



THE UEMS MULTIDISCIPLINARY JOINT COMMITTEE ON ADOLESCENT MEDICINE & HEALTH: CONTEXT, OBJECTIVES AND PROGRESS

Context and objectives

In 2019, the European Board of Paediatrics (EBP) proposed to address the issue of adolescent medicine on a broad level and to create an *UEMS Multidisciplinary Joint Committee on Adolescent Medicine and Health* to sensitize colleagues of all disciplines to the specific health care needs of adolescents and young adults (AYAs) and how to address them.

There are currently 40 members registered in the MJC, either representatives of their country organizations or of their specialist sections, including among others disciplines such as Paediatrics, Dermato-venereology, Paediatric surgery, Radiology, Public Health, Paediatric Urology, Physical and Rehabilitation Medicine, Endocrinology and Child & Adolescent Psychiatry, etc. The MJC is chaired by Prof. Pierre-André Michaud, University of Lausanne, a former head of a multidisciplinary Unit for Adolescent Medicine and Health.

The participants have agreed on the fact that *education about AYAs' issues should be part of the training syllabus of any European resident or physician*, and have decided to develop a short list of training objectives, a syllabus *that should be implemented in the training program of all concerned disciplines*. As such, the document is not a formal ETR (European Training Requirement) but rather a transversal tool cross-cutting all specialties

Progress

The short two pages syllabus available on this site has been accepted by the UEMS General Assembly in April 2022 and covers four main topics:

1. The specific aspects of a consultation with an AYA
2. How to review an AYA's lifestyles as a measure to prevent health damaging behavior
3. How to perform a developmentally appropriate physical examination of an adolescent
4. How to deliver holistic health care to an AYA living with a chronic condition and ensure an effective transition from child to adult health care



The training objectives are competency based; they integrate required knowledge, attitude and skills (“Entrustable Professional Activities”) and are driven by the CanMEDS model.

To assist mentors and faculties in incorporating such objectives in the training of residents and practicing health professionals, a group of experts from the Euteach program has developed a *comprehensive tutorial* that is freely accessible by a *link which is displayed at the end of the document*. The tutorial displays two modules, one tackling the issue of the consultation with an adolescent or a young adult, and the second on how to deliver developmentally appropriate health care to an AYA living with a chronic condition. Each of the two modules provide a series of slides with short accompanying comments and references, a formal video presentation of the topic and a video of a typical consultation.

The members of the MJC strongly support the incorporation of the objectives in the training syllabus of all UEMS specialties and encourage the use the tutorial as a support of teaching activities or even as a self-learning tool.

Further information is available from the MJC’s chair, Prof. PA Michaud, Lausanne University, Switzerland: pierre-andre.michaud@chuv.ch.