** There are in the country a lot of CAP specialists. Role of CAP has been discussed among profession. Child and adolescent neuropsychiatry almost divided the specialty.

- **Switzerland:** An umbrella association has been founded to unite child and adolescent and adult psychiatrists. Adult psychiatrists are more and more interested in CAP, too.

- **U.K:** There are a lack of specialists in Scotland. A strong training link with paediatrics has been established, and developmental issues are emphasized.

21) Closing the Meeting

President Hill thanked Prof Piha for his ten years work as the secretary of the section. He also

thanked Dr von Salis for his help in arranging the meeting and closed the session.

Peter Hill
President CAPP

Jorma Piha
Secretary CAPP